



WILEY

**WILEY EMEA
TRADE CATALOGUE**

March 2026

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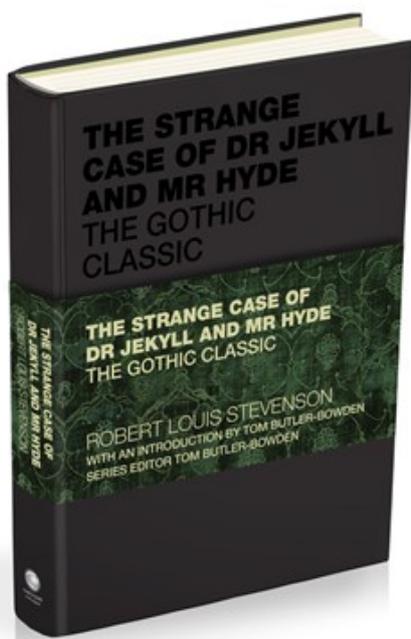
Capstone & Consumer



The Strange Case of Dr Jekyll and Mr Hyde

The Gothic Classic

Robert Louis Stevenson



[View on Edelweiss](#)

A chilling exploration of humanity's capacity for evil and the dark side of thoughtless curiosity

Exploring timeless themes of the duality of human nature, the tension between good and evil, and the consequences of tampering with the natural order, the *Strange Case of Dr. Jekyll and Mr. Hyde* remains one of the enduring classics of the gothic horror genre. This new Capstone Classics edition revisits Robert Louis Stevenson's much-loved novel, with a fresh Introduction that offers insights into its unforgettable characters.

The book follows the investigation conducted by Gabriel John Utterson, a legal expert based in London, as he explores the mysterious connection between his old friend, Dr. Henry Jekyll, and a murderer named Edward Hyde. As the true cause of the coincidences is brought into sharp relief, the book's characters are forced to reexamine their ideas of what it means to be good and the potential impacts of science and curiosity.

Inside the book:

- A tale of good, evil, and humanity that remains as relevant and gripping today as when first published
- A new introduction by Tom Butler-Bowdon that offers perspectives on Stevenson's themes and characters, his influences, and the times in which he was writing.

Perfect for everyone interested in one of the foundational stories of the gothic and science fiction traditions, this new Capstone Classics edition of *Strange Case of Dr. Jekyll and Mr. Hyde* is a must-read for fans of mysteries, thrillers, and horror fiction.

Capstone

Series: Capstone Classics

BISAC: Fiction

9781907326271

Hardcover

March 26, 2026

£14.99 | 17,99 € | \$18.99

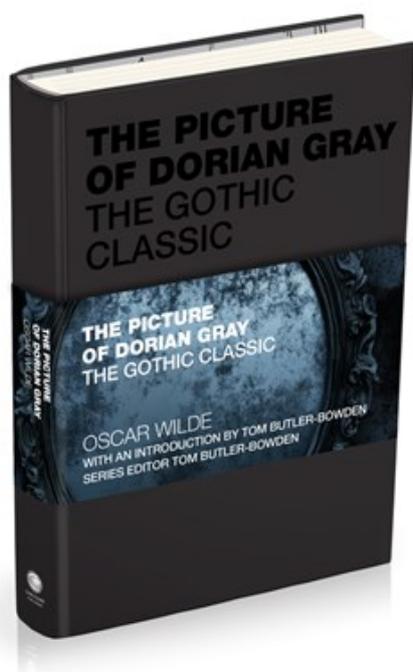
About the Author

Robert Louis Stevenson was born in Edinburgh in 1850. Chronically ill with bronchitis and possibly tuberculosis, Stevenson withdrew from Engineering at Edinburgh University in favour of Studying Law. Although he passed the bar and became an advocate in 1875, he knew that his true work was as a writer. Between 1876 and his death in 1894, Stevenson wrote prolifically. His published essays, short stories, fiction, travel books, plays, letters and poetry number in dozens. The most famous of his works include *Travels With A Donkey in the Cevennes* (1879), *New Arabian Nights* (1882), *Treasure Island* (1883), *The Strange Case of Doctor Jekyll and Mr Hyde* (1887), *Thrawn Janet* (1887) and *Kidnapped* (1893).

The Picture of Dorian Gray

The Gothic Classic

Oscar Wilde



A timeless story of beauty, hedonism, and morality

A new addition to the widely read Capstone Classics series, *The Picture of Dorian Gray: The Gothic Classic*, by Oscar Wilde, explores the brutal consequences of hedonism, loose morals, and an obsessive focus on beauty and pleasure. Wilde's novel follows a young man, Dorian Gray, who becomes infatuated with his own beauty as it is captured in a portrait by artist Basil Hallward.

Dorian's physical beauty endures through the years as his picture grows ever more grotesque. The portrait becomes a window into his soul, withering and decaying as he pursues a hollow life, devoid of meaningful achievement or virtue.

One of the great Victorian Gothic novels, *The Picture of Dorian Gray* is as insightful and gripping as when first published.

This deluxe hardback Capstone edition includes a new Introduction by Tom Butler-Bowdon that offers historical and cultural context for the modern reader and provides deeper insights into the text.

Perfect for every fan of literature – or simply those looking for their next great story – *The Picture of Dorian Gray* is an unmissable classic in the tradition of horror, gothic, dark, and supernatural fiction.

[View on Edelweiss](#)

Capstone

Series: Capstone Classics

BISAC: Fiction

9781907326226

Hardcover

March 26, 2026

£14.99 | 17,99 € | \$18.99

About the Author

Oscar Wilde (born October 16, 1854, Dublin, Ireland-died November 30, 1900, Paris, France) was an Irish wit, poet, and dramatist whose enduring fame rests on his only novel, *The Picture of Dorian Gray* (1891), and on his comic masterpieces *Lady Windermere's Fan* (1892) and *The Importance of Being Earnest* (1895). Wilde was a spokesman for the late 19th-century Aesthetic movement in England, which advocated art for art's sake. He was also known for his flamboyant style and sharp wit, which made him a popular figure in London's social and artistic circles. However, his career was marred by scandal when he was imprisoned for homosexual acts in 1895. After his release, Wilde lived in straitened circumstances and died at the age

Good Girl, Goodbye

Caitlin Judd

A recovery guide for perfectionists, people-pleasers and over-achievers.

You've spent years being the good girl: saying yes when you mean no, shrinking yourself to make others comfortable and prioritising everyone else's needs. Our conditioning to be 'good' runs deep. As children, we're praised for being polite, quiet and well-behaved. In the workplace, we're rewarded for compliance over confidence. The result? Chronic burnout, buried resentment - and a feeling that you're constantly performing for other people, rather than living authentically as yourself.

In *Good Girl, Goodbye*, co-founder of lady-brains Caitlin Judd offers a bold roadmap to unlearn the patterns keeping you small. Drawing from positive psychology and her coaching work with thousands of women, Judd shows you how to set fierce boundaries and design a life aligned with your true values. Being 'bad' isn't about becoming selfish - it's about becoming whole.

Discover how to:

- Identify the 12 Good Girl archetypes sabotaging your success
- Say no without guilt and set healthy boundaries
- Stop sacrificing your truth to keep others comfortable
- Reject imposter syndrome to reclaim your voice, values and personal power
- Use practical tools and a proven change framework to redesign success on your own terms.

[View on Edelweiss](#)

Good Girl, Goodbye is for the women who are tired of chasing gold

Wiley

BISAC: *Self-Help*

9781394389360

Paperback

March 19, 2026

£15.95 | 18,95 € | \$21.95

About the Author

Caitlin Judd is an expert coach, consultant, and the founder of lady-brains, a high-impact community and award-winning podcast with almost one million downloads, dedicated to helping female-identifying entrepreneurs start and scale their businesses.

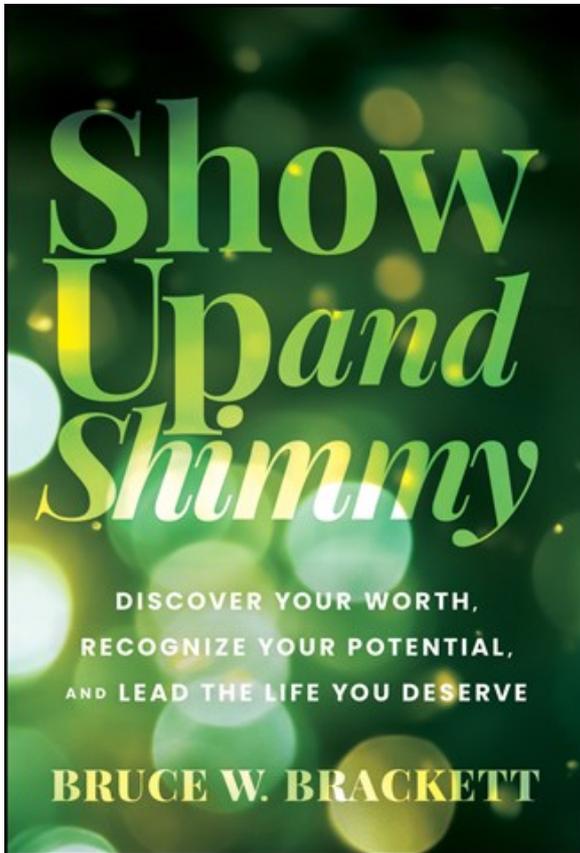
With a background in marketing, media, and positive psychology, Caitlin is a sought-after business, leadership, and wellbeing mentor, known for her strengths-based approach that champions women to thrive across all areas of life.?

She's also an experienced facilitator, host, and MC, with a proven

Show Up and Shimmy

Discover Your Worth, Recognize Your Potential, and Lead the Life You Deserve

Bruce W. Brackett



Many have simply started to surrender and give up on their life and ambitions. This book picks up where Bruce left off to remind them of their inherent worth, the value they possess, and their unique ability to engage with the world and their fellow humans. It threads the simple positive affirmations Brackett is known for through an unflinching look at the challenging details of his life story. With my simple slogans "Negativity Be Gone", "Grab my hands, Breathe" and "Here's a Cup Of Love", Brackett will help readers focus on the positive and "Keep Moving Forward"! The book will navigate the waters of Bruce's crystal meth addiction and alcoholism and all he did to combat addiction. It will also dive deep into the successes of staying sober. Bruce made it to Off Broadway, met the love of his life, runs a successful business in New York City, among other successes. The book will also discuss death and navigating the loss of loved ones. In essence, this book focuses more on self help to show others that they can overcome, recover, and have a fulfilling life.

