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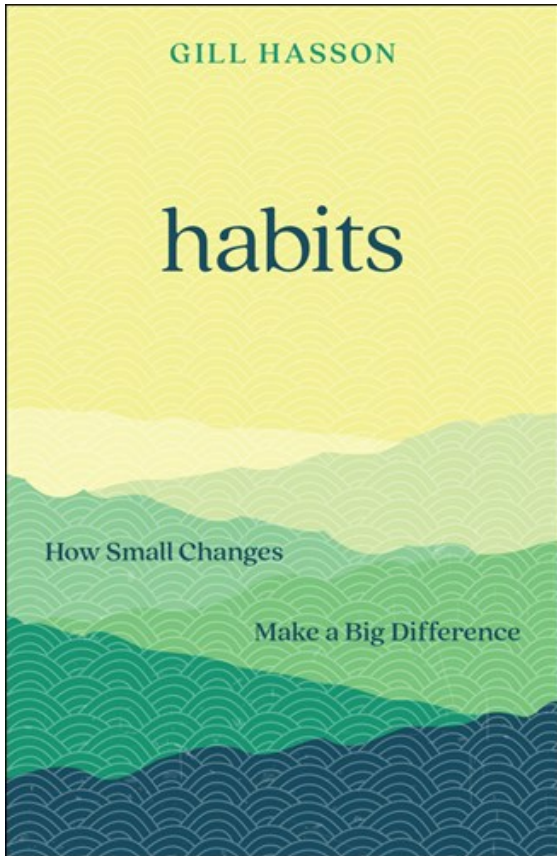
Capstone & Consumer



Habits

How Small Changes Make a Big Difference

Gill Hasson



[View on Edelweiss](#)

Habits is your practical, guide to understanding and harnessing the power of positive habits and routines that support your health and wellbeing—while breaking free from the negative ones that hold you back.

The book starts by explaining the concept of ‘foundational habits’—core routines or behaviours that create a strong base for overall wellbeing and make it easier to build and maintain other positive habits related to your physical and mental health.

It then moves on to give clear explanations of concepts like the power of small changes, habit chains, and habit stacking—practical strategies that help you build positive new habits and routines one manageable step at a time.

Habits also helps you tackle common bad habits like spending too much time in front of screens, or constantly checking emails and messages, mindless eating or snacking, smoking or vaping, impulse shopping, poor sleep routines. You’ll learn how to identify and address these behaviors so you can make lasting changes that truly enhance your life.

Included in the book are Habit Templates that you can complete to help you:

- Clarify your target habit by pinpointing exactly what you want to do
- Decide when, where, and how you’ll do your new habit each day
- Pair your new habit with one you already do automatically
- Arrange your environment to remind you to follow through
- Enjoy a meaningful, reinforcing reward from your new habit
- Reframe your new habit from “what you do” to “who you are”—seeing yourself as a person who values health, learning, or connection

About the Author

Gill Hasson is a careers coach, has over 25 years' experience in the areas of personal & career development, and is a freelance tutor/teacher in mental health issues for mental health organisations. She also teaches and delivers training for adult education organizations, voluntary and business organizations and the public sector.

Capstone

BISAC: *Self-Help*

9781907326370

Paperback

May 21, 2026

£12.99 | 15,99 € | \$17.99

Happiness First

The Pathway to Fulfilment for Busy People

Jackson Ogunyemi



[View on Edelweiss](#)

Happiness First aims to support and help those readers who have lost the meaning of real happiness in a world of constant busyness. Some understand the importance of balance but don't think it is possible, others don't know how, but all wish that they were able to reach that balanced life of achievement and fulfilment. Jackson Ogunyemi has become an expert in spotting a stressed individual who deserves to regain their balance and find fulfilment. *Happiness First* shows readers how to put their health and happiness at the forefront of their monthly agenda, making sure they put themselves first, family second, and mission third. Doing this has allowed them to show up empowered, fulfilled, and available for those who they care for and serve. This book is a reminder to put our happiness first in a busy world.

For the person who has lost themselves in the hamster wheel of life and forgotten the main purpose of our existence, this book is the nudge or the kick up the backside needed to prioritise the things that will bring fulfilment and happiness on a regular basis whilst still achieving success at a high level.

Capstone

BISAC: *Self-Help*

9781907312830

Paperback

June 18, 2026

£14.99 | 17,99 € | \$18.99

About the Author

Action Jackson is a motivational speaker and a life coach who has worked with a vast range of people, from management teams of major corporations to students and individuals from different walks of life.

"Action Jackson" is the UK ambassador for happiness, running motivational workshops in schools, he founded Fixup Team in 2001. A group of speakers that go into schools to motivate young people to be resilient.

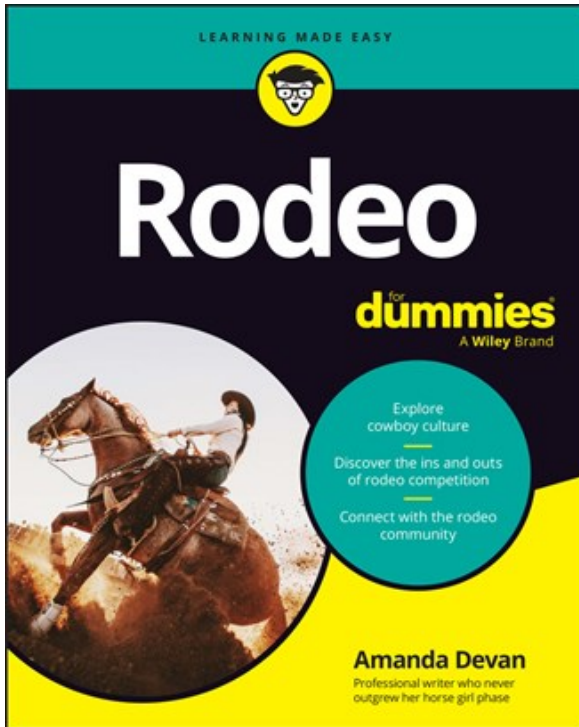
Action Jackson has taken himself to a place where he is known as an expert in motivation and personal development, called upon by companies like Morgan Stanley, Google, the NHS, Local Education

Dummies



Rodeo For Dummies

Amanda Devan



A fun and easy introduction to rodeo competitions and cowboy culture

If you've ever wanted to know more about the wild and exciting world of rodeo, now's your chance. In *Rodeo For Dummies*, experienced Western competitor Amanda Devan walks you through the ins and outs of the rodeo experience, including the culture, traditions, events, and groups that define American rodeo. You'll learn all about bull riding, tie-down roping, steer wrestling, barrel racing, and more.

Devan explains the most prominent rodeo associations and organizations you can join and follow, as well as the histories of some of rodeo's most famous cowboys and cowgirls. She describes the cowboy code, cowboy lingo, traditional fashion and gear, and more – even if it IS your first rodeo.

Inside the book:

- A comprehensive guide to understanding scoring, animal welfare, and the prominent rodeo associations who make it all happen
- Explanations of important parts of rodeo culture, including the traditions, superstitions, fashion, and the lifestyle
- Easy ways to connect with the rodeo community in your area

Perfect for everyone curious about the sport of rodeo, cowboy culture, and the rich history of this uniquely American pastime, *Rodeo For Dummies* is an easy-to-follow and complete exploration that's perfect for every beginner.

[View on Edelweiss](#)

For Dummies

BISAC: *Sports & Recreation*

9781394401192

Paperback

August 5, 2026

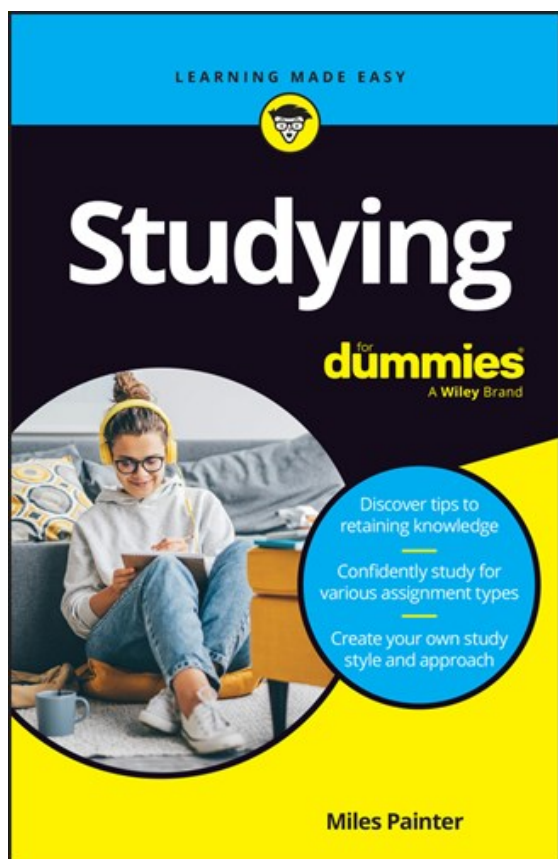
£20.99 | 23,10 € | \$26.99

About the Author

Amanda Devan (Lindale, TX), grew up in a family of cowboys and horsemen, and competing at major rodeos in the cutting horse competition. She began her career as the Director of Marketing and Public Relations for RIDE TV, part of the Equine Network. Devan has served as the editor for *Cutting Horse Chatter*, the official publication of the National Cutting Horse Association, and *Western Horseman*, the largest western industry publication in the world. In 2021, she was inducted into COWGIRL Magazine's COWGIRL 30 Under 30, as someone who has distinguished herself as a thought leader within the Western industry. Amanda continues to contribute to *Western Horseman* as a writer, and her first book, *The Cowgirl: A Cultural*

Studying For Dummies

Miles Painter



[View on Edelweiss](#)

Take charge of your assignments and become the most successful student you can be

Studying For Dummies explains exactly how to get the most out of your classes by applying easy-to-use techniques for in-class and at-home studying. This book demonstrates how to move beyond one-size-fits-all study clichés and shows you the strategies used by the most successful students.

You'll learn how to identify your learning style and personality, your personal strengths, and the study preferences that keep you engaged and interested. You'll also discover how to set schedules, break down assignments into manageable pieces, and use the tools that are proven to help in real-world situations.

Inside:

- Expert tips for study preparation, including class and assignment scheduling and advice for effective study sessions
- Proven strategies for getting started on an assignment (one of the hardest parts!)
- Specific, step-by-step guides for common academic assignments, such as papers, standardized tests, and certification, vocational, and professional exams

Ace your next assignment with the hands-on tools, resources, strategies, and tips in *Studying For Dummies*. It's perfect for students at any age, in any grade, and in any subject who want to study in a way that works best for them personally.

For Dummies

BISAC: *Study Aids*

9781394391653

Paperback

August 5, 2026

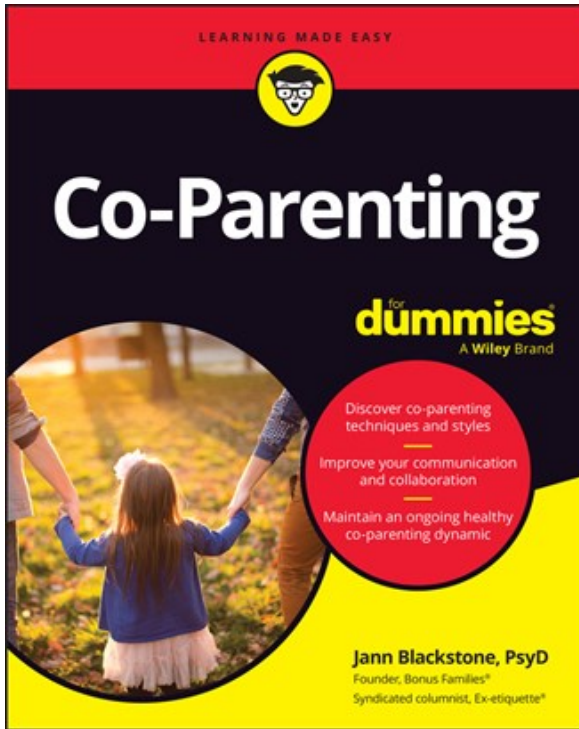
£16.99 | 18,80 € | \$21.99

About the Author

Miles Painter (Kensington, MD) is a former elementary school English teacher. He instructed hundreds of students across 4th, 5th, and 6th grade with a focus on pronunciation, vocabulary, and American culture. He also tutored several students one-on-one at this time. During the school year, he saw what methods worked and didn't work, and saw over time what learning methods proved most effective in how students remembered the material. Miles has also worked at an adult financial literacy education non-profit to develop curriculum and programing. Here he saw the impact of instruction and what students were able to understand and implement, and the importance of varying techniques to cater to the wide variety of ways

Co-Parenting For Dummies

Jann Blackstone



Real world strategies to co-parent like a pro

Co-Parenting For Dummies shows you how to build a rock-solid foundation for your kids, no matter what your relationship looks like right now. You'll discover proven approaches that actually work in the messy, complicated world of real life—all centered on improving communication between co-parents and working together instead of against each other. Plus, you'll learn how to handle those inevitable clashes over different parenting styles and master stress-reduction strategies for navigating holidays, weddings, and other special events. The book also covers essential self-care strategies to keep you sane and expert guidance on designing workable parenting plans tailored to your children's specific needs.

You'll also find:

- Strategies for crafting a co-parenting plan that actually sticks
- Smart tactics for diffusing tension (without losing your mind)
- Practical ways to blend different parenting approaches
- Expert guidance on integrating new partners and extended family

Whether you're fresh out of a breakup, deep in divorce proceedings, or just trying to figure out this whole co-parenting thing, *Co-Parenting For Dummies* gives you the tools to turn cooperation from impossible dream into everyday reality.