[View on Edelweiss](#)

Wiley

BISAC: *Body, Mind & Spirit*

9781394309887

Hardcover

March 24, 2026

£22.99 | 26,00 € | \$28.00

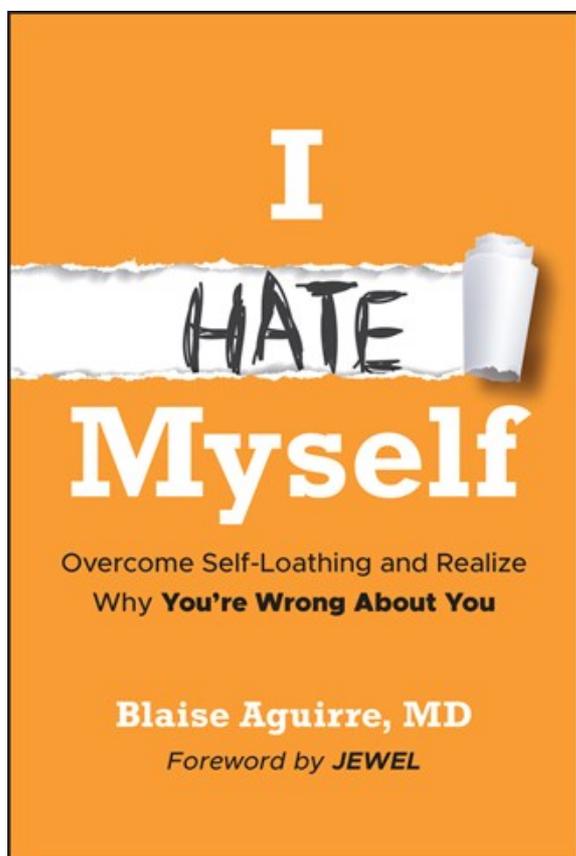
About the Author

Bruce W. Brackett (TikTok | Instagram | Pocono Pines, Pennsylvania) is a certified motivational speaker and social media personality, creating mental health and positivity content. Having overcome physical, sexual, verbal abuse, neglect, bullying, and emotional trauma as well as mental and physical health diagnoses, developmental disabilities, and addiction diseases, Bruce has transformed his daily existence and continues to share his message of positivity and hope with those who are experiencing similar challenges.

I Hate Myself

Overcome Self-Loathing and Realize Why You're Wrong About You

Blaise Aguirre



Learn to understand the unaddressed symptom of mental health

In *I Hate Myself: Overcome Self-Hatred and Realize Why You're Wrong About You*, internationally known Assistant Professor of Psychiatry at Harvard Medical School Dr. Blaise Aguirre tackles the pervasive and often ignored issue of self-hatred. This book provides crucial insights into identifying and overcoming this deeply disturbing feeling, explaining why common practices of "self-care" or "self-love" often fall short in cases where self-hatred has become an integral part of a person's identity.

Dr. Aguirre shares compelling first-hand accounts from patients who have battled and conquered self-hatred, revealing the severe impact this feeling has on people from all walks of life and their loved ones. The book delves into the roots of self-hatred, associated mental health disorders, and offers practical strategies for overcoming these challenges.

In the book, you will:

- Learn to identify the origins and signs of self-hatred
- Understand the connection between self-hatred and suicidal behavior as well as to co-occurring disorders like borderline personality disorder and depression
- Discover effective strategies for transforming self-loathing into self-compassion

Perfect for those struggling with self-hatred and their loved ones, as well as mental health professionals, *I Hate Myself* offers a compassionate and practical approach to achieving self-acceptance. Start your journey towards healing today and embrace the self-worth you deserve.

[View on Edelweiss](#)

Wiley

BISAC: *Psychology*

9781394369331

Paperback

January 28, 2026

£17.00 | 20,00 € | \$22.00

About the Author

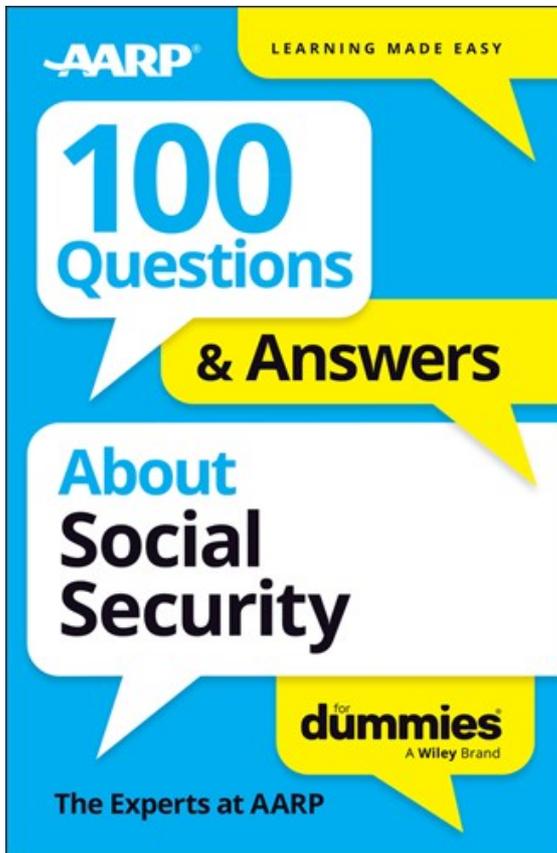
BLAISE AGUIRRE is Assistant Professor in Psychiatry at Harvard Medical School in the Department of Psychiatry. He is a child and adolescent psychiatrist and the founding Medical Director of the 3East dialectical behavior therapy continuum of care at Harvard affiliated McLean Hospital. He is also the author of *Coping with BPD*, *Mindfulness for Borderline Personality Disorder*, *DBT for Dummies*, and *Borderline Personality Disorder in Adolescents*.

Dummies



100 Questions & Answers About Social Security For Dummies

The Experts at AARP



[View on Edelweiss](#)

Everything You Want to Know About Social Security: A Q&A Guide

100 Questions & Answers About Social Security For Dummies is a clear and straightforward compilation of answers to your most important Social Security questions. The book offers you all the info you need to make the best financial and lifestyle decisions you can as you make your way around the often complicated details of the Social Security program.

From explanations of the benefits to which you're entitled to eligibility criteria and benefits application processes, this question-and-answer guide puts the expert-confirmed info you need right now at the tips of your fingers.

A clearly organized table of contents makes it easy for you to jump directly to the section most relevant to your situation, and the included answers are precise and careful discussions of key aspects of Social Security.

Get answers to your most pressing questions including:

- How do I apply for Social Security benefits?
- How do I qualify for Social Security disability benefits?
- How do I apply for Social Security survivor benefits?
- How are Social Security benefits calculated?

An indispensable, inexpensive resource for retirees, people with disabilities, and the survivors of deceased workers, *100 Questions & Answers About Social Security For Dummies* is also perfect for people getting ready for retirement and their loved ones.

For Dummies

BISAC: *Business & Economics*

9781394380527

Paperback

March 10, 2026

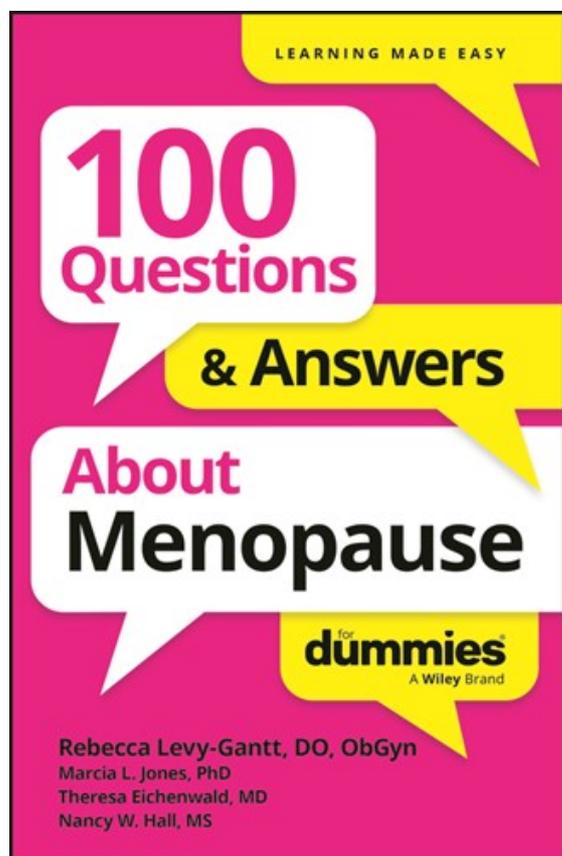
£11.99 | 12,90 € | \$14.99

About the Author

From the Experts at AARP: AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age. They have nearly 38 million members. At its heart, the work that AARP and its affiliates do can be summed up in just 12 words: "We fight for and equip each individual to live their best life." For Dummies have several titles in partnership with AARP, including the *Medicare For Dummies* and *Social Security For Dummies* series.

100 Questions & Answers About Menopause For Dummies

Rebecca Levy-Gantt



Everything You Want to Know About Menopause: A Q&A Guide

If you are experiencing menopause or simply want to gain a better understanding of this natural phase of life, look no further. **100 Questions & Answers About Menopause For Dummies** is your complete guide to understanding the causes, signs, and diagnosis of menopause. This book contains everything you've been wanting to know about what causes menopause and how it can be managed with medical treatments and lifestyle changes.

Designed to be straightforward, this book gets right to the point with short, easy-to-absorb sections. This allows you to quickly find the information you need to support your health and well-being. Get answers to your most pressing questions including:

- What are the common symptoms of menopause?
- What is perimenopause and how is it different from menopause?
- What are the best ways to manage weight during menopause?
- How long do menopause symptoms last?

For anyone looking for no-nonsense information on menopause, as well as anyone helping someone else navigate it, *100 Questions & Answers About Menopause For Dummies* is a handy, low-pressure place to start.

[View on Edelweiss](#)

For Dummies

BISAC: Health & Fitness

9781394369690

Paperback

March 10, 2026

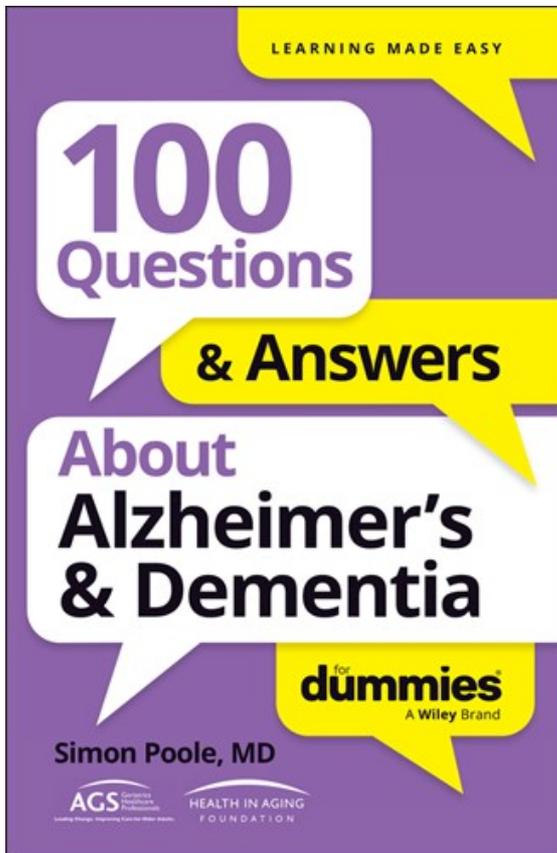
£11.99 | 12,90 € | \$14.99

About the Author

Dr. Rebecca Levy-Gantt (Napa, CA) is an obstetrics and gynecology specialist with her own Ob/Gyn practice and over 30 years of experience. Rebecca is a Nationally Certified Menopause Practitioner who provides comprehensive reproductive health care to women of all ages. Her areas of expertise include menopause, perimenopause and hormonal management. She is the author of the book, "Womb With A View" (Woodrunner Press, 2020), a book that provides a look into the life of an Ob/Gyn in training and in practice.

100 Questions & Answers About Alzheimer's & Dementia For Dummies

Simon Poole



Your Handy Reference for Alzheimer's & Dementia: Popular Questions and Answers

If you or a loved one is dealing with Alzheimer's or dementia, or if you simply want to gain a better understanding of these conditions, look no further. **100 Questions & Answers About Alzheimer's & Dementia For Dummies** is your complete guide to understanding the causes, signs, and diagnosis of these cognitive disorders. This book contains everything you've been wanting to know about what causes Alzheimer's and dementia and how they can be managed with medical treatments and lifestyle changes.

Designed to be straightforward, this book gets right to the point with short, easy-to-absorb sections. This allows you to quickly find the information you need to support your health and well-being. Whether you prefer to read all the Q&As or jump around to specific topics, this guide is structured to expand your knowledge efficiently.

- Get reliable information on all aspects of Alzheimer's and other causes of dementia
- Discover management strategies and coping tips that can help with quality of life
- Get clear, concise information on how dementia is related to other conditions
- Return to this reliable resource again and again when you have questions

For anyone diagnosed with dementia or supporting a loved one with a diagnosis, *100 Questions & Answers About Alzheimer's and Dementia For Dummies* is a reliable, low-pressure place to start.

[View on Edelweiss](#)

For Dummies

BISAC: Health & Fitness

9781394368617

Paperback

March 10, 2026

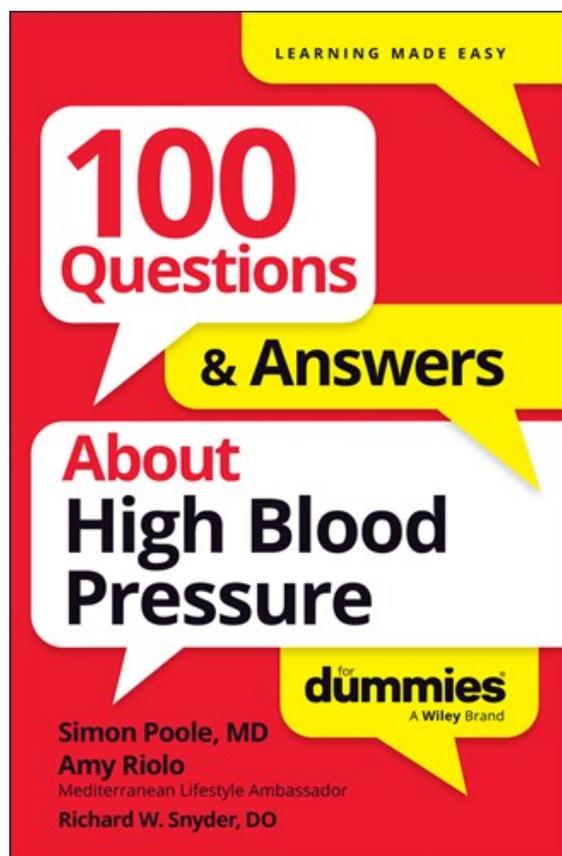
£11.99 | 12,90 € | \$14.99

About the Author

About the American Geriatrics Society Founded in 1942, the American Geriatrics Society (AGS) is a nationwide, not-for-profit society of geriatrics healthcare professionals dedicated to improving the health, independence, and quality of life of older people. Its nearly 6,000 members include geriatricians, geriatric nurses, social workers, family practitioners, physician assistants, pharmacists, and internists. The Society provides leadership to healthcare professionals, policymakers, and the public by implementing and advocating for programs in patient care, research, professional and public education, and public policy.

100 Questions & Answers About High Blood Pressure For Dummies

Simon Poole



Everything You Want to Know About High Blood Pressure: A Q&A Guide

100 Questions & Answers About High Blood Pressure For Dummies contains everything you've been wanting to know about what causes hypertension and how it can be treated with medication and lifestyle changes. This budget-friendly book gets right to the point, with short, easy-to-absorb sections, so you can focus on getting the information you need to stay healthy. Read all the Q&As or jump around as needed to expand your knowledge. You'll learn about the risk factors, medical consequences, and treatment plans for hypertension, plus foods that can lower your blood pressure and keep you on the path to a long life. Get answers to your most pressing questions including:

- What is high blood pressure?
- What causes high blood pressure?
- What are the symptoms of high blood pressure?
- How can high blood pressure affect your health?

For anyone at risk for or diagnosed with hypertension, as well as those helping someone else through it, *100 Questions & Answers About High Blood Pressure For Dummies* is an easy place to start.

[View on Edelweiss](#)

For Dummies

BISAC: Health & Fitness

9781394368648

Paperback

March 10, 2026

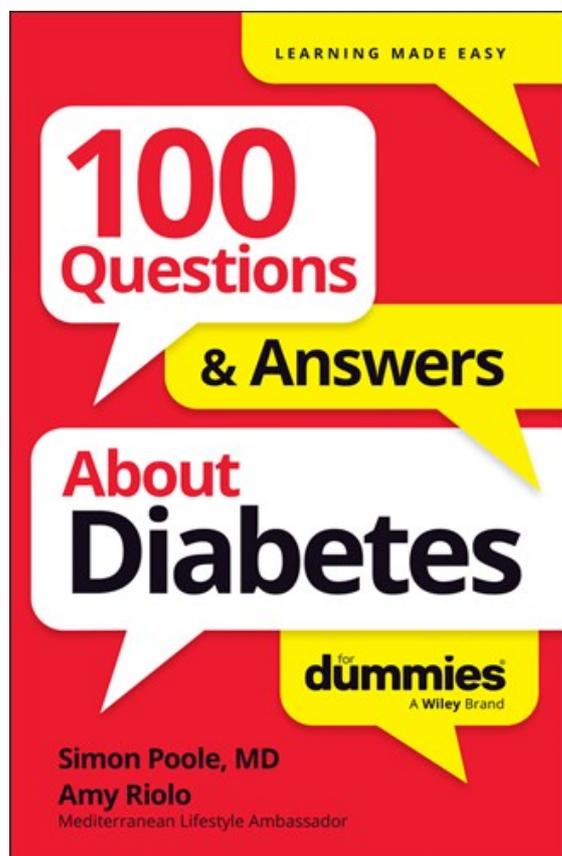
£11.99 | 12,90 € | \$14.99

About the Author

Richard W Snyder, DO, (Easton, PA) is a Board-Certified Internist and Nephrologist (kidney specialist) who has been evaluating and treating high blood pressure for the past twenty years. In addition to extensive clinical experience, he's been involved in graduate medical education for past two decades, including teaching aspects of hypertension and renal physiology to medical students. He served as a Program Director for an Internal Medicine Residency program. He is the co-author of *Medical Dosage Calculations For Dummies* and author of *High Blood Pressure For Dummies, 3e*. Dr. Snyder has been involved in the clinical practice of nephrology and hypertension since 2004.

100 Questions & Answers About Diabetes For Dummies

Simon Poole



Everything You Want to Know About Diabetes: A Q&A Guide

If you have diabetes or simply want to gain a better understanding of this condition, look no further. **100 Questions & Answers About Diabetes For Dummies** is your complete guide to understanding the causes, signs, and diagnosis of hypertension. This book contains everything you've been wanting to know about what causes high diabetes and how it can be managed with diet, medication, and lifestyle changes.

Designed to be straightforward, this book gets right to the point with short, easy-to-absorb sections. This allows you to quickly find the information you need to stay healthy. Whether you prefer to read all the Q&As or jump around to specific topics, this guide is structured to expand your knowledge efficiently. Get answers to your most pressing questions including:

- Can diabetes be prevented?
- What are the different types of diabetes?
- What causes diabetes?
- What are the symptoms of diabetes?

For anyone diagnosed or at risk for diabetes, as well as anyone helping someone else manage it, *100 Questions & Answers About Diabetes For Dummies* is a handy, low-pressure place to start.

[View on Edelweiss](#)

For Dummies

BISAC: *Medical*

9781394368884

Paperback

March 10, 2026

£11.99 | 12,90 € | \$14.99

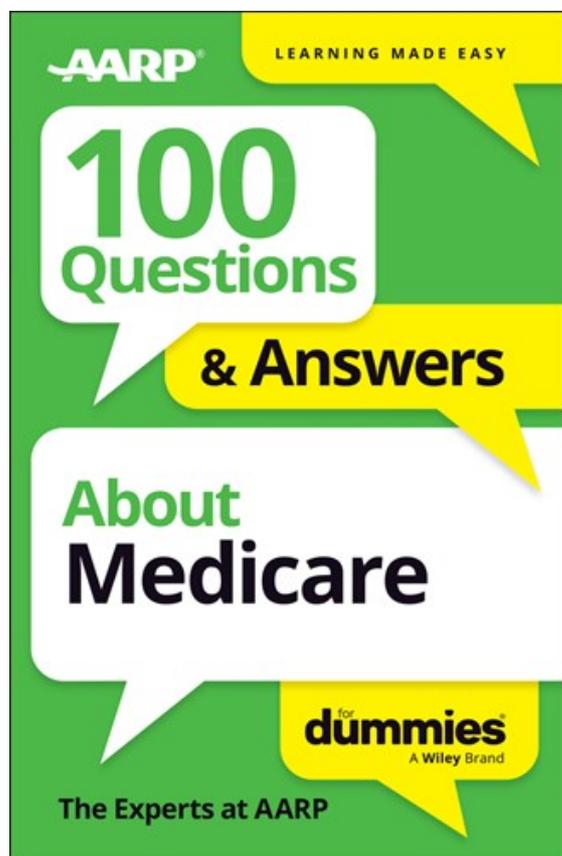
About the Author

Dr. Simon Poole (Cambridge, UK) With more than 30 years' experience as a medical doctor, teacher and researcher in Cambridge, Simon is widely published in the media, radio and TV, and academic journals. He is the author of award-winning books including *The Olive Oil Diet*, *The Real Mediterranean Diet*, *Diabetes for Dummies*, among others. Poole is a Senior International Collaborator with the Global Centre for Nutrition and Health in Cambridge and was honored with Fellowship of the British Medical Association for services to the profession and public health.