[View on Edelweiss](#)

For Dummies

BISAC: *Family & Relationships*

9781394375349

Paperback

August 5, 2026

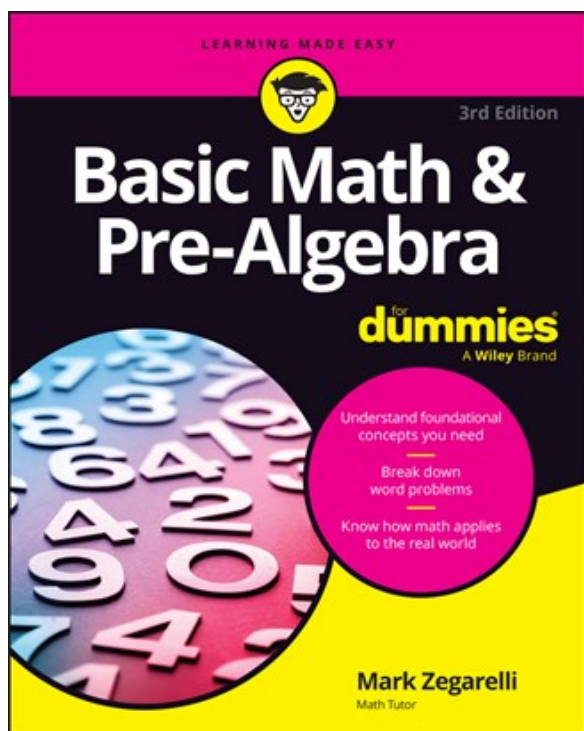
£18.99 | 21,40 € | \$24.99

About the Author

Dr. Jann Blackstone, PsyD (Phoenix, AZ) is a behavioral scientist and expert in co-parenting, divorce, and blended family mediation. She founded Bonus Families, a nonprofit dedicated to helping divorced or separated parents create peaceful family dynamics. The author of multiple books, including *Ex-Etiquette for Parents* and *The Bonus Family Handbook*, Dr. Blackstone coined the term "bonus family" to reframe the stepfamily experience as one of gain, not loss. Her syndicated column, "Ex-etiquette," runs weekly in hundreds of publications.

Basic Math & Pre-Algebra For Dummies

Mark Zegarelli



Set yourself up for mathematical success with this helpful guide

Basic Math & Pre-Algebra For Dummies, 3rd Edition helps you build a solid math foundation. With easy-to-understand explanations, you'll learn about positive and negative numbers, fractions, decimals, percents, and beyond. Packed full of practical examples and methods that align with teaching standards (perfect for following right along with your class!), you'll be ready to tackle the next step in your math evolution. Plus, you'll learn *why* math concepts work the way they do, so you can use your new math skills with confidence and real understanding.

Inside:

- Understand the basic concepts you need for pre-algebra
- Break down word problems and demystify confusing rules
- Get a better grasp on math by seeing how it applies to the real world
- Brush up on your skills so you're ready to move on to algebra, geometry, and beyond

Great for pre-algebra students (and their parents!), *Basic Math and Pre-Algebra For Dummies* makes math easy.

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For Dummies

BISAC: *Mathematics*

9781394421640

Paperback

July 22, 2026

£20.99 | 23,10 € | \$26.99

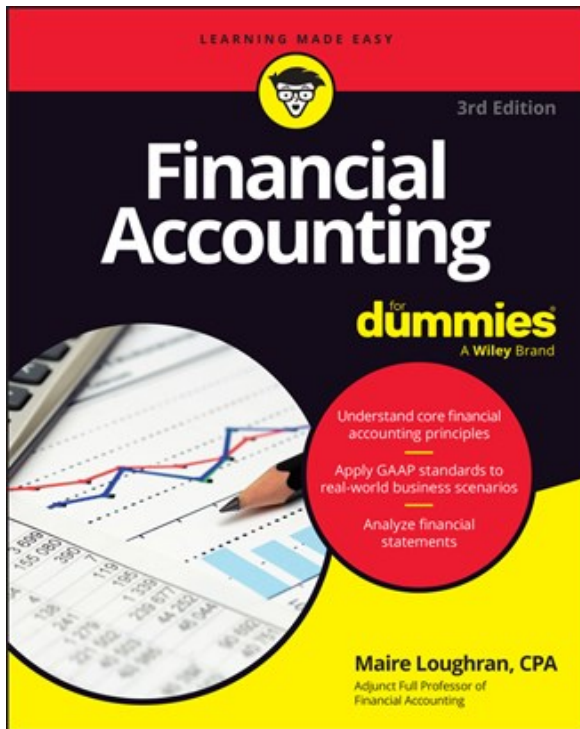
Previous Edition: 9781119293637

About the Author

Mark Zegarelli (Long Branch, NJ) is a math teacher and tutor. He holds degrees in Mathematics and English from Rutgers University and is the author of several math and puzzle books, including *Basic Math & Pre-Algebra For Dummies*, *Basic Math & Pre-Algebra Workbook For Dummies*, and *Logic For Dummies*.

Financial Accounting For Dummies

Maire Loughran



Essential concepts and terminology to clarify business accounting for today's economy

Financial Accounting For Dummies helps you decode the language of business, with clear explanations, practical examples, and updated guidance covering the latest GAAP standards. Learn the basics of decoding financial statements and keeping the books, along with more advanced topics like business investing. In this new edition, you'll find new information on must-know topics like AI for accounting, keeping your data cybersecurity, and accounting in specialty industries. Author and CPA Maire Loughran offers a friendly, accessible path to understanding how financial information is created, reported, and used. This timely and practical resource helps you stay ahead of the game in today's fast-evolving financial landscape.

- Gain a solid background in financial accounting concepts, with clear explanations and examples
- Learn about major changes to GAAP accounting standards, and apply GAAP to emerging industries
- Understand profit and loss, financial statements, and other accounting must-knows
- Manage a startup, launch a career in accounting, or brush up your knowledge

Financial Accounting For Dummies is a valuable resource for business generalists, accountants-to-be, and financial professionals alike.

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For Dummies

BISAC: *Business & Economics*

9781394418695

Paperback

July 29, 2026

£24.99 | 28,20 € | \$32.99

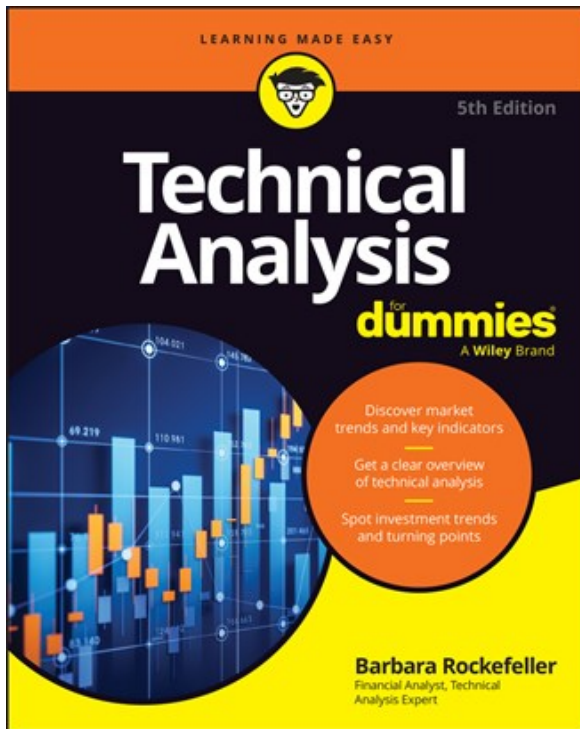
Previous Edition: 9781119758129

About the Author

Maire Loughran, CPA, (Orlando, FL) is a certified public accountant, university professor, and small business owner with over 15 years of experience in accounting, auditing, and financial reporting. She has taught undergraduate and graduate courses in Accounting, Auditing, and Taxation, and brings a practical, real-world perspective to her writing. Maire is the author of several titles in the For Dummies series, including *Financial Accounting For Dummies*, *Auditing For Dummies*, and *Intermediate Accounting For Dummies*. She also contributed to *Accounting All-In-One For Dummies* and *Nonprofit Management All-In-One For Dummies*.

Technical Analysis For Dummies

Barbara Rockefeller



Understand and apply the latest evidence-based trading strategies and techniques in technical analysis

In the newly revised fifth edition of *Technical Analysis For Dummies*, renowned economist and foreign exchange forecaster Barbara Rockefeller walks you through the basic principles, formulas, and techniques you need to reliably predict the movement of prices based on technical data. This straightforward guide shows you how to put technical knowledge to work to generate profitable trades and make lucrative decisions within your portfolio.

This latest edition offers useful updates on new developments in the discipline, including the integration of artificial intelligence to analyze data, identify patterns, and make predictions. It also covers the incorporation of non-traditional data sources, like social media sentiment and web traffic.

Technical Analysis For Dummies also provides:

- Step-by-step guidance on spotting market trends and key indicators of future price increases or decreases
- Behavioral economics insights you can apply to your own trading strategy for immediate improvements in your risk-adjusted returns
- Discussions of the latest innovations in charting

With comprehensive and cutting-edge explorations of the theories, trends, and science that animate technical analysis, *Technical Analysis For Dummies* explains the hands-on tools and techniques you'll need to make informed, independent market decisions that maximize returns and minimize risk.

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For Dummies

BISAC: *Business & Economics*

9781394376933

Paperback

July 22, 2026

£24.99 | 27,40 € | \$31.99

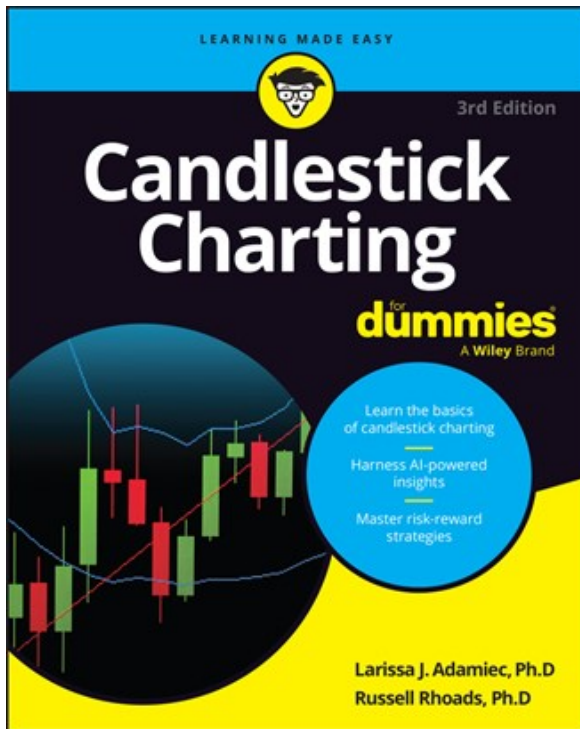
Previous Edition: 9781119596554

About the Author

Barbara Rockefeller, BA, MA, (VA) is an international economist and forecaster specializing in foreign exchange. She is a pioneer in technical analysis and also in combining technical analysis with fundamental analysis. She publishes daily reports using both techniques (www.fxstreet.com/100K) for central banks, professional fund managers, corporate hedgers and individual traders. She is the author of the previous four editions of *Technical Analysis For Dummies*. Her education includes a BA in economics from Reed College, with a year at the University of Keele in Staffordshire (UK), and MA from Columbia University in international affairs.

Candlestick Charting For Dummies

Larissa Adamiec



An updated, easy-to-read guide that walks you through the basics—and beyond—of candlestick trading strategies

Interested in decoding the language of the markets one candle at a time?

In the latest edition of *Candlestick Charting For Dummies*, veteran finance professional and educator Larissa Adamiec walks you through the ins and outs of trading on a variety of platforms using the latest candlestick charting techniques. The book breaks down the most effective strategies with clear explanations, real-world examples, and detailed breakdowns of new regulations and software updates.

You'll learn to master risk-reward strategies and harness newly available AI-powered insights to help you trade stocks, options, and crypto. You'll also find:

- Specific guidance for using new AI tools on a variety of online platforms to supercharge your performance
- Brand-new examples of real-world trading specifically designed to help beginning investors get their feet wet in the markets
- Step-by-step instructions for reading candlestick patterns, trendspotting, and avoiding mistakes

Candlestick Charting For Dummies explains how to read the market's story and act on it with precision and confidence before anyone else. It's perfect for beginning traders, as well as those with a little bit of experience under their belts who want to brush up on their skills and check out the latest trading strategy updates.

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For Dummies

BISAC: *Business & Economics*

9781394398157

Paperback

July 22, 2026

£24.99 | 27,40 € | \$31.99

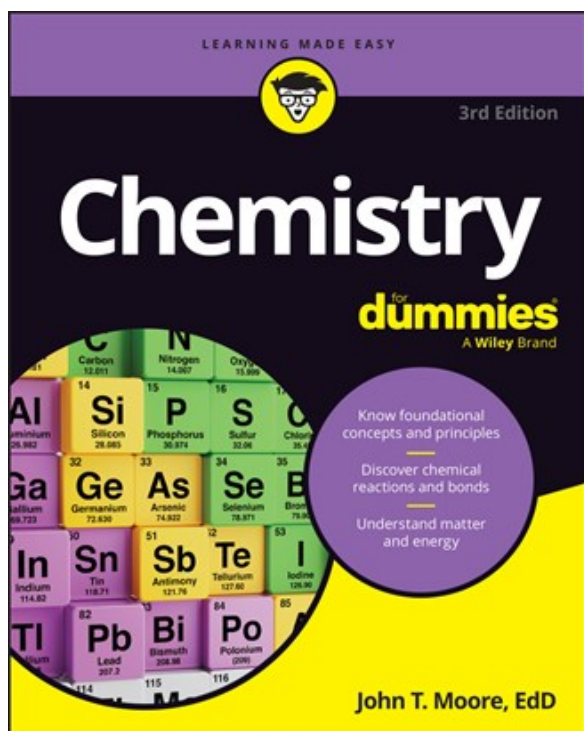
Previous Edition: 9781119869955

About the Author

Larissa Adamiec, Ph.D., (Indiana) is an academic with professional experience within the financial markets. She founded Stuart Investments, an equity fund, in 2005. From there, Larissa worked in fixed income at the Federal Home Loan Bank of Chicago and FactSet. After this, she worked in the derivatives space for PEAK6, developing and teaching courses for the back office, retail clients, and institutional clients. She went back for her doctorate, focusing on foreign exchange. Since 2006, she has taught classes at various universities in Chicago for both graduate and undergraduate levels. Her classes focus on experiential learning, incorporating multiple

Chemistry For Dummies

John T. Moore



Discover clear, time-saving explanations of chemistry concepts

Chemistry For Dummies, 3rd Edition is a breath of fresh air for high school and college chem students. This book simplifies chemistry basics, making it easy to understand everything from matter and molecules to moles and measurements. Mapping to a typical chemistry course (one year of high school or one semester of undergrad), this book has the definitions, examples, and explanations you'll need to pass your exams and get the grade you need. Following right along with key teaching methods, you'll be sure to stay on track from day 1.