Amy Riolo (Gaithersburg, MD) is a best-selling author, award-

100 Questions & Answers About Medicare For Dummies

The Experts at AARP



Everything You Want to Know About Medicare: A Q&A Guide

100 Questions & Answers About Medicare For Dummies is a focused and accurate collection of easy-to-read answers to your most pressing Medicare questions. The book empowers you to make the best healthcare decisions you can as you navigate the occasionally complex details of the Medicare program. From explanations of the different parts of Medicare to enrollment processes and eligibility requirements, this question-and-answer guide offers expert-vetted info you can put to use immediately.

The included answers are clearly organized so you can jump right to the sections relevant to you, whether you're trying to navigate prescription drug coverage or understand your rights and obligations during an extended hospital stay. The authors precisely and carefully discuss the key aspects of Medicare, enabling you to protect your health and the health of your loved ones. Get answers to your most pressing questions including:

- Who is eligible for Medicare?
- How do I enroll in Medicare?
- What is Medicare Part B?
- Does Medicare cover prescription medications?

Perfect for newly diagnosed patients and their loved ones, relatives, and caregivers, *100 Questions & Answers About Medicare For Dummies* is a crystal-clear, reliable, and inexpensive collection of the Medicare info you need right now.

[View on Edelweiss](#)

For Dummies

BISAC: *Medical*

9781394380497

Paperback

March 10, 2026

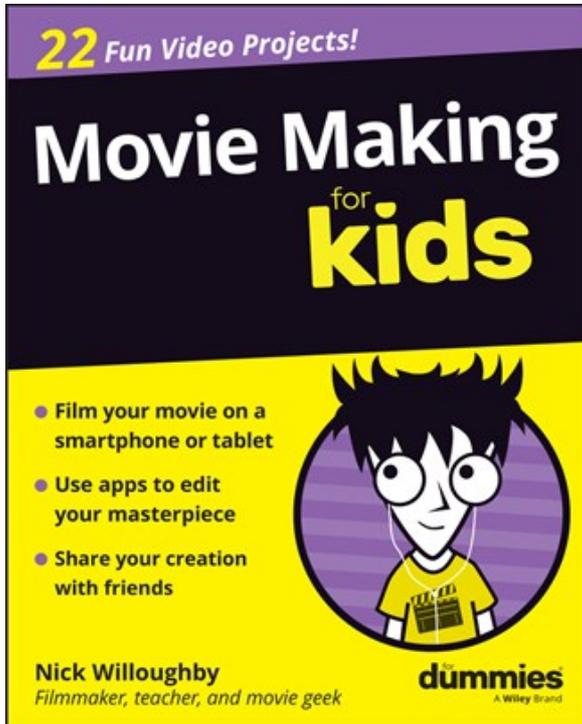
£11.99 | 12,90 € | \$14.99

About the Author

From the Experts at AARP: AARP is a nonprofit, nonpartisan organization that empowers people to choose how they live as they age. They have nearly 38 million members. At its heart, the work that AARP and its affiliates do can be summed up in just 12 words: "We fight for and equip each individual to live their best life." *For Dummies* have several titles in partnership with AARP, including the *Medicare For Dummies* and *Social Security For Dummies* series.

Movie Making For Kids For Dummies

Nick Willoughby



Discover what it takes to be a movie maker!

Do you have a smartphone and a bit of spare time? Feel like making a movie? *Movie Making For Kids For Dummies*, by experienced director and filmmaking teacher Nick Willoughby, walks you through the basics of creating a movie. Explore the process from start to finish, from pulling together the necessary equipment (which is cheaper and more available than ever!) to shooting and editing.

Willoughby shows you how to film with just your smartphone or your tablet and how to use app-based tools for both filming and editing. You'll learn how to capture sound, light your scenes, and stabilize your shots with widely available accessories. You'll also discover:

- How to share your movie with family and friends
- Step-by-step guides at the end of each chapter to create your own content
- Complimentary access to interactive content and downloadable resources

Great for kids at filmmaking camps, classes, and courses, *Movie Making For Kids For Dummies* is also a fantastic book for parents and teachers of kids who want to get into filmmaking.

[View on Edelweiss](#)

For Dummies

BISAC: *Juvenile Nonfiction*

9781394391684

Paperback

March 31, 2026

£21.99 | 25,99 € | \$29.99

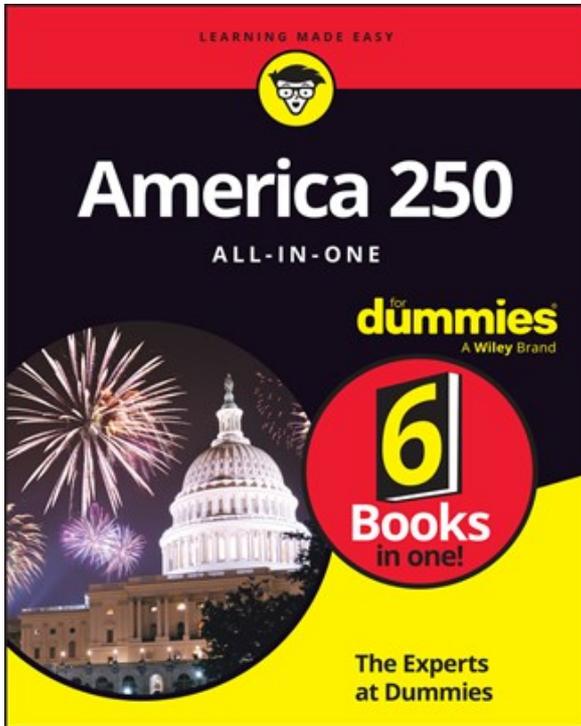
Previous Edition: 9781119027409

About the Author

Nick Willoughby (Basingstoke, UK) heads Filmmaking For Kids and Film Future, a pair of programs designed to teach kids aged 7-16 the various aspects of filmmaking. The program operates one-day to ten-week courses and has produced films that were shared in global film festivals.

America 250 All-In-One For Dummies

The Experts at Dummies



Discover (or rediscover!) America's history and how it's shaped the United States today

On July 4, 2026, the United States is going to celebrate its semi-quincentennial—the 250 years since the signing of the Declaration of Independence. There are going to be fireworks, parties, celebrations, commemorations of extraordinary parts of American history, reflections on what it means to be American today, and much more.

America 250 All-In-One For Dummies is an informative and thorough walkthrough of the America of yesterday, today, and tomorrow. You'll discover America's history, how you fit into a country that's always changing and transforming, and how you can invoke this change and inspire generations to come.

Inside:

- Accurate descriptions of key moments from America's past and how these moments impact the lives of Americans today
- Explorations of the histories and cultures of specific groups of Americans and how they've contributed to the development of the United States
- In-depth coverage of the people and events that influenced the structure and foundation of America—including a focus on government and politics.

For everyone who wants to understand the past, present, and future of the United States, or anyone who's interested in how American became the country it is now, *America 250 All-In-One For Dummies* is a comprehensive walkthrough you can trust.

[View on Edelweiss](#)

For Dummies

BISAC: *History*

9781394410002

Paperback

March 17, 2026

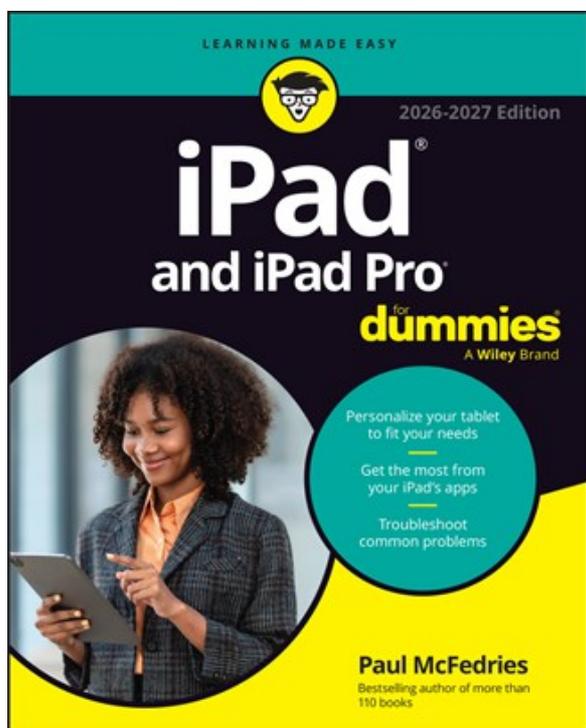
£30.99 | 34,20 € | \$39.99

About the Author

Features content from: *The '60s For Dummies* (Brian Cassity - Hawaii & Maxine Levaren - San Diego, CA); *World War II For Dummies, REFRESH* (Keith Dickson - Virginia Beach, VA); *Lessons From the Great Depression For Dummies* (Steve Wiegand - Sun City West, AZ); *Politics For Dummies, 3rd Edition* (Ann M DeLaney - Indianapolis, IN); *Political Science For Dummies* (Marcus Stadelmann - Bullard, TX); *Running For Local Office For Dummies* (Dan Gookin - Coeur d'Alene, ID); *Climate Change For Dummies* (Elizabeth May - Vancouver, ON & John Kidder - Vancouver, BC); *U.S. Citizenship For Dummies, 2nd Edition* (Jennifer Gagliardi - San Jose, CA); *The Titanic For Dummies* (Stephen Spignesi - East Haven, CT); *American Revolution For Dummies* (Steve Wiegand);

iPad and iPad Pro For Dummies

Paul McFedries



Transform your iPad into a powerhouse of fun and productivity

Ready to unlock everything your iPad can do? This updated edition of *iPad & iPad Pro For Dummies* takes you from casual user to confident iPad pro in no time! Explore the world's most popular tablet and discover useful features you never knew existed alongside exciting new capabilities. Whether you're taking photos, organizing your day, or streaming your favorite shows, this guide gives you practical tips you can use immediately. Discover how to:

- Customize settings to save you time and effort every day
- Leverage Apple Intelligence—let AI handle the boring stuff so you can focus on what matters
- Stay connected with friends and family through email, text, FaceTime, and more
- Create and edit photos and videos with confidence

From first-time iPad owners to experienced users looking for new tricks, *iPad & iPad Pro For Dummies* is your step-by-step guide to getting more from your tablet.