Inside:

- Get simple explanations of fundamental chemistry principles
- Learn the chemical reactions and bonds you need to know
- Discover the chemical properties of matter and energy
- Improve your grade in your chemistry class

Chemistry For Dummies, 3rd Edition is for students who want a reference that explains concepts and terms more simply—and for anyone looking for a chemistry refresher.

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For Dummies

BISAC: Science

9781394421671

Paperback

July 22, 2026

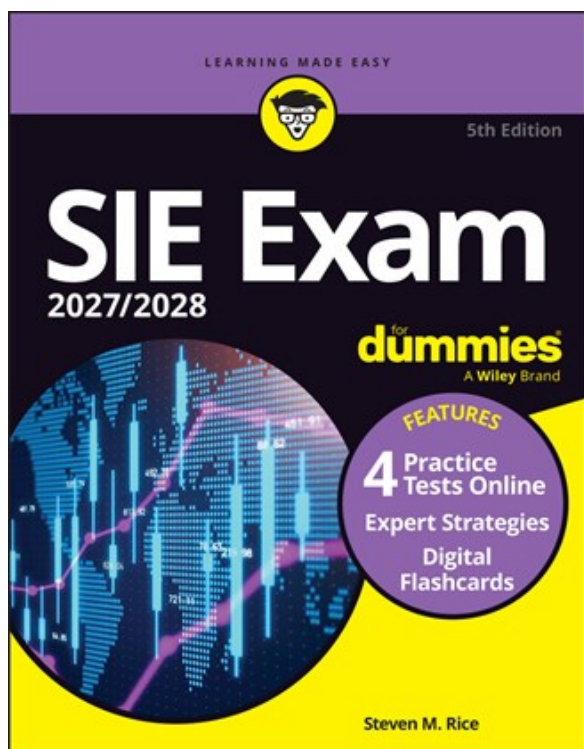
£20.99 | 23,10 € | \$26.99

Previous Edition: 9781119293460

About the Author

JOHN MOORE (NACOGDOCHES, TX) is a chemistry professor at Stephen F. Austin State University. He's been working in science education for more than thirty years. He's the author of many chemistry and biochemistry titles including all previous editions of *Chemistry For Dummies*.

SIE Exam 2027/2028 For Dummies (Securities Industry Essentials Exam Prep + Practice Tests & Flashcards Online)



Pass the SIE Exam and launch a great career in the securities industry

SIE Exam 2027/2028 For Dummies is the guide you need to study for the Securities Industry Essentials (SIE) Exam, administered by FINRA. Future securities industry professionals are required to take each series-level exam (such as the Series 7), and Dummies is here to help!

Test your knowledge with 4 practice tests, and prep for test day, so you feel ready for the exam that will jumpstart your career. This book helps you understand key terms and concepts that you'll need to know to pass the SIE. It also teaches you how to apply them, so you can sail through test day. Check the SIE exam off your to-do list, with the help of this bestselling Dummies study guide.

Inside:

- Study the content you'll need to know to pass the SIE exam
- Practice with 4 full-length tests and flashcards available online
- Learn expert strategies for scoring high on the test
- Start your career journey as a financial securities professional

This study guide is highly recommended for anyone looking to take the SIE exam. Study with *SIE Exam 2027/2028 For Dummies*!

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For Dummies

BISAC: *Study Aids*

9781394421701

Paperback

July 29, 2026

£24.99 | 27,40 € | \$31.99

Previous Edition: 9781394261871

About the Author

Steve Rice (Hauppauge, New York) is a partner in Empire Stockbroker Training Institute, one of the country's leading schools for training to the securities industry. He is also an instructor at Empire, and his upbeat training style, entertaining sense of humor, and extensive knowledge are highly regarded by his students. Rice is the author of *Series 7 Exam For Dummies*, *Series 7 Exam: 1001 Practice Questions For Dummies*, and *SIE Exam: 1001 Practice Questions For Dummies*.

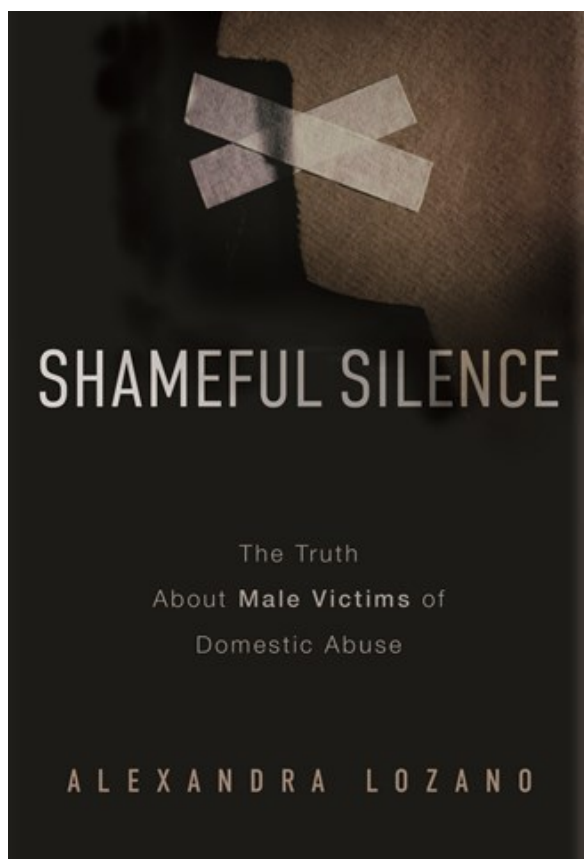
Jossey-Bass



Shameful Silence

The Truth About Male Victims of Domestic Abuse

Alexandra Lozano



[View on Edelweiss](#)

Break the silence surrounding male victims of domestic abuse and challenge harmful stereotypes

Society has a blind spot — and one in three men are paying the price.

Millions of men experience domestic abuse. Yet their suffering is routinely dismissed, minimized, or outright denied. Trapped by shame, stigma, and cultural myths about masculinity, they endure abuse in silence. Often, they lack the language to describe their experiences and face systems unwilling to protect them.

In *Shameful Silence*, Human Rights attorney Alexandra Lozano exposes the hidden epidemic of male domestic abuse. With unflinching honesty, legal precision, and deep compassion, Lozano draws on sixteen years of frontline experience to advocate for vulnerable individuals in complex legal systems. She reveals a vital truth few confront: abuse can devastate without leaving bruises.

Through survivor accounts and rigorous research, this book reveals sophisticated, often invisible tactics used against men, including gaslighting, financial control, parental alienation, false allegations, and using custody battles and immigration status as weapons. These abuses leave no visible scars yet dismantle identity, isolate victims, and destroy lives.

Blending legal insight, psychological research, and deeply human storytelling, *Shameful Silence* challenges entrenched stereotypes about victimhood and masculinity. Lozano reframes strength not as silence but as truth. She offers readers clarity and validation that so many male survivors have never received.

In this book, readers will discover:

- **First-hand accounts from male survivors** that illuminate emotional, psychological, financial, and physical abuse

Jossey-Bass

BISAC: *Family & Relationships*

9781394430277

Hardcover

July 21, 2026

£21.99 | 24,00 € | \$28.00

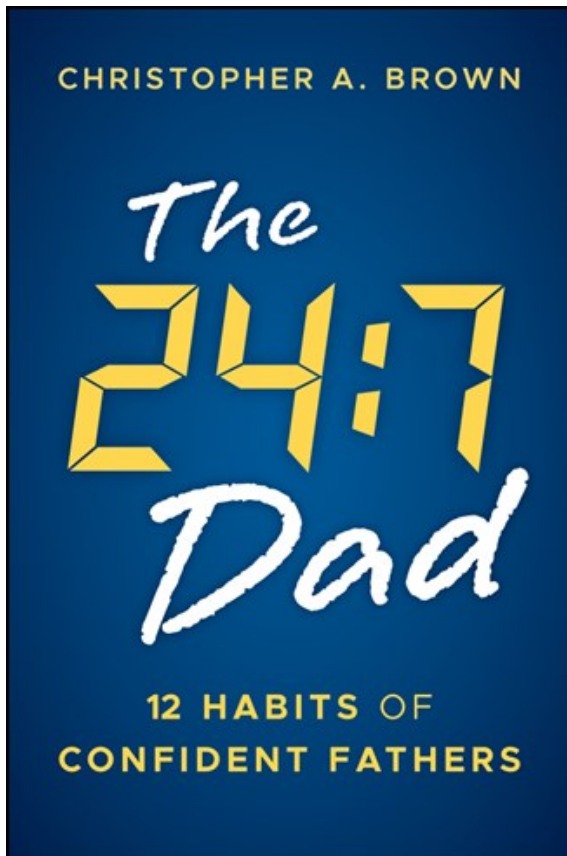
About the Author

Alexandra Lozano (Ocala, FL) is a distinguished attorney and CEO of Alexandra Lozano Immigration Law, one of the largest humanitarian immigration law firms in the United States. With over sixteen years of experience championing marginalized communities, she has transformed thousands of lives through her innovative use of the Violence Against Women Act (VAWA) and T Visas for trafficking survivors. A published author (*Be the CEO of Your Law Firm*), podcast host (*Arreglando con Alexandra*), and mentor to attorneys nationwide, Lozano has cultivated a social media following exceeding 656,000 and successfully assisted clients across all fifty states, establishing

The 24:7 Dad

12 Habits of Confident Fathers

Christopher Brown



[View on Edelweiss](#)

Jossey-Bass

BISAC: *Family & Relationships*

9781394382354

Paperback

July 20, 2026

£16.99 | 18,80 € | \$22.00

An inspirational and hands-on guide to fatherhood from an experienced activist, leader, and dad

In *The 24:7 Dad*, the President of National Fatherhood Initiative®, Christopher A. Brown, delivers an inspiring and practical guide that's perfect for all dads who want to provide their children with the most supportive, safe, and nurturing childhood possible. Drawing on his extensive professional experience as an anthropologist, activist, and father, Brown walks you through twelve research-based habits that will help you offer your children the best of yourself.

The book explains how to avoid the most common mistakes and pitfalls that ensnare even the most well-intentioned dads and demonstrates how to develop the six critical traits of exceptional, confident fathers: self-awareness, self-care, fathering skills, parenting skills, relationship skills, and stewardship.

Inside the book:

- A detailed discussion of how to develop and sustain insight and self-awareness
- Step-by-step walkthroughs for creating self-care habits that sustain you and allow you to meet your obligations as a father
- Learn the most vital skills for being the dad your children and family need you to be
- Discover how to engage with your community and pay your good fortune forward in a way that acts as an example to your children and improves the lives of those around you

A must-read guide for first-time and experienced dads, *The 24:7 Dad* is also an invaluable resource for professionals working in human service organizations, moms who want to learn more about fatherhood, and anyone else thinking about having or caring for children.

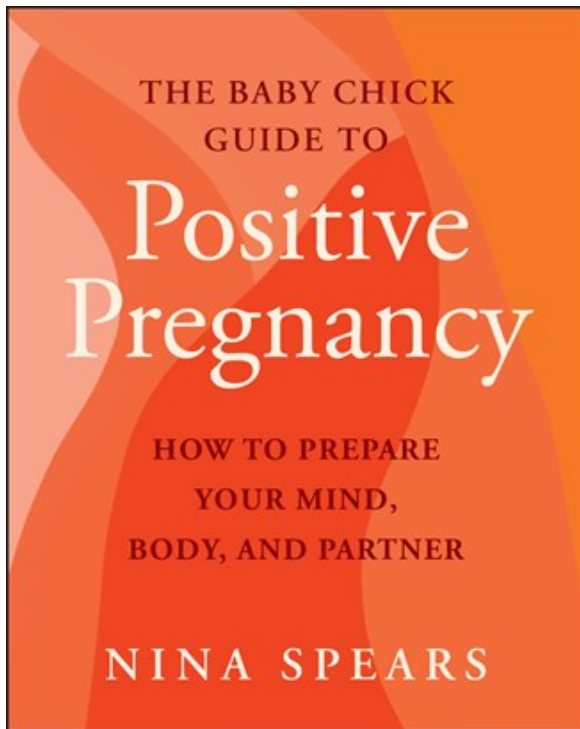
About the Author

Christopher Brown (Cedar Park, TX) is the president of the National Fatherhood Initiative® (NFI), the nation's leading nonprofit dedicated to building capacity in communities and human service organizations to help fathers be the best dads possible. With over two decades of experience at NFI, Chris has authored or co-authored the nation's most widely-used fatherhood programs and more than 100 evidence-based and evidence-informed resources. His work has been featured in major media outlets such as the L.A. Times, New York Times, and CNN. Chris's commitment to fatherhood stems from his personal experience and his professional dedication to preventing father absence in children's lives.

The Baby Chick Guide to Positive Pregnancy

How to Prepare Your Mind, Body, and Partner

Nina Spears



Provides expecting mothers with an all-in-one companion that empowers them to embrace a confident, calm, and positive pregnancy journey

Pregnancy can feel like a rollercoaster—exciting, emotional, and at times overwhelming. *The Baby Chick Guide to Positive Pregnancy* is your reassuring companion through it all. Written by Nina Spears—known to thousands as *The Baby Chick*®—this book offers an approachable, evidence-based guide for women who want to feel informed, supported, and empowered every step of the way. Drawing on her 15 years of experience as a birth and postpartum doula, Nina brings you expert-backed insights and practical tools to nurture your mind, body, and heart.