[View on Edelweiss](#)

For Dummies

BISAC: *Computers*

9781394374489

Paperback

March 31, 2026

£23.99 | 27,99 € | \$31.99

Previous Edition: 9781394241286

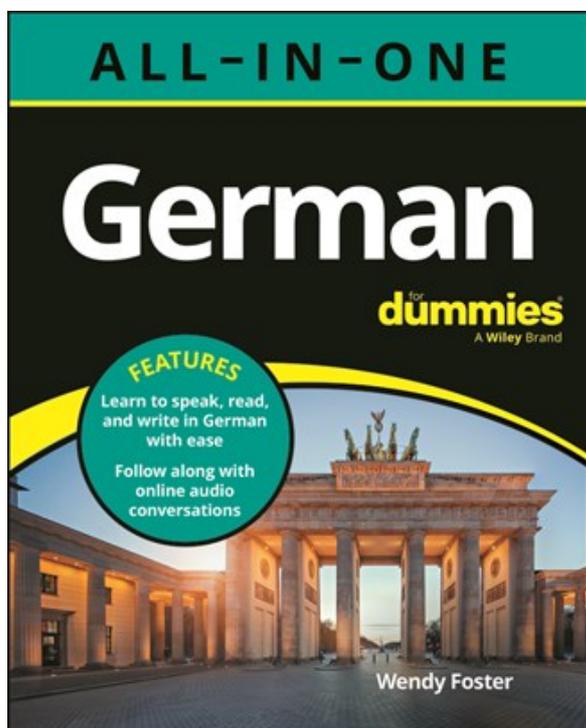
About the Author

PAUL MCFEDRIES (Ontario, Canada) has worked with, programmed, and, yes, talked to computers large and small since 1975. Although he's now primarily a writer, Paul has worked as a programmer, consultant, database developer, and website developer. He has written more than 100 books that have sold more than four million copies worldwide.

German All-In-One For Dummies, 2nd Edition

(with audio online!)

Wendy Foster



An easy and intuitive guide to basic German that will have you speaking Deutsch in no time

Looking for a fun, easy, and accurate guide to conversational German? *German All-In-One For Dummies, 2nd Edition* provides helpful guidance on German grammar, vocabulary, rules, structure, and conventions that will get you fully up-to-speed on the German language. This book gets you ready to communicate in German in a ton of everyday situations: at work, on a trip, and online.

German All-In-One For Dummies, 2nd Edition pairs perfectly with in-class German instruction, app-based language learning, and solo study—quickly and reliably improving your German. Plus, you'll get complimentary access to online audio resources that cover common German conversations!

Inside:

- A huge collection of German vocabulary, including words, common phrases, and grammar
- Practical solutions to common roadblocks and frustrations encountered by beginning German speakers
- Exercises to help you practice the German lessons in the book

German All-In-One For Dummies, 2nd Edition is perfect for anyone looking to brush up on the fundamentals before a work trip, vacation, or just for fun.

[View on Edelweiss](#)

For Dummies

BISAC: *Language Study*

9781394393084

Paperback

March 10, 2026

£30.99 | 34,20 € | \$39.99

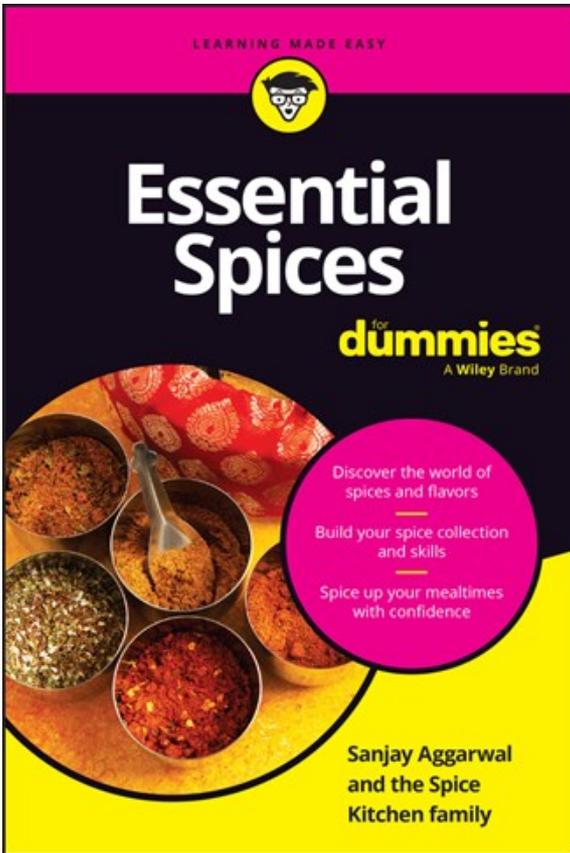
Previous Edition: 9781118491409

About the Author

Wendy Foster (Gloucester, MA) loves languages. She fell in love with German language and culture while studying abroad in France. After graduating with the intent to teach French, she was pulled back to Germany by her love of the Alps. She then spent 30 years in Munich studying German and intermittently bouncing to Paris to complete her MA in French. Later, she lived in Spain and immersed herself in Spanish language and culture. She's now a polyglot living in New England. She's the author of *German For Dummies*, *German Workbook For Dummies*, and more.

Essential Spices For Dummies

Sanjay Aggarwal



Add flavor and wellness to every meal with the power of essential spices

Spices can add a flavorful kick to your food, and they can also add nutritional value, improve gut health, boost immunity, and beyond. *Essential Spices For Dummies* teaches you how to store and care for your spices, learn their flavor profile, and more! Peppered with tips and ideas for using spices to transform your diet, this book offers more than 50 simple, vibrant recipes that also teach the history, culture, and benefits of spices. Sometimes, just a pinch of spice can multiply the antioxidant power of your meals—even if you've never cooked before. This fun Dummies guide makes it easy to harness the health benefits of everyday spices from around the world.

- Learn how spices can transform simple dishes into delicious, nutrient-packed meals that support longevity and well-being
- Try more than 50 simple, vibrant, healthy recipes that can improve long-term health
- Dive into the rich history and cultural significance of spices
- Stock your spice rack with high-quality spices that will stay fresh

You can improve your health without making complex dietary changes and perk up your palate thanks to *Essential Spices For Dummies*.

[View on Edelweiss](#)

For Dummies

BISAC: *Cooking*

9781394370566

Paperback

March 24, 2026

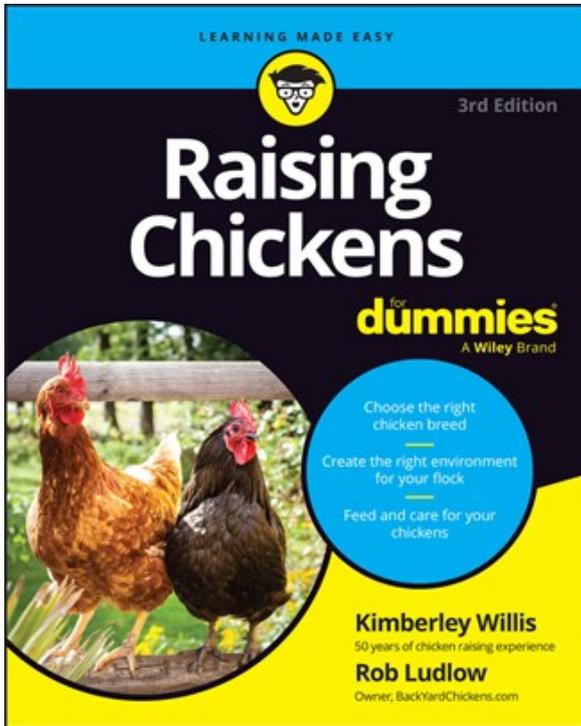
£20.99 | 23,99 € | \$27.99

About the Author

Sanjay Aggarwal (Liverpool, UK), co-founder of Spice Kitchen, has transformed his passion for spices into a thriving platform that educates and inspires food enthusiasts. With a strong presence on social media, including 32K newsletter subscribers, 13.5K Instagram followers, and 6.4K Facebook followers, Spice Kitchen has become a go-to resource for those eager to learn about the historical significance, health benefits, and culinary uses of spices. Sanjay's expertise is further showcased through his regular public speaking engagements and panel appearances within the food industry, positioning him as a leading expert in the UK.

Raising Chickens For Dummies, 3rd Edition

Kimberley Willis



Raise healthy and happy chickens

Raising Chickens For Dummies, 3rd Edition shows you exactly how to get started on your own or improve the way you already raise your flock. The book gives you down-to-earth and easy-to-implement suggestions for raising healthy chickens in a sustainable and environmentally friendly way.

You'll learn all about the different breeds of chicken, how to build and maintain your coops, relevant trends in chicken farming, and the essential products and technology that makes the process of raising chickens smooth and rewarding. You'll also find the critical safety and health info you need to keep yourself, your family, and your animals safe from disease and harm.

Inside:

- Must-know guidance on breeds of chickens and how they interact with one another
- Easy-to-follow info about preventing diseases that are transmitted to and by poultry and how to address health problems in your flock
- Helpful products and tech that keep your chicks warm, supplement your chicken feed with nutrients, and protect or automate your chicken coops

A must-read guide for new and aspiring chicken enthusiasts everywhere, *Raising Chickens For Dummies, 3rd Edition* is a fun, organized, and up-to-date resource that's packed with the most useful info you can apply immediately to raise chickens on your farm or even in your backyard!

[View on Edelweiss](#)

For Dummies

BISAC: *Technology & Engineering*

9781394402144

Paperback

March 31, 2026

£19.99 | 22,99 € | \$26.99

Previous Edition: 9781119675921

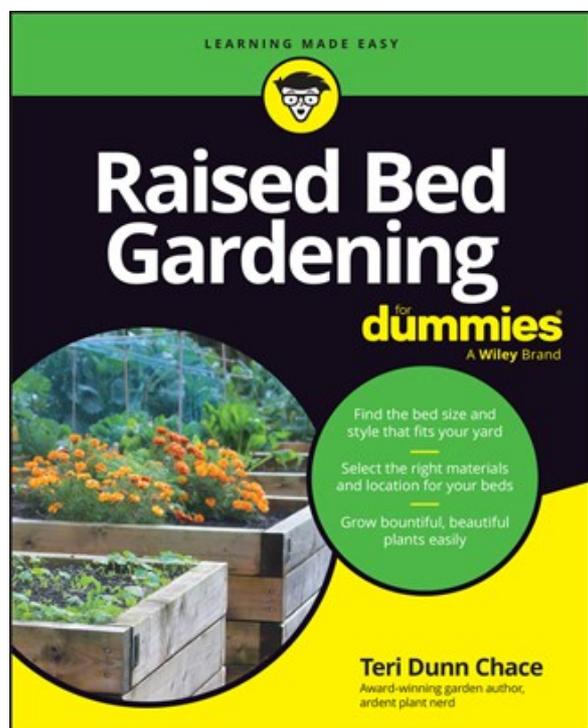
About the Author

Kimberley Willis (Clifford, Michigan) has a small farm with an abundance of animals and gardens. Kimberley has retired from the Lapeer County Extension office as a home horticulturist. Besides her chicken flock Kim also enjoys gardening, cooking, photography and reading. Kimberley has written four books: *The Complete Idiots Guide to Country Living*, *Knacks Canning, Pickling and Preserving*, *Beer, a Cookbook and Raising Chicken for Dummies*. She has written as the country living and gardening writer for Detroit Examiner.

Rob Ludlow (Pleasant Hill, CA) is the owner of the largest chicken information resource and enthusiast site on the Internet. Rob is the

Raised Bed Gardening For Dummies

Teri Dunn Chace



An easy, step-by-step guide to a fun and relaxing form of gardening

Interested in exploring gardening but worried you don't have enough time or space? Concerned that the constant bending and stooping might create a problem for you physically? Then it's time you discovered raised bed gardening.

In *Raised Bed Gardening For Dummies*, experienced gardener and author, Teri Chace, delivers a practical and hands-on guide to a rewarding and physically accessible style of gardening you can get the hang of immediately. Chace shows you how to plan, design, build, maintain, and grow plants in raised bed environments. You'll learn exactly how to get started, from picking the right location and garden materials to choosing your plants, fruits, and veggies.

You'll also find:

- Tips to create convenient, no-bend gardens that are perfect for people with physical limitations or disabilities and those worried about causing or aggravating an injury
- Expert troubleshooting tips for common gardening issues, like pests, temperature changes, and soil maintenance
- Accurate info about which plants thrive in which environments so you can match your garden to your location and climate

The perfect book for people entirely new to gardening and interested in a fun, relaxing, and challenging new hobby, *Raised Bed Gardening For Dummies* is also a must-read for would-be gardeners with limited space, like city dwellers and condo owners.

[View on Edelweiss](#)

For Dummies

BISAC: *Gardening*

9781394377251

Paperback

March 17, 2026

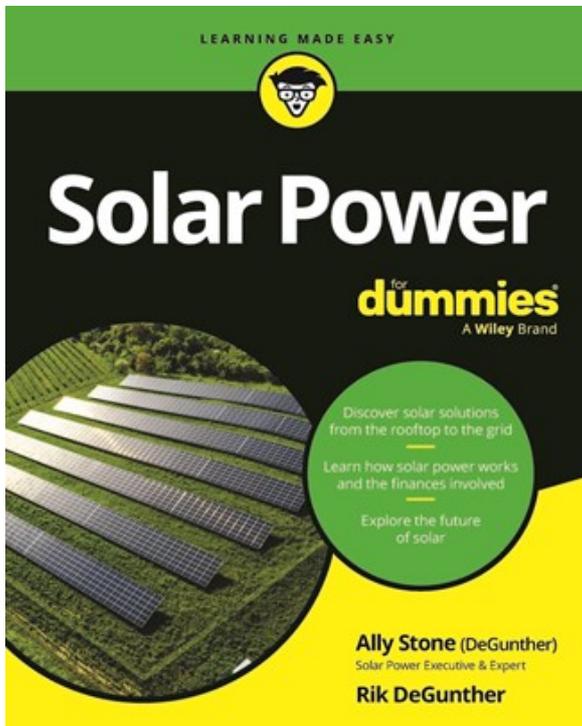
£22.99 | 25,70 € | \$29.99

About the Author

Teri Chace (Little Falls, NY) is an experienced, seasoned gardener, garden writer, and editor. She has over 35 books in publication, including the 2016 AHS award-winner *Seeing Seeds*. She's also written and edited for major consumer gardening/outdoor-living publications (*Horticulture*, *North American Gardener*, *Backyard Living*, *Birds and Blooms*) and is presently the garden-and-nature columnist for the award-winning "Bottom Line Personal" newsletter. She is the author of *Landscaping for Dummies 2e* and *Low-Water Landscaping for Dummies*.

Solar Power For Dummies, 3rd Edition

Ally Stone



Save money (and the planet!) with this hands-on and timely guide to solar power for residential and commercial use

Looking for an easy-to-follow introduction to solar energy? *Solar Power For Dummies* walks you through the differences between residential, commercial, and utility-scale systems, as well as the latest advancements in solar panel technology and energy storage solutions that create new opportunities and applications for consumers and businesses.

You'll learn all about how to navigate the latest permitting processes for installing solar panels in your home. You'll also discover how solar power can help you guard against grid instability and generate financial savings while reducing your carbon footprint.

Inside:

- Evaluate your solar potential and design your system
- Navigate federal regulations and tax incentives
- Look to the future with totally new technologies like space-based solar energy

Perfect for homeowners interested in the financial and environmental benefits created by incorporating solar energy into their homes—as well as for those who just want to learn more about the awesome potential of our sun—*Solar Power For Dummies* is an approachable reference to the benefits, processes, financial implications, and installation options you need to understand before you take advantage of this exciting energy technology.

[View on Edelweiss](#)

For Dummies

BISAC: *House & Home*

9781394382798

Paperback

March 31, 2026

£20.99 | 23,10 € | \$26.99

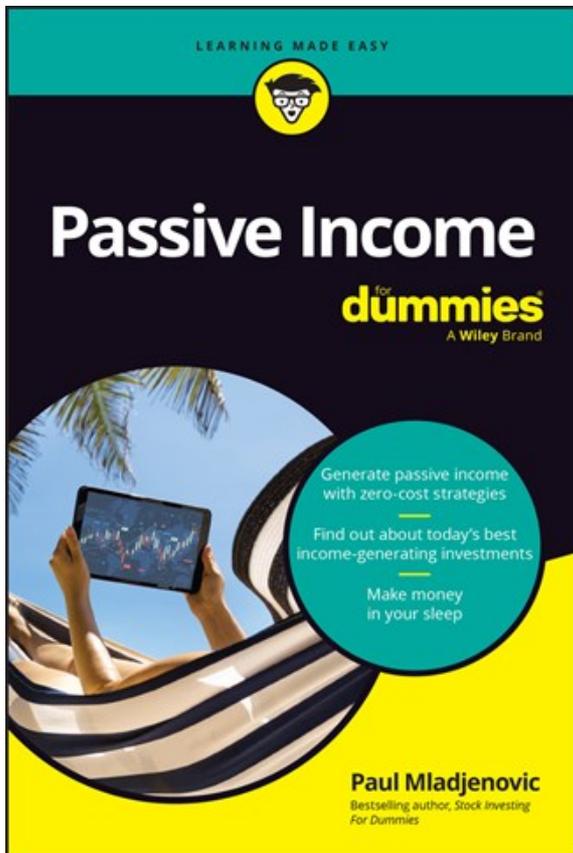
Previous Edition: 9780470596784

About the Author

Ally Stone (DeGunter) (Los Angeles, CA) is the Vice President of Strategy at Reflect Orbital, a venture-backed startup pioneering satellite-reflected sunlight to power nighttime lighting and clean energy applications on Earth. Ally previously held leadership roles at Avantus and BrightNight, where she helped scale dozens of gigawatts of utility-scale solar and storage portfolios and supported capital raises totaling over \$1 billion. At Reflect Orbital, she leads strategic planning, capital raising, and commercial development, helping bring a novel space-based energy solution to market. Ally holds deep expertise in clean energy economics, go-to-market execution, and

Passive Income For Dummies

Paul Mladjenovic



[View on Edelweiss](#)

Unlock Financial Freedom: Proven Strategies to Build Wealth with *Passive Income For Dummies*

In *Passive Income For Dummies*, bestselling author, national speaker, popular investing and business educator, and the author of *Stock Investing For Dummies*, Paul Mladjenovic delivers an exciting and practical new guide to building consistent income streams that work for you. He introduces a broad collection of passive income strategies that fit into all sorts of lifestyles, including selling digital products and earning with affiliate links to investing in dividend-paying stocks and launching subscription-based services.

Mladjenovic draws on over four decades of personal and professional experience building online and offline income streams to show you exactly how you can set up and automate your own. You'll find step-by-step playbooks and proven examples that work in today's competitive economic realities. Most importantly, many of the techniques he offers don't require thousands and thousands of dollars to get off the ground. You can get started building a more prosperous future today even with small amounts!

Inside the book:

- Digital and offline tools and resources that will help you stay on track as you build more income and financial independence
- Easy-to-understand, jargon-free advice for combating inflation, navigating the gig economy, and joining the creator class
- Create multiple streams of income like the most successful investors!
- Hands-on info that helps you manage risk and avoid scams, dead-ends, and common mistakes

For Dummies

BISAC: *Business & Economics*

9781394390434

Paperback

March 17, 2026

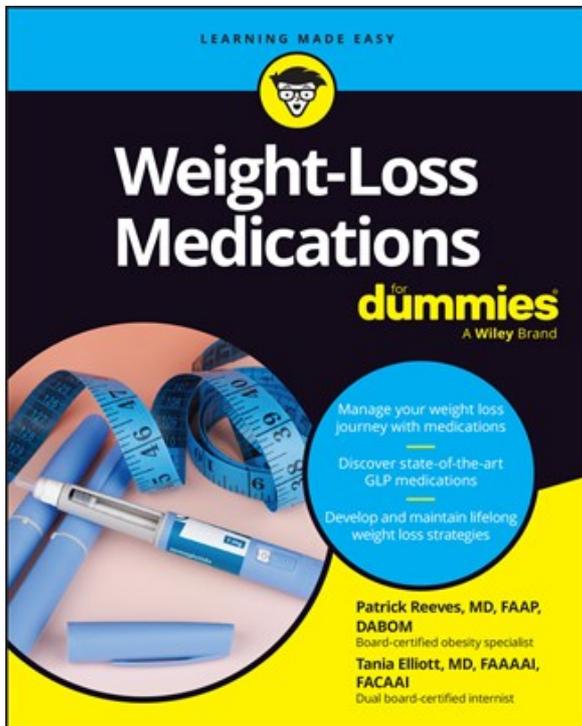
£18.99 | 21,40 € | \$24.99

About the Author

Paul Mladjenovic (Englewood Cliffs, NJ) is a financial, business and investment educator and national speaker with 40+ years of experience and has been a CFP for 36 years. He has authored numerous Dummies guides including the bestselling *Stock Investing For Dummies*, *Currency Trading For Dummies*, *Investing in Gold & Silver For Dummies*, *High-Powered Investing For Dummies*, and more. Currently he is developing courses in AI business strategies and AI investing basics for the major online education platforms. He has been teaching about passive income strategies for over two decades-including two courses a part of CASH FLOW POWER.