Organized trimester by trimester, this book helps you manage physical changes, reduce anxiety, and connect more deeply with your growing baby and your partner. Providing everything from recipes and exercises to journaling prompts, checklists, and guided meditations, Nina blends trusted medical knowledge with holistic wellness and emotional support to help you feel better prepared throughout pregnancy, and ready for a positive birth and postpartum experience. Whether you're a first-time mom or adding to your family, *The Baby Chick Guide to Positive Pregnancy* reminds you that you're not alone—you're capable, strong, and supported through every kick, craving, and milestone.

The Baby Chick Guide to Positive Pregnancy is your roadmap to a confident and joyful motherhood journey. Inside, you will find:

- Expert-backed medical guidance with emotional and mental wellness tools
- A trimester-based structure for easy navigation and targeted support
- Easy-to-use practices tailored to each stage of pregnancy
- Partner tips to strengthen connection and shared support

[View on Edelweiss](#)

Jossey-Bass

BISAC: *Family & Relationships*

9781394358502

Paperback

August 17, 2026

£18.99 | 21,40 € | \$25.00

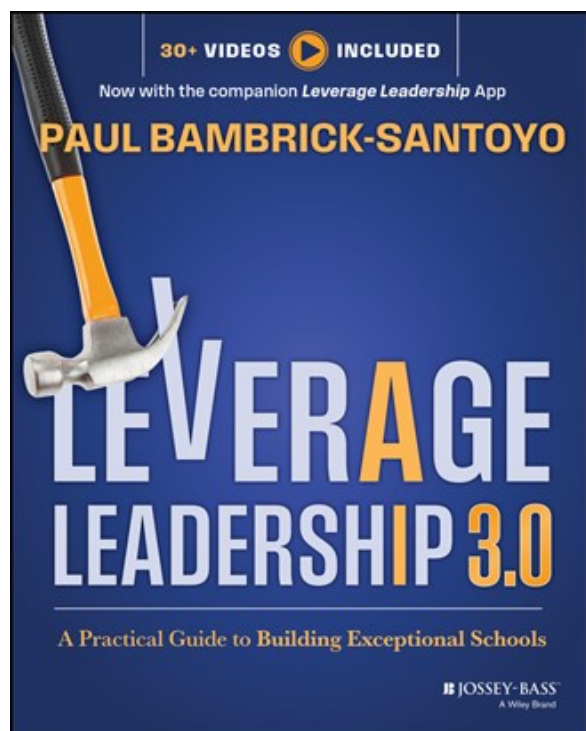
About the Author

Nina Spears (Houston, TX) is the founder and Editor in Chief of Baby Chick and the host of the Chick Chat podcast. Spears is a certified baby planner (IABPP), birth doula, and postpartum doula (DONA International) with more than 14 years of hands-on experience helping more than 700 families prepare for and navigate pregnancy, birth, and newborn parenting. Through her website, podcast, and social platforms she shares resources for millions of new and expecting parents. Baby Chick has been featured by Google as a Publishing Success Story, highlighting her ability to generate revenue through her content and platform. Spears is also certified in

Leverage Leadership 3.0

A Practical Guide to Building Exceptional Schools

Paul Bambrick-Santoyo



A Proven, Updated Framework That Empowers School Leaders to Build High-Impact, Time-Smart Schools

In the era of shrinking resources, AI and the latest high-quality curriculum materials, what separates great schools from the rest? The answer is in how a leader uses their time. Rooted in observation and training of over 40,000 school leaders worldwide, *Leverage Leadership 3.0* provides school leaders with a clear, updated roadmap for achieving exceptional results.

As schools face widening gaps and intensified accountability, leaders need tools that help them focus their time on what matters most to directly improve teaching and learning. In this thoroughly refreshed third edition, Paul Bambrick-Santoyo revisits and strengthens the seven levers, offering streamlined methods that help leaders reclaim hours each week and invest them in the coaching and collaboration that elevate classroom practice.

Bambrick-Santoyo draws from experience founding and leading internationally recognized leadership institutes and high-performing schools to ground the book in practical insight and everyday applicability. With step-by-step guidance and a renewed focus on sustainable leadership, this edition demonstrates how consistent, intentional actions—not extraordinary personalities—create thriving schools.

Designed to empower school leaders to maximize limited resources while improving instruction and student outcomes, *Leverage Leadership 3.0*:

- Introduces an AI-enhanced companion app powered by a proprietary library of exemplars, rubrics, and videos that serves as a personal planning assistant, generating data-meeting scripts, feedback plans, walkthrough tools, and PD

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Jossey-Bass

BISAC: Education

9781394324439

Paperback

July 21, 2026

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Previous Edition: 9781119496595

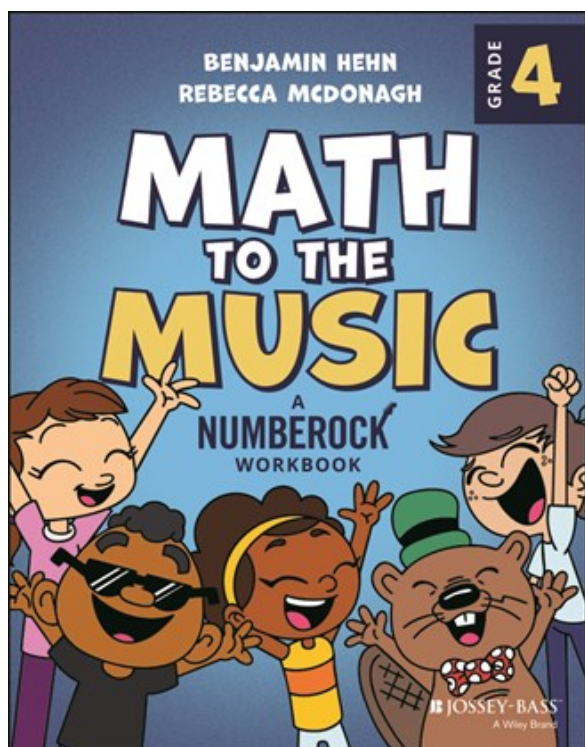
About the Author

Paul Bambrick-Santoyo (Montclair, NJ) is the Founder and Dean of the Leverage Leadership Institute, training over 40,000 school leaders worldwide and authoring multiple influential books including *Get Better Faster 2.0*, *Driven by Data 2.0*, and *Love & Literacy*. His work has helped multiple schools become the highest-gaining or highest-achieving in their districts, states, and countries. He previously cofounded the Relay National Principal Academy Fellowship and led Uncommon Schools and North Star Academies in Newark, New Jersey, whose academic results rank among the highest for urban schools in the nation.

Math to the Music

A Numberock Workbook, Grade 4

Rebecca McDonagh



A workbook to foster math achievement and develop lifelong numerical reasoning skills

Math to the Music: A Numberock Workbook, Grade 4 provides hands-on activities that combine Rebecca McDonagh's creative, standards-aligned teaching methodology with Numberock's popular music content to create an engaging and unique educator resource. The activities in this workbook infuse math with music, movement, and humor to transform classrooms into multi-sensory learning environments. This multi-media approach blends the actionable elements of a workbook with the research-based methodologies of a teaching manual. Readers will also receive access to a digital companion site providing links to each lesson's corresponding song and video, additional video content demonstrating the lessons in action, and access to printables. *Math to the Music* is an essential tool for teachers who want to boost student confidence and curiosity while fostering a love of math.

- Provides a concrete framework for whole-brain math teaching, using an approach proven to boost comprehension and test scores
- Makes math learning fun for elementary students of all ages, infusing humor and movement into lessons
- Offers printable workbook content and pedagogical instructions, for an all-in-one resource
- Boosts student confidence, showing even reluctant math learners that math can be inspiring and engaging

This is a wonderful guide for elementary school teachers looking for creative, fun ways to get their students interested in learning about numbers. The activities can also be adapted for homeschool and tutoring settings.

[View on Edelweiss](#)

Jossey-Bass

BISAC: Education

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Paperback

July 30, 2026

£22.99 | 25,70 € | \$30.00

About the Author

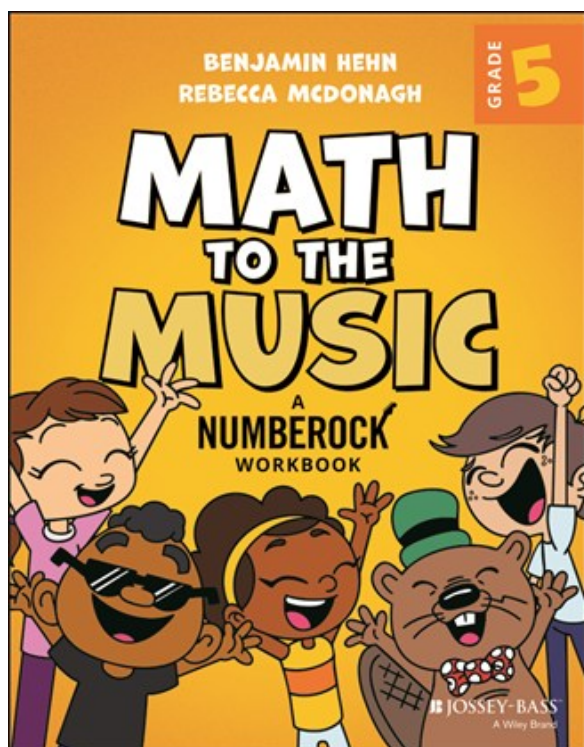
Benjamin Hehn (Dripping Springs, TX) is a former fifth grade teacher who served as the supervising teacher of Harvard and Tufts graduate students during their student teaching semesters. Hehn is founder of Numberock, a children's media venture producing a collection of music videos that teach and reinforce elementary school level mathematical concepts and primary grade numeracy to make learning math fun. Numberock content has been adapted by Singapore's national math curriculum, and has produced more than 60 videos that have hit 1M views.

Rebecca McDonagh (Riverside, FL) is an award-winning educator

Math to the Music

A Numberock Workbook, Grade 5

Rebecca McDonagh



A multi-media approach to fostering math achievement and developing lifelong numerical reasoning skills

Math to the Music: A Numberock Workbook, Grade 5 combines Rebecca McDonagh's creative, standards-aligned teaching methodology with Numberock's popular music content to create an engaging and unique educator resource. By infusing math with music, movement, and humor, this innovative title will transform classrooms into multi-sensory learning environments. This multi-media approach blends the actionable elements of a workbook with the research-based methodologies of a teaching manual. Readers will also receive access to a digital companion site providing links to each lesson's corresponding song and video, additional video content demonstrating the lessons in action, and access to printables. This workbook is an essential tool for teachers who want to boost student confidence and curiosity while fostering a love of math.

- Provides a concrete framework for whole-brain math teaching, using an approach proven to boost comprehension and test scores
- Makes math learning fun for elementary students of all ages, infusing humor and movement into lessons
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Jossey-Bass

BISAC: Education

9781394364428

Paperback

July 30, 2026

£22.99 | 25,70 € | \$30.00

About the Author

Benjamin Hehn (Dripping Springs, TX) is a former fifth grade teacher who served as the supervising teacher of Harvard and Tufts graduate students during their student teaching semesters. Hehn is founder of Numberock, a children's media venture producing a collection of music videos that teach and reinforce elementary school level mathematical concepts and primary grade numeracy to make learning math fun. Numberock content has been adapted by Singapore's national math curriculum, and has produced more than 60 videos that have hit 1M views.

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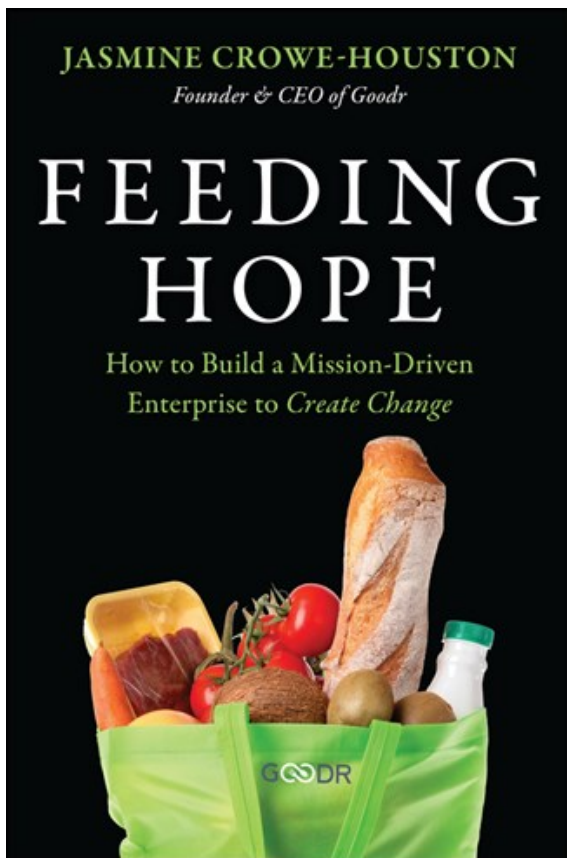
Business



Feeding Hope

How to Build a Mission-Driven Enterprise to Create Change

Jasmine Crowe-Houston



[View on Edelweiss](#)

An indispensable book that's equal parts first-hand journey and strategy guide for leaders with a focus on social impact

In *Feeding Hope: How to Build a Mission Driven Enterprise to Create Change*, social entrepreneur and hunger and food waste activist Jasmine Crowe-Houston shares the real story behind building Goodr, the social impact and technology company she founded to fight food insecurity and food waste. Equal parts memoir and strategy guide, this book blends unfiltered lessons from the trenches with clear, actionable frameworks for anyone determined to build for impact.

Crowe-Houston pulls back the curtain on the hard moments: the setbacks that sharpened her resolve, the missteps that reshaped her leadership, and the failures that became turning points in the company's evolution. Through these candid experiences, she shows readers how to navigate barriers to funding, learn from the complexities of team building, and lead with clarity and purpose while leveraging technology not for its novelty, but for its power to solve real human problems.