Weight-Loss Medications For Dummies

Patrick Reeves



[View on Edelweiss](#)

An easy-to-read walkthrough of the latest weight-loss drugs from a board-certified obesity doctor

GLP-1 drugs, like semaglutide, tirzepatide, and liraglutide, are inescapable these days. You've seen them marketed on TV as treatments for obesity and diabetes. They appear constantly in pop culture and are a common subject of conversation around dinner tables everywhere. Terms like "Ozempic-face" have entered the chat.

But what exactly are GLP-1 medications? Do they work? If they do, *how* do they work? Are they safe? What do they treat? Who are they ideal for? Are there some people who shouldn't use them?

In *Weight-Loss Medications For Dummies*, board-certified obesity medicine specialist and gastroenterologist Patrick Reeves and dual board-certified internist Tania Elliott deliver an easy-to-follow and accurate walkthrough of this new class of GLP-1 drugs. This is the ultimate resource for everyone interested in learning about the first commercially available weight-loss medications that are demonstrably effective over the long-term.

Dr. Reeves and Dr. Elliott explain how you can know if weight-loss drugs are right for you and how they operate in your body to manage appetite, control blood sugar, and promote weight loss. You'll learn how to choose from among the various options and how to deal with insurance companies that are sometimes reluctant to pay for these relatively expensive medications. You'll also discover:

- Tips for mitigating and managing the most common side effects caused by GLP-1 drugs
- How to use lifestyle changes – including diet, exercise, and behavioral adjustments – to improve the efficacy of the medications
- Explanations of what to expect from your healthcare provider if you're being treated with a GLP-1

About the Author

Patrick Reeves, MD, FAAP, DABOM (San Antonio, TX) is a board-certified obesity medicine physician who has spent the last decade studying the detrimental effects of poor nutrition on long term health outcomes in adults, adolescents and young adults. He cares for the largest population of adult military dependence in the world in his multidisciplinary obesity medicine center. Patrick has a strong research pedigree with nearly 40 individual sided pub Med papers.

Tania Elliott, MD FAAAAI, FAAAAI (New York, NY) a dual board-certified physician, wellness strategist, and nationally recognized health leader with over 15 years of experience. Her comprehensive,

For Dummies

BISAC: Health & Fitness

9781394375226

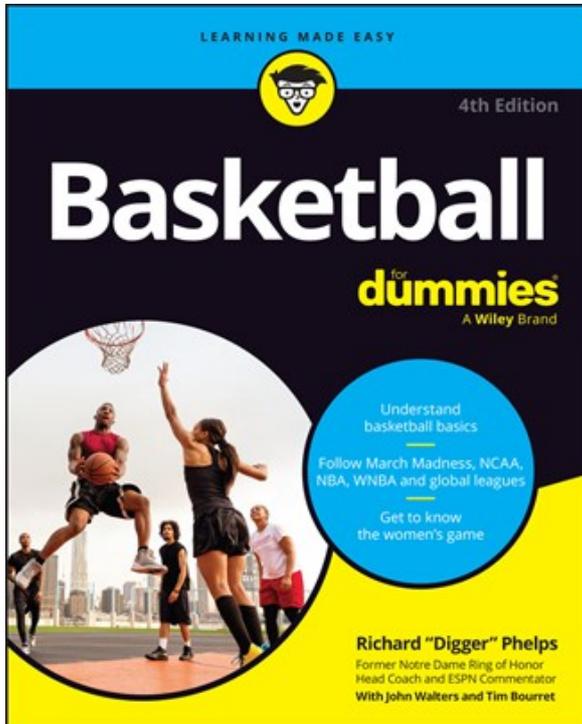
Paperback

March 17, 2026

£18.99 | 21,40 € | \$24.99

Basketball For Dummies, 4th Edition

Richard Phelps



Understand basketball basics and get up to speed on leagues around the world

Basketball For Dummies is a fully updated fan's guide to this exciting sport. This fun reference is great for anyone interested in following or playing basketball at any level. You'll learn the history of the game, the basic rules, and techniques for shooting, playing offense, playing defense, and rebounding. Get the inside scoop on high school, college, professional, and international leagues—including the wildly popular and exciting women's game—so you can follow the intricacies of play as you support your favorite team. This edition covers the latest changes to the sport, keeping coaches, fans, and players up to date with essential basketball knowledge.

- Find all the information you need to understand basketball basics like shooting, passing, dribbling, rebounding, and different player positions
- Learn how the pro game has evolved, including changes to the rules
- Get caught up on Women's NCAA Basketball, the WNBA, and women's leagues around the world
- Improve your NCAA tournament picks with expert tips on key factors to consider

Basketball For Dummies is perfect for anyone who wants to know more about playing or following the game.

[View on Edelweiss](#)

For Dummies

BISAC: *Sports & Recreation*

9781394364916

Paperback

March 3, 2026

£19.99 | 22,99 € | \$26.99

Previous Edition: 9781118073742

About the Author

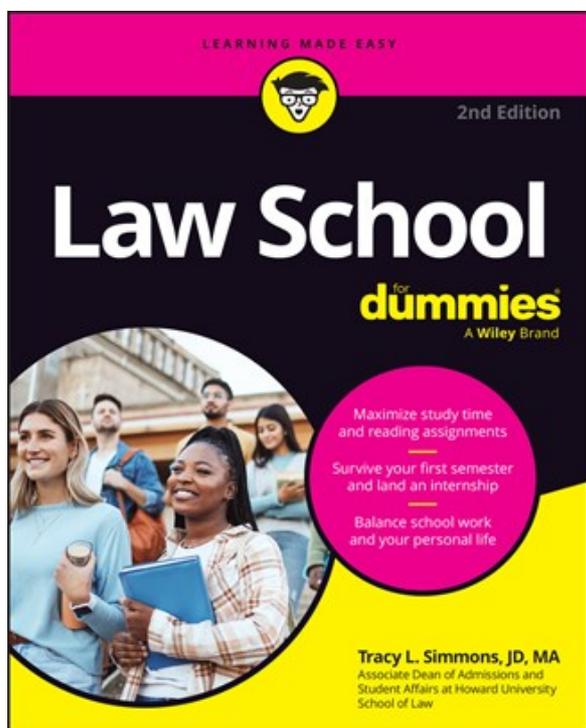
Richard "Digger" Phelps (South Bend, IN) is a former college basketball coach, of the Notre Dame Fighting Irish men's basketball team (1971 to 1991). From 1993 to 2014, he served as an analyst on ESPN.

John Walters (New York, NY) is a sports writer who worked at Sports Illustrated for 15 years, and also at NBC Sports, where he won two Sports Emmys for his on-air writing at the Athens and Beijing Olympics.

Tim Bourret (Clemson, SC) worked for the Clemson Sports

Law School For Dummies, 2nd Edition

Tracy Simmons



Prepare for, survive, and thrive during your time in law school with insider tips

Law School For Dummies, 2nd Edition demystifies law school by busting the horror-story myths and giving you step-by-step advice at every stage of your law school journey. With guidance on what to expect while going through law school coupled with an insider's perspective on how to make the system work for you, you'll know how to get through your first semester and beyond, search for a summer job, and launch your career after getting the J.D. Plus, this book helps you manage your time, activities, and coursework. *Law School For Dummies, 2nd Edition* also offers strategies for succeeding on exams, approaching the Law Review competition, and balancing study and personal life.

- Learn about the law school path, including making the most of your first year
- Maximize your time by prioritizing assignments, even if you're working while in school
- Gain the confidence you need to join and start study groups, find a mentor, overcome imposter syndrome, and beyond
- Land summer jobs, internships, and other opportunities—without burning out

With clear, straightforward guidance, *Law School For Dummies, 2nd Edition* helps you thrive (and flourish!) during your law school adventure.

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For Dummies

BISAC: Law

9781394294190

Paperback

March 17, 2026

£21.99 | 25,99 € | \$29.99

Previous Edition: 9780764525483

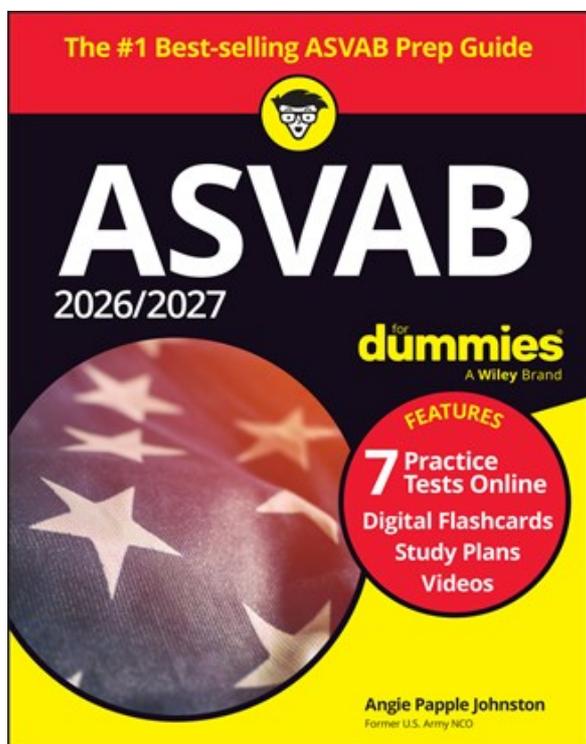
About the Author

Tracy Simmons (Washington D.C.) is Associate Dean of Admissions and Student Affairs at Howard University School of Law. Prior to her appointment, Simmons served as assistant dean for Admissions, Diversity Initiatives, and Financial Aid at University of San Diego Law, and for the University of the Pacific, McGeorge School of Law as the senior assistant dean for Admissions and Financial Aid. Additionally, Simmons has served as a consultant for the Council on Legal Education Opportunity (CLEO) Achieving Success in the Application Process program for more than 14 years. She is a member of the Association of American Law Schools (AALS). Simmons is a co-founder of the Womxn of Color Collective for law schools

2026/2027 ASVAB For Dummies (+ 7 Practice Tests, Flashcards, & Videos Online)

+ 7 Practice Tests, Flashcards, & Videos Online

Angie Papple Johnston



Work toward your dream career with the top ASVAB study guide

2026/2027 ASVAB For Dummies is here to guide you through the military's aptitude test. This book helps you secure the qualifying score you need to get the job you want. With hundreds of practice questions and access to 7 online practice tests, this book gets you ready to succeed on test day. Plus, you'll add digital flashcards and a complete video course to your ASVAB study arsenal. Recommended by recruiters nationwide, *ASVAB For Dummies* shares insider strategies to help you excel when it counts.