You'll also find:

- Vivid storytelling that highlights the intersection of technology and innovation, for the purpose of accomplishing something meaningful and good in the world
- Proven strategies for using inevitable failures, setbacks, and mistakes to shape and reshape your path to success
- Ways to align your organization's purpose, its people, and its revenues to create sustainable growth and outsized impact

Perfect for entrepreneurs and leaders interested in creating influential organizations that generate real, lasting change in the world, *Feeding Hope* is a must-read guide for professionals working in

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BISAC: *Business & Economics*

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Hardcover

July 28, 2026

£22.00 | 26,00 € | \$28.00

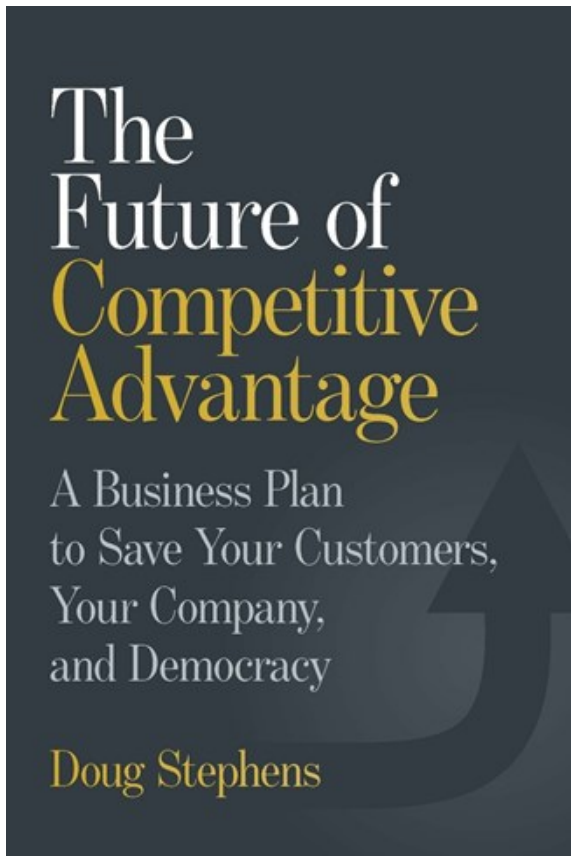
About the Author

Jasmine-Crowe Houston (Atlanta, GA) is the founder and CEO of Goodr, a social impact and tech company dedicated to solving hunger and reducing food waste. Since its inception, Goodr has provided millions of meals while diverting thousands of tons of food from landfills. Jasmine is a sought after speaker, having graced stages like TED, the US Compost Council, Emerson Collective Youth Forum Egypt, and the GBTA Conference. Recognized by Forbes, CNN, Fortune and TIME, Jasmine has partnered with leading organizations like Amazon, Aetna, and Universal Music Group. Her work combines technology, social entrepreneurship, and advocacy, making her an authority on building impactful businesses.

The Future of Competitive Advantage

A Business Plan to Save Your Customers, Your Company, and Democracy

Doug Stephens



[View on Edelweiss](#)

An original discussion of how to find exciting competitive opportunities by reexamining how you do business

For decades, business leaders have chased advantage through efficiency, innovation, and scale. But a deeper truth has emerged: no company can thrive in a society that is failing. After World War II, Western democracies invested boldly in trust, fair capitalism, and education—three engines that unleashed prosperity across the free world. Today, those engines are seizing. Trust in institutions has collapsed. Economic fairness is eroding. Education—the foundation of innovation and progress—has become unaffordable and unequal. As democracy falters, the very marketplace that business depends on is destabilizing. The era of societal bankruptcy has arrived.

Yet within this crisis lies extraordinary opportunity. In *The Future of Competitive Advantage*, bestselling author and business futurist Doug Stephens lays out an inspiring new blueprint for succeeding in an age of uncertainty. He reveals how radical trust, fairness in action, and collective intelligence are not soft ideals but *hard strategies*—the next generation of business superpowers. Stephens argues that by defending democracy, companies will secure their customers, empower their people, and strengthen their brands—creating a future where doing good is not a trade-off, but the ultimate competitive advantage.

- **A New Lens on Prosperity** — Discover the powerful historical connection between trusted democracy, fair capitalism, and universal education—and how these forces once ignited the greatest era of shared prosperity in history.
- **The Warning Signs** — Uncover the economic, social, and political currents now eroding these foundations—and the hidden risks they pose to every business sector.
- **The Strategic Opportunity** — Learn why today's leaders who actively defend democracy will unlock the next great wave of competitive advantage.

About the Author

Doug Stephens (Vancouver, British Columbia; Retail Prophet) is the Founder of global consultancy Retail Prophet, and has made a name for himself as one of the world's leading retail and consumer futurists, and as a top global retail influencer. His work has influenced the most widely known international retailers, agencies, and brands in the world, including Walmart, Google, Estée Lauder, BMW, Disney, and LVMH.

Before founding Retail Prophet, Doug spent over 20 years in retail, holding senior international leadership roles. Doug is the author of three internationally bestselling books, sits on multiple corporate

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BISAC: Business & Economics

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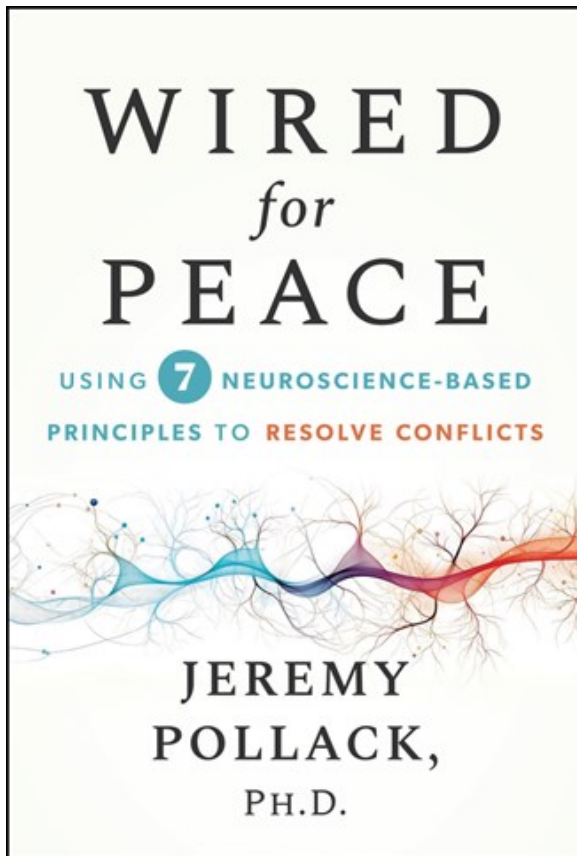
July 21, 2026

£22.00 | 27,00 € | \$28.00

Wired for Peace

Using 7 Neuroscience-Based Principles to Resolve Conflicts

Jeremy Pollack



[View on Edelweiss](#)

A deep dive and exploration into the critical role of the nervous system in conflict resolution and peacebuilding

Drawing from neuroscience, social neuropsychology, predictive-processing theory, and decades of applied conflict resolution practice, *Wired for Peace: Using 7 Neuroscience-Based Principles to Resolve Conflicts* presents a transformational model for understanding why conflict escalates and how sustainable peace is created. Moving beyond traditional communication-skills or mediation-only approaches, this book shows that lasting conflict resolution begins with the autonomic nervous system and the brain's threat-prediction mechanisms. The book illuminates the internal neural architecture that determines how individuals perceive danger, construct narratives, react to stress, and attempt either protection or connection. Authored by Dr. Jeremy Pollack, an organizational psychologist, conflict resolution expert, and founder of Pollack Peacebuilding Systems, the work examines:

- How the autonomic nervous system, predictive processing, and neuroplasticity shape threat perception, emotional reactivity, and conflict escalation.
- Why conventional modalities such as facilitated dialogue, communication training, leadership coaching, or mediation often fail unless underlying neural dysregulation is addressed.
- How internal conflict, interpersonal conflict, group conflict, and organizational conflict share the same evolutionary and neurobiological foundations.
- The real organizational costs of dysregulated systems, including culture erosion, burnout, turnover, chronic mistrust, and impaired decision-making.
- A complete, research-grounded, multi-chapter framework for building more resilient individuals, teams, organizations, and communities through the science of safety, prediction, and connection.

About the Author

Jeremy Pollack, Ph.D. (Miami, FL) is a social-organizational psychologist and a leader in the field of workplace conflict resolution and peacebuilding. He is the CEO and Founder of Pollack Peacebuilding Systems, the largest workplace conflict resolution consulting firm in North America. He is also co-founder and chairman of the Peaceful Leadership Institute, a 501c3 non-profit dedicated to promoting the model and theory of Peaceful Leadership, as well as co-founder and Chairman of the Association for Conflict Resolution, Florida, a non-profit aimed at supporting the practice and field of conflict resolution in the state of Florida. He coaches and trains executives and employees at a variety of levels and industries, from

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BISAC: Business & Economics

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Hardcover

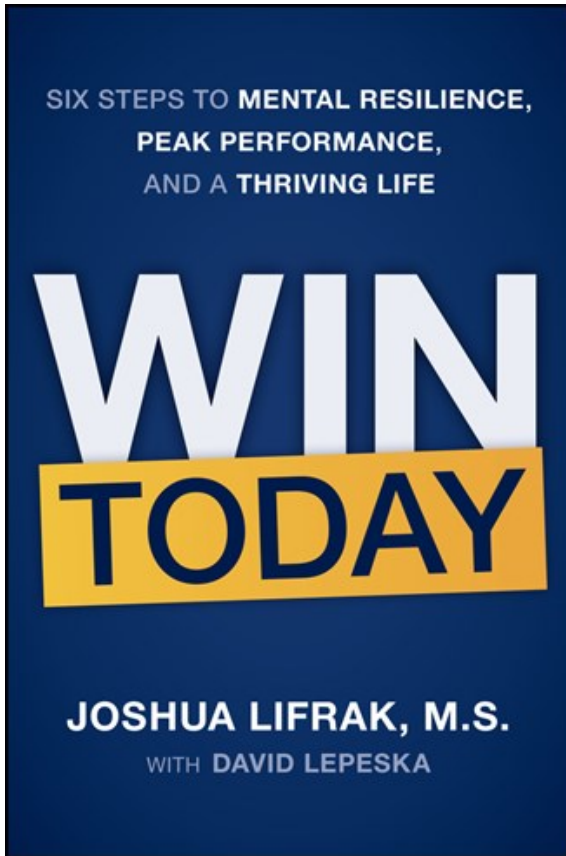
July 28, 2026

£22.00 | 26,00 € | \$28.00

Win Today

Six Steps to Mental Resilience, Peak Performance, and a Thriving Life

Joshua Lifrak



[View on Edelweiss](#)

Build a champion mindset and achieve peak performance by applying mental skills used by elite athletes

Your mindset - and not your circumstances - determines your outcomes. *Win Today: Six Steps to Mental Resilience, Peak Performance, and a Thriving Life* is a proven mental conditioning framework built by Joshua Lifrak, M.S., techniques he used while directing the Chicago Cubs' mental skills program, helping to lead them to their historic 2016 World Series victory.

Win Today presents six core principles: See Your Story, Build Bonds, You Are Here, Stop the Storm, Choose Growth, and Mile Zero. Lifrak, along with David Lepaska, combines psychological insights with real-world stories from professional sports and corporate consulting. You'll find:

- A complete six-step framework for developing mental resilience
- Practical daily mental training routines and meditation techniques for maintaining focus and managing stress in any environment
- The KAN-do formula and After Action Review process for continuous improvement and consistent peak performance
- Proven strategies for overcoming negativity, finding neutral ground during adversity, and building the championship mindset required for sustained excellence

Perfect for business professionals, executives, students, athletes, and anyone seeking to maximize their potential, *Win Today* makes elite mental conditioning accessible to all of us. This is your foundation for building mental strength, performing under pressure, and designing a life that isn't based on compromise.

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BISAC: *Self-Help*

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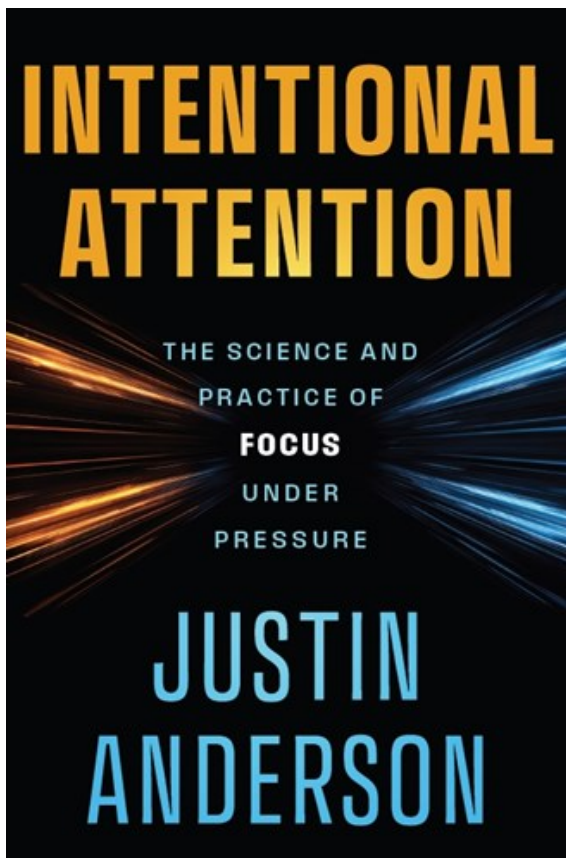
About the Author

Joshua Lifrak, M.S., (Sarasota, Florida) is a Speaker and Head Coach at Limitless Minds, a mental conditioning consultancy co-founded by Super Bowl-winning quarterback Russell Wilson, his brother Harry Wilson, and DJ Eidson. The fourth co-founder is Josh's longtime mentor, the late Trevor Moawad, who was instrumental in Josh's success and connected him to Limitless Minds. Today, as the firm's Head Coach, he delivers keynotes for corporate audiences of up to 10,000 and advises individuals, small businesses, and top multinationals. He works closely with Limitless Minds' president and CEO, Harry Wilson, to craft and implement new strategies, endlessly pushing the firm to do more. Before Limitless Minds, Josh worked for

Intentional Attention

How Elite Performers Consistently Thrive Under Pressure

Justin Anderson



In today's hypercompetitive world, the idea of a naturally "clutch" performer—someone who effortlessly excels under pressure—is largely a myth. *Intentional Attention* reveals that elite performers in both sports and business consistently succeed because they've developed specific skills to manage themselves effectively in critical moments.

Drawing from two decades of consulting with world-class athletes and high-performing business leaders, Justin Anderson introduces readers to the concept of "Intentional Attention"—the ability to deliberately hold focus on variables that most powerfully impact performance. This trainable skill is increasingly vital as leaders face an unprecedented barrage of distractions from smartphone alerts to overwhelming data to tighter deadlines, all of which can pull focus away from critical priorities.

Through a practical three-part framework—Foundational Mindset, Building the Intentional Mindset, and High-Pressure Execution Mindset—Anderson demystifies the process of mastering Intentional Attention. Readers learn why their attention naturally gravitates to threats if left unchecked, how to strengthen their attentional muscle through purposeful practice, and how to apply customized mental protocols for peak performance in high-stakes moments. Filled with real-world tools used by athletes in stadium locker rooms and executives in corporate boardrooms, this book empowers readers to consistently achieve excellence, regardless of internal distractions or external pressures.

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BISAC: *Self-Help*

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Hardcover

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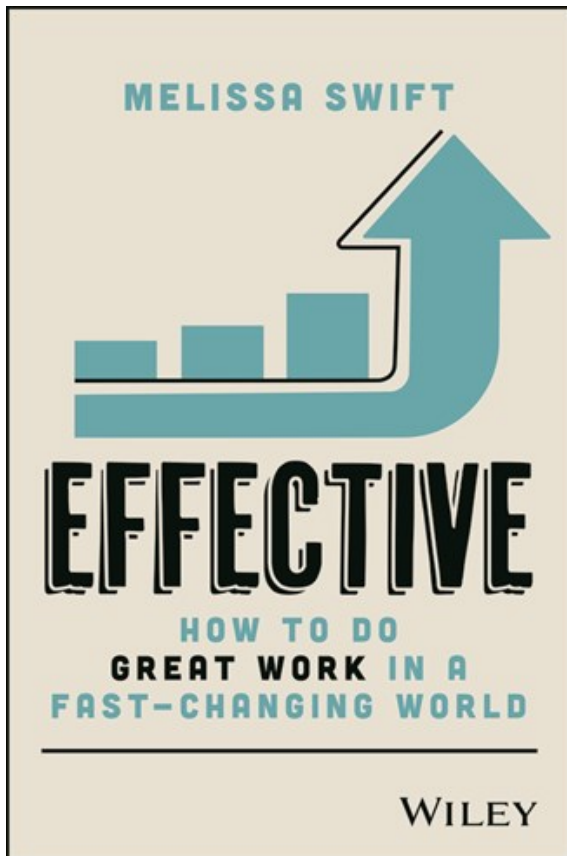
About the Author

Justin Anderson (Minneapolis, MN) is a licensed psychologist, high-performance consultant, and founder of Premier Sport Psychology, a leading performance enhancement and leadership consulting firm. With over 20 years of experience, Anderson has worked with elite individuals and organizations across professional sports, with ongoing contracts with the Minnesota Vikings, Minnesota Wild, Minnesota Timberwolves, Minnesota Lynx, Minnesota United, Las Vegas Raiders, and numerous NFL, NBA, and Olympic athletes nationwide. His passion for sport psychology began during his collegiate career as a football quarterback at the University of Minnesota-Duluth, where he recognized the crucial role mental

Effective

How to Do Great Work in a Fast-Changing World

Melissa Swift



[View on Edelweiss](#)

Navigate the weird, chaotic world of modern work, no matter your position

While there's no shortage of advice on being amazing or avoiding burnout, what if you simply want to get things done in a workplace that feels increasingly impossible? *Effective* is here to help you get your job done well without losing your mind. Drawing from up-to-date research and provocative interviews with employees across industries and levels, renowned people consultant Melissa Swift offers a positive, well-illuminated path through the dark forest of destabilizing workplace changes.

Effective provides readers with:

- Strategies to triumph amid four trends making work tough today: work intensification, emotional inflection, hyper-transparency, and sheer chaos
- Practical, research-backed approaches to improve their daily work life, from entry-level employees to CEOs
- Tips for maintaining competence in a working world seemingly designed to make you feel incompetent
- Insights on how to make sure your personal sources of effectiveness don't get disrupted by technological change
- Lessons to be learned from jobs where you simply cannot screw up, such as firefighters and air traffic controllers, and how to apply them to a corporate environment

Effective delivers useful content for every level of seniority, teaching readers a new paradigm-shifting approach to thrive in the modern world of work.

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BISAC: Business & Economics

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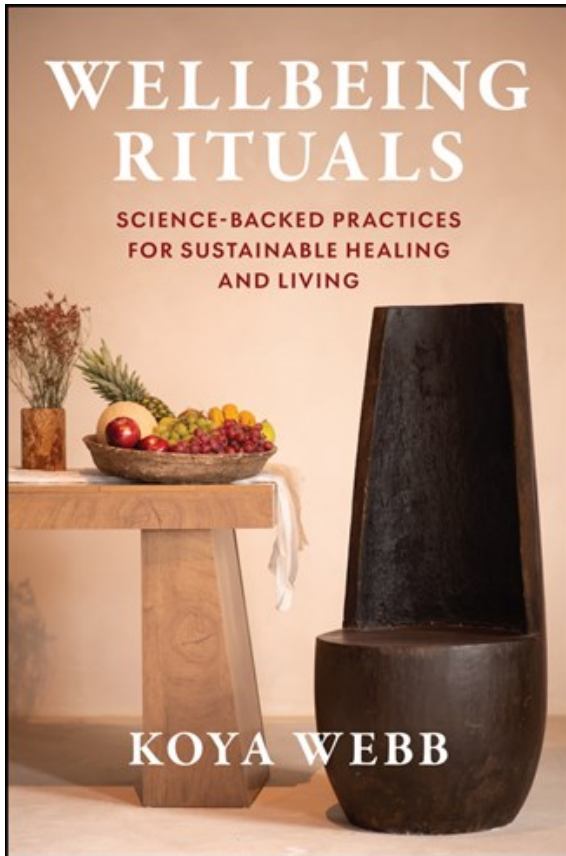
About the Author

Melissa Swift (New York, NY | <https://www.melissaswift.com/>) is a respected leader in people consulting with a quarterly column in MIT Sloan Management Review and representation by Leading Authorities speakers' bureau. As founder of Anthrome Insight, she brings a unique blend of pragmatism, humor, and insights to workplace challenges. Swift's perspective on navigating today's chaotic work environments has resonated with audiences across different organizations and the political spectrum. Her ability to identify workplace pain points has been described as "hitting a nerve" with observations that "see inside working life." Her research-backed, hyper-practical approach has made her a sought-after

Wellbeing Rituals

Science-Backed Practices for Sustainable Healing and Living

Koya Webb



[View on Edelweiss](#)

A Sacred Journey Back Home to Yourself Through the Power of Rituals

In a world of burnout, overwhelm, and constant noise, many of us feel disconnected from ourselves, our purpose, and our peace. *Wellbeing Rituals* is a sacred guide for anyone ready to slow down, realign, and build a life rooted in clarity, vitality, and spiritual connection.

Inside, you'll find more than 50 science-backed rituals grounded in research and proven to reduce stress and increase resilience. Rooted in spiritual traditions, Koya Webb shows how to open your heart and reconnect to meaning. Drawing from two decades as a holistic wellbeing expert, yoga teacher, life coach and spiritual guide, Webb introduces the CHBT Method—a cyclical path designed to help you:

- Connect to Spirit and deepen your relationship with your higher self
- Heal emotional wounds, patterns, and beliefs keeping you stuck
- Build a lifestyle aligned with your core values through simple, sustainable rituals
- Thrive with daily rhythms that support your spiritual, mental, emotional, nutritional, physical, social, and financial wellbeing

This is not another wellness trend—it is a timeless, holistic blueprint for embodied living. Whether you're seeking emotional healing, mental clarity, spiritual awakening, physical vitality, community connection, or financial empowerment, *Wellbeing Rituals* offers a transformative path back to wholeness. Your journey to sustainable wellbeing and lifelong transformation begins here.

About the Author

Koya Webb (Los Angeles, CA) has guided people for over 20 years, to embrace sustainable lifestyle changes through holistic wellbeing practices, helping them cultivate self-care, reverse life-threatening conditions, and thrive in health and wellbeing. She hosts yoga teacher trainings worldwide, building a thriving online wellness company with over 21 contractors and certifying hundreds of yoga teachers. Get Loved Up, Koya's yoga school and wellness platform, has inspired millions to embrace self-care, social justice, and sustainable living. She has appeared on NBC, CBS, The Steve Harvey Show, E! Entertainment, and Home & Family.

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BISAC: *Self-Help*

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Hardcover

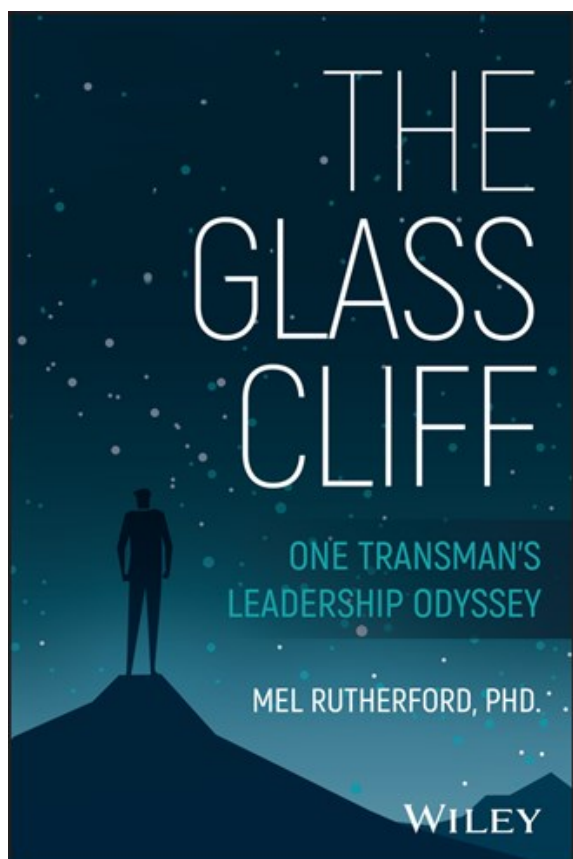
August 4, 2026

£21.00 | 25,00 € | \$28.00

The Glass Cliff

One Transman's Leadership Odyssey

Mel Rutherford



[View on Edelweiss](#)

Wiley

BISAC: Education

9781394368679

Paperback

July 26, 2026

£27.95 | 33,95 € | \$34.95

Redefining Leadership—From the Inside Out

Leadership in higher education is rarely simple—but for those leading from the margins, it can be uniquely complex. *The Glass Cliff* explores what it means to lead with integrity in institutions built on tradition, hierarchy, and too often, exclusion. Drawing from his lived experience as an openly transgender department chair and his expertise as an experimental psychologist, Professor Mel Rutherford offers a compelling roadmap for building trust, community, and resilience amid crisis and systemic bias.

Through a rare combination of research, reflection, and real-world leadership practice, Rutherford weaves together values-based governance, shared leadership, and compassionate accountability into a model of inclusive transformation. His story illuminates the intersection of personal calling and professional responsibility—offering both guidance and solidarity for those working to reshape organizational culture by including:

- Evidence-based research with narrative storytelling to make leadership theory accessible and practical
- Values-based decision-making grounded in psychology and Unitarian Universalist principles
- How shared leadership and consensus-building strengthen community during times of institutional crisis
- The author's *Leadership Essentials* program and *Leadership Odyssey* online course, offering an integrated path for deeper leadership development

Ideal for graduate and professional courses in Leadership, Gender Studies, Psychology, and Organizational Behavior, *The Glass Cliff: One Transman's Leadership Odyssey* supports both emerging and experienced leaders in higher education, business, and nonprofit sectors. It is an essential resource for DEI practitioners, faculty

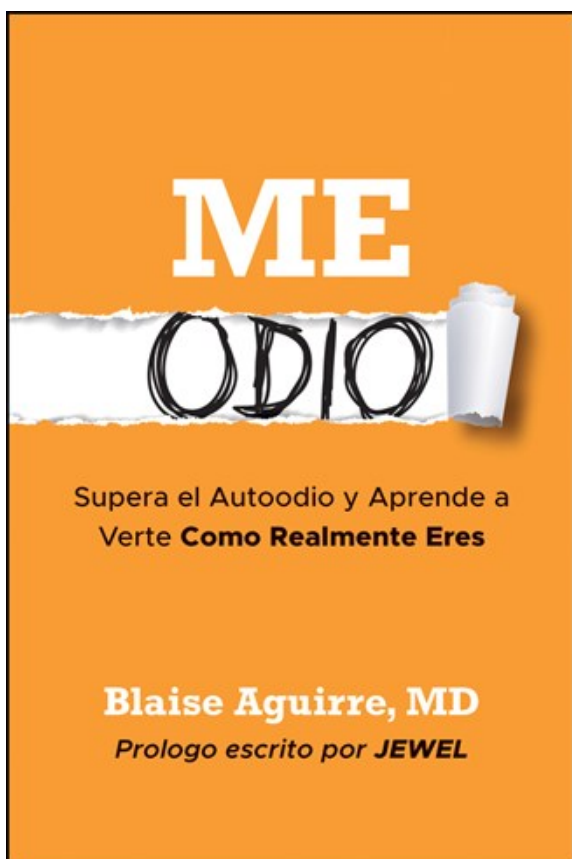
About the Author

Mel Rutherford, PhD, is an experimental psychologist specializing in social perception. He earned his B.A. from Yale University and his Ph.D. in Psychology with an emphasis in Human Development at The University of California, Santa Barbara, followed by a Fulbright Fellowship with Simon Baron-Cohen at Cambridge University. His leadership journey spans academia, advocacy, and precedent-setting legal action. As a transman, Mel was a plaintiff in *Rutherford v. Ontario*, winning the right to be listed on his children's birth certificates. Mel was called to chair his department when it was in crisis and quickly learned what a Glass Cliff leadership opportunity

Me Odio

Supera el Autoodio y Aprende a Verte Como Realmente Eres

Blaise Aguirre



[View on Edelweiss](#)

Aprende a reconocer los síntomas de la salud mental que suelen pasarse por alto.

En *Me Odio: Supera el Autoodio y Aprende a Verte Como Realmente Eres*, el Dr. Blaise Aguirre, profesor asistente internacionalmente reconocido en psiquiatría de la Facultad de Medicina de Harvard, explora el autoodio, un tema generalizado y a menudo ignorado. En este libro se ofrecen ideas clave para reconocer y superar este sentimiento tan alarmante y se explica por qué las prácticas habituales de «autocuidado» o «amor propio» muchas veces no son suficientes cuando el autoodio se ha convertido en la identidad de una persona.

El Dr. Aguirre comparte testimonios conmovedores de pacientes que han enfrentado y superado el autoodio, al mismo tiempo que muestra el impacto profundo que este sentimiento tiene en personas de distintos ámbitos de la vida y en sus seres queridos. En el libro se profundiza en las raíces del autoodio y en los trastornos de salud mental relacionados; además, se presentan estrategias prácticas para superar estos desafíos.

Con este libro:

- Aprenderás a identificar los orígenes y los signos del autoodio.
- Comprenderás la relación entre el autoodio, el comportamiento suicida y los trastornos asociados, como el trastorno límite de personalidad y la depresión.
- Aprenderás métodos efectivos para convertir el autodesprecio en autocompasión.

Este libro es ideal para quienes enfrentan el autoodio y sus seres queridos, así como para profesionales de la salud mental. En *Me Odio* encontrarás un enfoque comprensivo y práctico para alcanzar

Wiley

BISAC: *Psychology*

9781394420865

Paperback

July 21, 2026

£21.00 | 24,00 € | \$28.00

About the Author

Blaise Aguirre, MD (Belmont, MA; [Blaise Aguirre, MD | McLean Hospital](#)) is Assistant Professor in Psychiatry at Harvard Medical School Department of Psychiatry and a child and adolescent psychiatrist. He is the founding medical director of 3East continuum of care, an array of programs for teens which use DBT to target self-endangering behaviors as well as the symptoms of borderline personality disorder (BPD) traits.

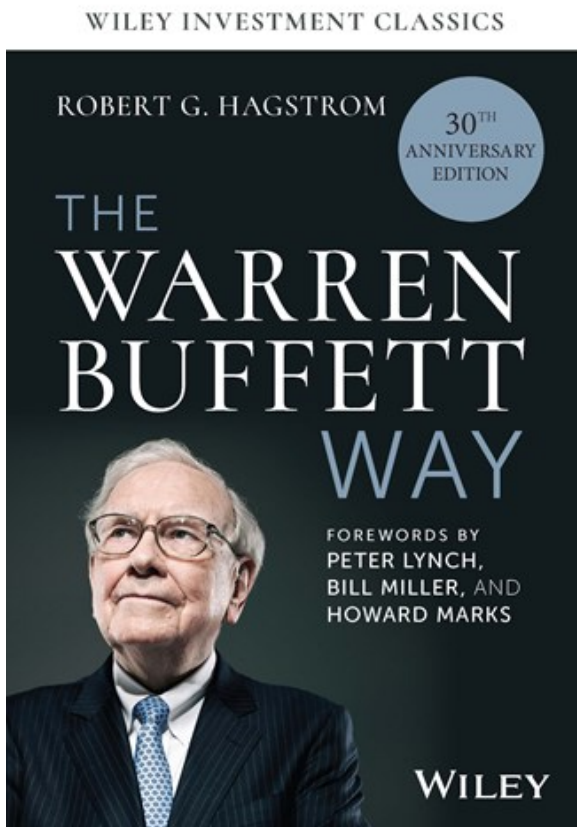
Dr. Aguirre has been a staff psychiatrist at McLean Hospital since 2000 and is nationally and internationally recognized for his

Finance & Accounting



The Warren Buffett Way, 30th Anniversary Edition

Robert G. Hagstrom



[View on Edelweiss](#)

An insightful new take on the life and work of one of the world's most remarkable investors: Warren Buffett

In the 30th Anniversary Edition of *The Warren Buffett Way*, celebrated author and investor Robert Hagstrom delivers the definitive version of his bestselling compendium of the investment strategies made famous by Warren Buffett. *The Warren Buffett Way* describes the twelve investment tenets of Warren Buffett's strategy called business-driven investing and his distinct approach to managing a portfolio of businesses. You'll learn how you can apply these same principles to building your own portfolio and find discussions on the psychology of long-term investing, its optimal benefits, and how to avoid the most common pitfalls and mistakes encountered by investors.

This latest edition includes:

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About the Author

ROBERT G. HAGSTROM is one of the best-known authors of investment books including the *New York Times* bestseller *The Warren Buffett Way* and *Investing: The Last Liberal Art*. He has followed, studied, and written about Warren Buffett since 1984. Robert has over 40 years of experience as a professional investor. He is currently the Chief Investment Officer of EquityCompass Investment Management, LLC and Senior Portfolio Manager of the Global Leaders Portfolio. Robert was the institutional portfolio manager of the Growth Equity Strategy at Legg Mason Capital Management when

The 5 Mistakes Every Investor Makes and How to Avoid Them

Getting Investing Right

Peter Mallouk

This book, from New York Times best-selling author Peter Mallouk, will help you avoid the mistakes that stand in the way of investment success!

A reliable resource for investors who want to make more informed choices, this book steers readers away from past investment errors and guides them in the right direction. *The Five Mistakes Every Investor Makes and How to Avoid Them*, Second Edition, focuses on what investors do wrong, so you can avoid these common errors and set yourself on the right path to success. In this comprehensive reference, you'll learn to navigate the ever-changing variables and market dilemmas that can make investing a risky and daunting endeavor. In this Second Edition, Peter Mallouk shares new investment techniques, an expanded discussion of the importance of disciplined investment management, and updated advice on avoiding common pitfalls.

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- Details the major mistakes made by professional and everyday investors, including fighting the market, overactive trading, and not having an endgame
- Highlights the strategies and mindset necessary for navigating ever-changing variables and market dilemmas
- Includes useful investment techniques and discusses the importance of discipline in investment management

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The Five Mistakes Every Investor Makes and How to Avoid Them, Second Edition leads you in the right investing direction and provides a roadmap that you can follow for a lifetime.

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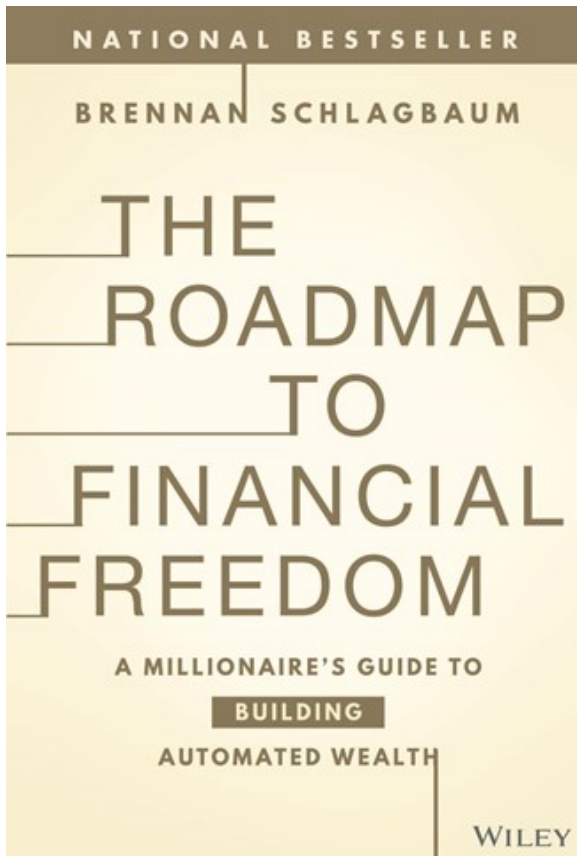
About the Author

PETER MALLOUK is President and Chief Investment Officer of Creating Planning and its affiliated companies. Peter's companies provide comprehensive wealth management services to their clients, including investment management, financial planning, charitable planning, retirement plan consulting, and tax and estate planning services.

The Roadmap to Financial Freedom

A Millionaire's Guide to Building Automated Wealth

Brennan Schlagbaum



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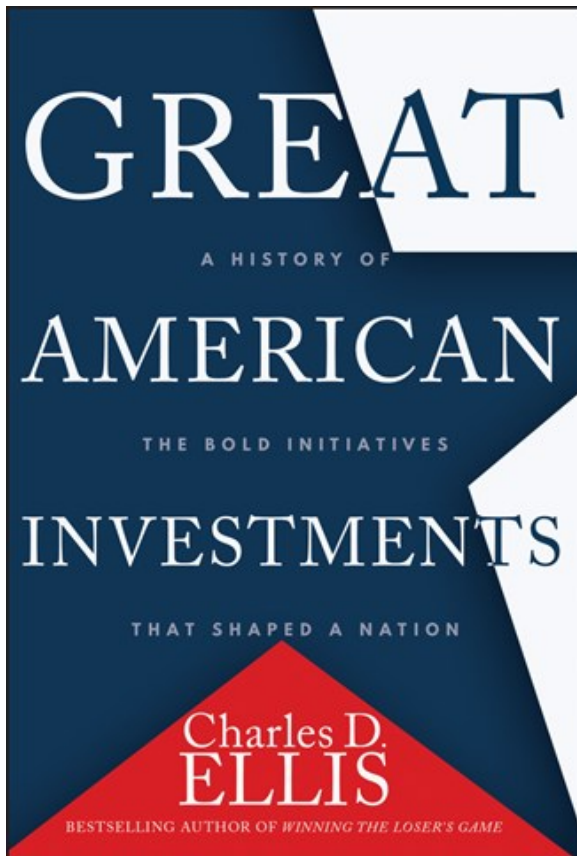
About the Author

BRENNAN SCHLAGBAUM is a veteran CPA living in Dallas, Texas and founder of Budgetdog Academy, an online financial academy helping people get financially fit and free from debt. After achieving financial freedom by 31, he now aims to help others achieve the same financial success.

Great American Investments

A History of the Bold Initiatives that Shaped a Nation

Charles D. Ellis



From the visionary Louisiana Purchase that doubled the nation's size to the National Parks that preserve its natural wonders, America's greatest achievements stem from bold decisions to invest in its future. This captivating collection reveals the fascinating stories behind the investments that transformed a young nation into a land of opportunity-Land Grant Colleges that democratized education, the National Institutes of Health that revolutionized medicine, NASA that reached the moon, Social Security that provided dignity in retirement, and more.

Each chapter brings to life the passionate advocates, unlikely coalitions, and dramatic turning points that made these investments possible despite political gridlock and public skepticism. These inspiring stories of persistence and vision reveal a powerful pattern: when America invests in its people, land, and future, everyone benefits. This accessible book reminds us that our greatest inheritance came from leaders who dared to think beyond the next election cycle-and shows us what's possible when we do the same.

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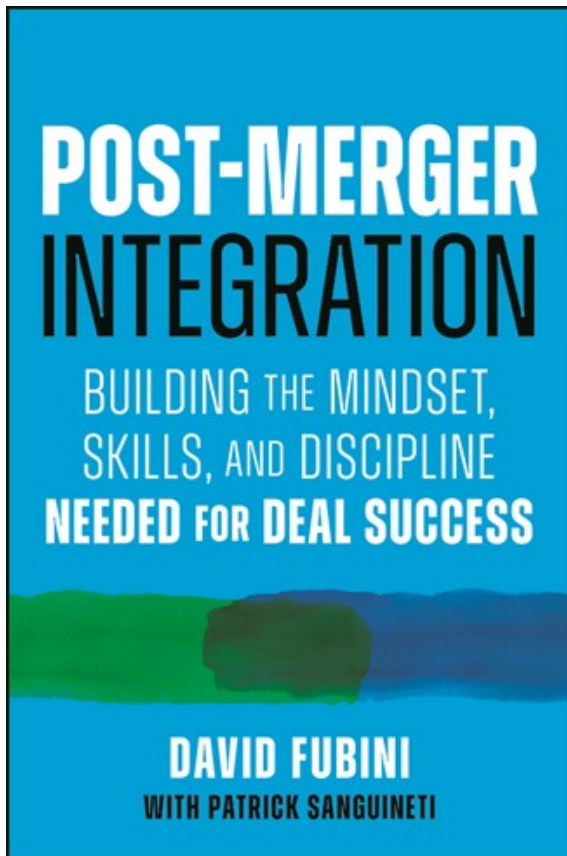
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CHARLES D. ELLIS, PHD, (Charles D. Ellis - Wikipedia) also known as "the wisest man on Wall Street," is an investment consultant and bestselling author who is passionate about delivering easy-to-understand investing wisdom to both individual and institutional investors. He is the founder of Greenwich Associates, an international strategic consulting firm with a focus on financial institutions and has taught advanced investing courses at Harvard and Yale.

Post-Merger Integration

Building the Mindset, Skills, and Discipline Needed for Deal Success

David Fubini



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Unlock the real driver of M&A success: post-merger integration that actually delivers value

In *Post-Merger Integration: Building the Mindset, Skills, and Discipline Needed for Deal Success*, David Fubini – a Senior Lecturer at Harvard Business School and former Senior Partner at McKinsey & Company – draws on four decades of experience leading dozens of the world's largest transactions to reveal why integration, not the deal itself, determines whether mergers create or destroy value. While hundreds of billions in anticipated synergies are lost annually to poor integration, Fubini shows leaders how to develop an Integration Mindset that will enable you to navigate the complex, nuanced reality of bringing two organizations together successfully.

This book skips the rigid playbooks and generic frameworks, choosing instead to serve as your trusted advisor. The author guides you through the critical considerations and generative questions that lead to tailored solutions for your deal. Through real-world case studies spanning staggering successes to disappointing failures, Fubini exposes the common traps that derail integrations and illuminates the foundational truths that define today's M&A champions:

- Why copy-paste integration approaches inevitably fail and how to create bespoke strategies that account for every deal's unique nuances
- How to maintain laser focus on your deal rationale throughout the integration process, avoiding the trap of competing priorities
- Practical frameworks for developing decisive leadership at every level of your merging organization
- Proven methods to identify and overcome the endemic traps that cause even experienced leaders to stumble
- Strategic approaches to bridge the knowing-doing gap and turn integration plans into realized value

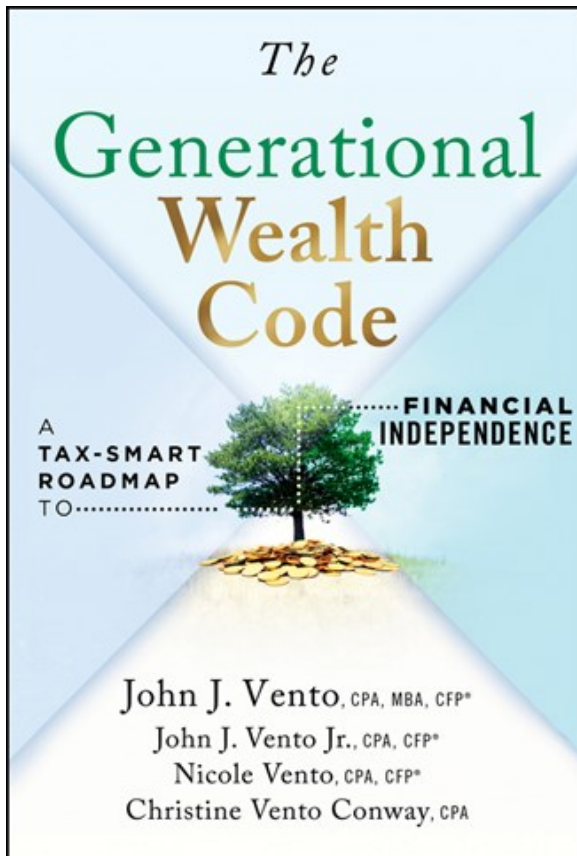
About the Author

David G. Fubini (Brookline, MA) is a Senior Lecturer and Henry B. Arthur Fellow in the Organizational Behavior Unit at Harvard Business School, where he also leads the Leading Professional Services Firm and Mergers & Acquisitions executive education programs. Prior to academia, he was a Senior Director of McKinsey & Company. Over his 34 years with the firm, David served as a Senior Director, the founder and Managing Director of the Boston Office, the leader of the North American Organization Practice, and as the founder and leader of the Worldwide Merger Integration Practice. In leading efforts for several dozens of the world's largest transactions and organizational turnaround efforts, he has helped clients

The Generational Wealth Code

A Tax-Smart Roadmap to Financial Independence

John J. Vento



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Build lasting wealth for yourself and your family through proven wealth creation principles

In *The Generational Wealth Code: A Tax-Smart Roadmap to Financial Independence*, four financial professionals, each with a distinct perspective shaped by their own stage of life and area of expertise, provide actionable guidance that helps you and your family create a legacy of wealth, stability, and opportunity.

Stagnant wages, crushing student loan debt, rising housing costs, and record levels of consumer debt have made it harder than ever for families to get ahead—this book helps readers become financially literate so that they can make the most informed decisions in all facets of their lives, and thrive at a time when many are simply trying to survive.

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About the Author

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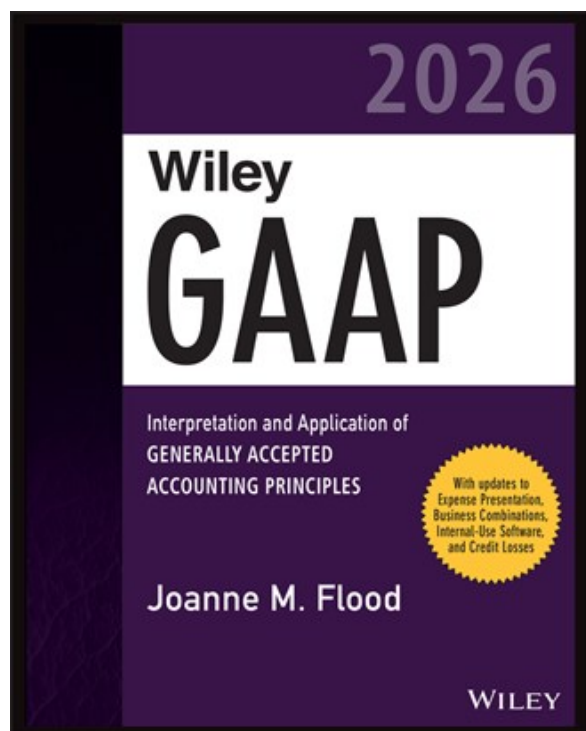
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About the Author

Joanne Flood, MBA, CPA, (Rockville Centre, NY) has accounting experience within both a Big 4 international firm and a small firm. She has worked as a senior manager in the AICPA's Professional Development group. Joanne received her MBA in Accounting Summa Cum Laude from Adelphi University. While in public accounting, she worked on major clients in retail, manufacturing, and finance and on small business clients in construction, manufacturing, and professional services. At the AICPA, she managed the development and wrote courses in the accounting and auditing product line. She also wrote and produced training materials in a wide variety of

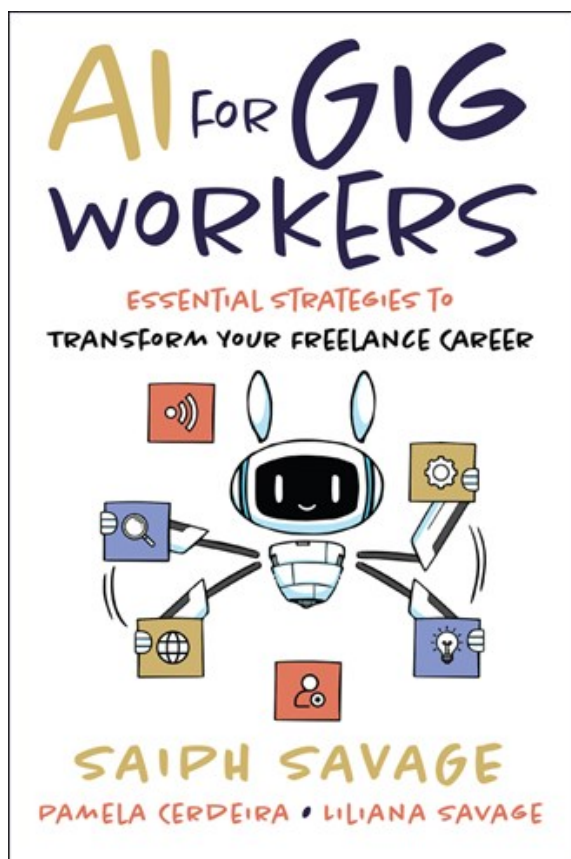
Computing & Technology



AI for Gig Workers

Essential Strategies to Transform Your Freelance Career

Saiph Savage



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A new, AI-powered compass for freelancers, gig workers, and contractors trying to navigate the gig economy

For many of us, working is no longer characterized by traditional employment contracts – with all their built-in protections and benefits – 9-to-5 schedules, and in-person workplaces. If you’re a gig worker, freelancer, or contractor, you’re probably more likely to experience confusing digital platforms, unpredictable income, inconsistent workloads, and confusing career paths. It’s not all bad, but it’s a complicated way to earn a living.

AI for Gig Workers: Essential Strategies to Transform Your Freelance Career is a one-of-a-kind strategy guide for gig workers, freelancers, and independent contractors interested in transforming the way they navigate the gig economy. It explains how to use the latest commercially available artificial intelligence-powered tools to solve common, serious, and even just-plain-annoying problems faced by workers in the new world of work.

The authors walk you through how to elevate your personal brand, lower your overhead, and avoid scams and common timewasters with AI tech that’s easy to implement immediately in your solo operation or small business. You’ll find hands-on exercises and real-world examples of the techniques discussed inside that illustrate exactly how they work.

Inside the book:

- A powerful combination of coherent gig work strategy and granular, hands-on solutions for the most grating freelance problems
- Specific techniques for implementing useful AI personal assistants that handle repetitive, time-consuming tasks
- How to write clear, structured prompts that will 10x your generative AI results in fields like writing, marketing,

About the Author

Dr. Saiph Savage (Boston, MA) is an esteemed expert in AI and human-computer interaction, specifically recognized for her pioneering work in worker empowerment and the gig economy. Her illustrious career is marked by accolades such as being named one of MIT Technology Review’s 35 Innovators Under 35 and one of Forbes’ Top 20 AI Leaders in Mexico. Dr. Savage’s research has concentrated on understanding the unique challenges faced by gig workers and developing AI-driven solutions to enhance their careers, making her uniquely qualified to write on this topic. As an Assistant Professor at Northeastern University’s Khoury College of Computer Sciences and the director of the Northeastern Civic AI Lab, Dr. Savage brings a rich

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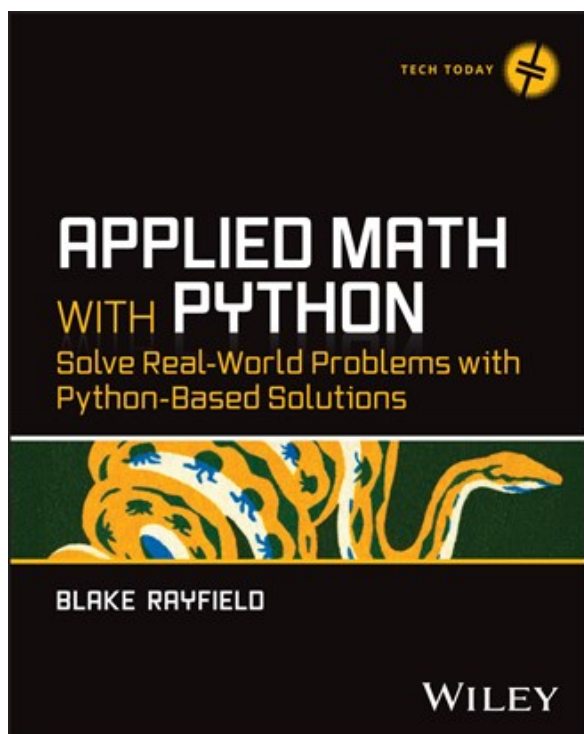
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Applied Math with Python

Solve Real-World Problems with Python-Based Solutions

Blake Rayfield



A step-by-step guide for using Python to transform abstract mathematical concepts into effective, on-the-ground scripts that solve real-world business problems

Applied Math with Python: Solve Real-World Problems with Python-Based Solutions is a detailed, step-by-step guide for business professionals, analysts, and data scientists interested in using Python to perform crucial organizational tasks: optimizing inefficient supply chains, calculating probabilities, forecasting financial performance, mining customer data for new insights, and more.

Author, researcher, and Assistant Professor of Finance at the University of North Florida, Blake Rayfield uses practical examples and hands-on exercises to explain how to combine concepts from optimization, probability, statistics, and other branches of mathematics with the Python language to solve difficult, common business problems. You'll discover how marketing managers can use Python to create useful customer segments, how to model revenue growth, and how to allocate limited resources in a product launch or expansion.

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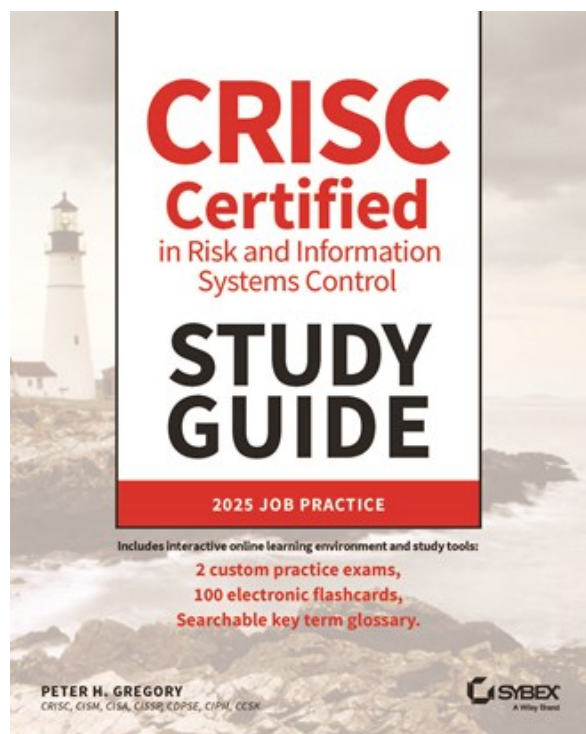
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About the Author

Blake Rayfield (Jacksonville, FL) is an Assistant Professor of Finance at the University of North Florida and a Fulbright Specialist. Dedicated to solving real problems and making an impact, Blake holds an M.S. in Financial Economics and a Ph.D. in Financial Economics from The University of New Orleans. His research has appeared in several peer-reviewed journals, including the *Journal of Financial Research*, *Quarterly Review of Economics and Finance*, and the *Review of Behavioral Finance*, among others.

CRISC Certified in Risk and Information Systems Control Study Guide

Peter H. Gregory



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About the Author

Peter H. Gregory (Quincy, WA), CISA, CISSP, CISM, CRISC, CDPSE, CIPM, DRCE, CCSK, A/CCRF, is a full-time freelancer and a former technology, cybersecurity, privacy leader, and the author of more than 50 cybersecurity and technology books, including *CISA All-In-One Exam Guide*, *CISSP For Dummies*, *CISM All-In-One Exam Guide*, and *The Art of Writing Technical Books*. He has written certification study guides for CISSP, CISA, CISM, CRISC, CIPM, CDPSE, and SCSA, and certification exam questions for CISA, CISSP, CRISC, CCSK, and A/CCRF. He is a member of CyberEdBoard, InfraGard, and the FBI Citizens Academy Alumni Association and resides in Central Washington State.

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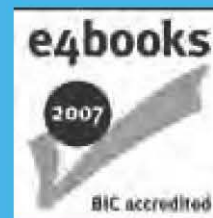
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