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- Information on the different career paths you can take in every military branch—including Space Force
- Full-length practice tests with detailed answers, so you can learn from your mistakes and successes to raise your score
- Instructional videos, hundreds of practice questions, and digital flashcards online

ASVAB For Dummies has been the go-to test prep guide for enlistees for years, and now it's *your* turn to get the prep you need and succeed.

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For Dummies

BISAC: *Study Aids*

9781394401871

Paperback

March 31, 2026

£24.99 | 28,20 € | \$32.99

Previous Edition: 9781394323463

About the Author

Angie Papple Johnston (Washington, DC) joined the U.S. Army in 2006 as a Chemical, Biological, Radiological, and Nuclear Specialist, ready to tackle chemical weapons in a Level-A HAZMAT suit. During her second deployment as part of Operation Iraqi Freedom, Angie became her battalion's public affairs representative. She also served as the Lead Cadre for the Texas Army National Guard's Recruit Sustainment program. She's the author of several Dummies books including: *ASVAB For Dummies*, *ASVAB: 1001 Practice Questions For Dummies*; *ASVAB AFQT For Dummies*, and more.

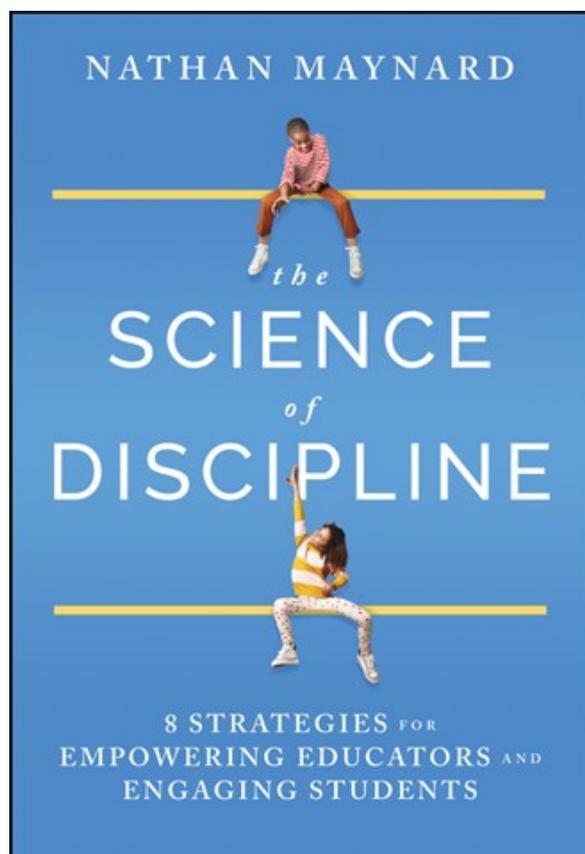
Jossey-Bass



The Science of Discipline

8 Strategies for Empowering Educators and Engaging Students

Nathan Maynard



[View on Edelweiss](#)

Jossey-Bass

BISAC: Education

9781394253500

Hardcover

March 17, 2026

£22.99 | 25,70 € | \$30.00

Discover 8 trauma-informed strategies to empower you and your teachers, engage your students, and proactively improve student behavior

The Science of Discipline is a proven and transformative roadmap to tackling some of the biggest behavioral problems faced in school systems today. Nathan Maynard, a global leader in discipline and restorative practices, offers insightful theories and practical strategies to take a more proactive approach to improve student behavior in the classroom with immediate and long-lasting effects. Many behavior modification models are outdated and fear-based, creating more challenges than they solve. Instead, this book walks you through Maynard's signature trauma-informed approach, focusing on belonging, accountability, and logical consequences for students.

Supported by groundbreaking research in behavioral neuroscience, as well as Maynard's extensive experience consulting and training thousands of educators and working with students in some of the most complex school systems across the globe, this book gives you 8 strategies to work through the most complex challenges students and educators face with discipline:

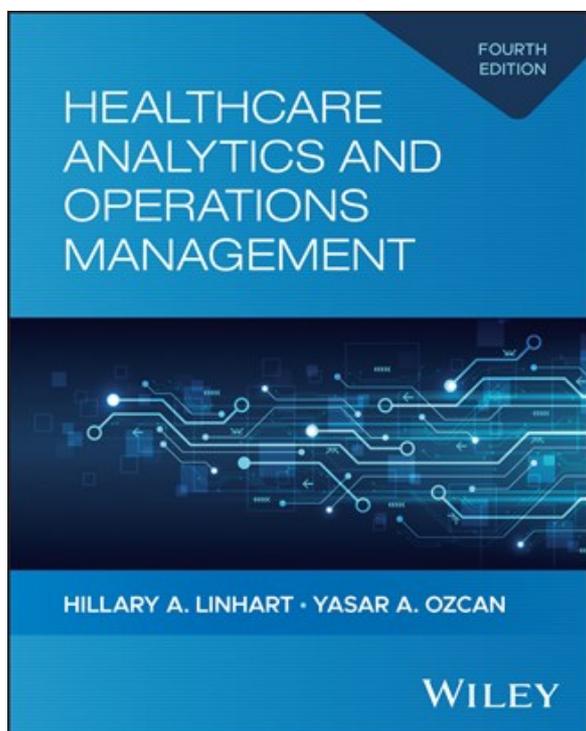
- **Discipline:** Recognize that each child is unique, and adapting to their differences is key.
- **Cultivating Accountability:** Teach kids to take responsibility for their actions through clear expectations and consistent consequences.
- **Ending Loneliness in Schools:** Create an inclusive environment where every student feels valued and connected.
- **Building Empathy:** Encourage understanding and sharing of feelings to foster a compassionate community.
- **Respect:** Manage difficult behaviors with respect and effective strategies to maintain a safe environment.

About the Author

Nathan Maynard (Indianapolis, IN) is recognized as a global educational leader in the field of restorative practices by CEO of International Institute of Restorative Practices (IIRP) John Baille. He is a sought after speaker and trainer, speaking on the road 10-15 times per month across the US and abroad. He has helped create a sustainable model of restorative practices, developed the first restorative practices behavior management software, and is now the co-founder and CEO of HighFive, a classroom management solutions company. His first book, *Hacking School Discipline*, has sold more than 200,000 copies and is a *Washington Post* bestseller.

Healthcare Analytics and Operations Management

Yasar A. Ozcan



An expert guide on the application of health care data and analytics to difficult operations and management problems

In the newly revised fourth edition of *Health Care Analytics and Operations Management: History, Diagnosis, and Empirical Foundations*, a team of veteran health analytics and administration experts delivers an incisive discussion of the real-world application of health care analytics and decision support in health administration and health care management.

The authors deploy contemporary examples from the field and the book provides complimentary access to online resources for professors, including PowerPoint lecture slides, chapter exercise solutions, sample course syllabi, and health care data sets. They've also included a selection of experiential projects that demonstrate the hands-on use of the methods and concepts covered in the book.

Readers will find:

- An intuitive, Excel-focused set of solutions to common health administration problems, complete with templates and analytical tools
- Step-by-step discussions of the application of analytic techniques for effective health care decision making
- Extensive tables, figures, appendices, and practice exercises to support the material explained in the book

Perfect for students of one-semester courses in graduate and advanced undergraduate health care management and administration programs, *Health Care Analytics and Operations Management* is also a must-read resource for practicing health care managers seeking a hands-on guide to solving common challenges in the field.

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Jossey-Bass

BISAC: Medical

9781394296064

Paperback

March 17, 2026

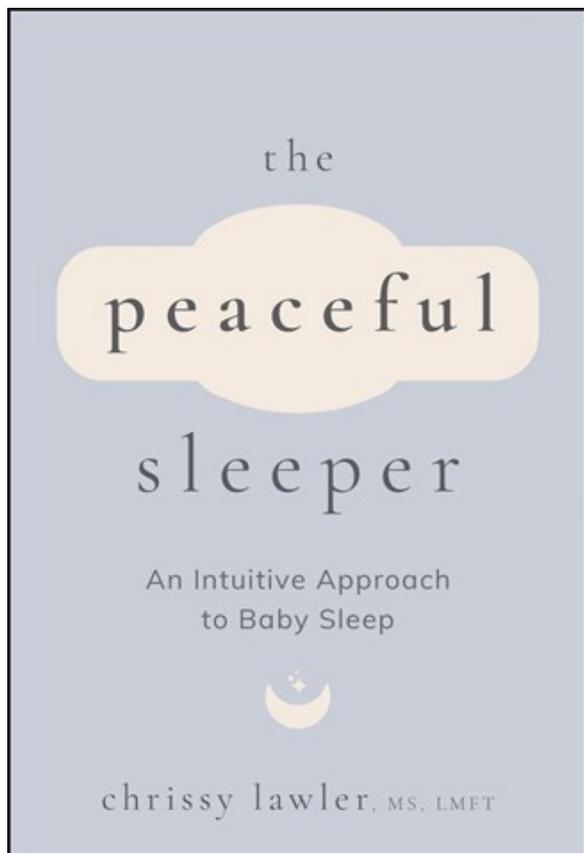
£95.00 | 107,20 € | \$115.95

About the Author

The Peaceful Sleeper

An Intuitive Approach to Baby Sleep

Chrissy Lawler



[View on Edelweiss](#)

Straightforward, loving, science-based approach to teach your baby how to get a good night's sleep

Written by renowned family therapist and sleep coach Chrissy Lawler, *The Peaceful Sleeper* offers an attachment-based, research-backed approach to baby sleep, ending the heated online debate of "sleep-training." With the understanding that knowing how to help your baby get good sleep can be overwhelming given the loud, contradictory voices doling out advice, Lawler relies on a flexible and personalized approach to share solutions that work for you and your family.

Readers will find insights on how to:

- Use clues from your baby, plus science, to determine the best approach to sleep, allowing you to get results (and more sleep!) as quickly and efficiently as possible
- Cut through the noise of misinformation on controversial topics like the cry-it-out method
- Rise above frustrating platitudes like "babies will be babies; just endure it until they're older, and it might get better"
- Manage sleep after sleep training, and navigate challenges like regressions, teething/illness, and schedule changes (like dropping naps)

The Peaceful Sleeper is a must-read resource for new and expecting parents who need trusted support to improve their baby's sleep as well as their own sleep and mental health. The book is also invaluable for experienced parents who struggled with sleep with their older children during the newborn phase and are looking for a new approach to sleep training.

Jossey-Bass

BISAC: *Family & Relationships*

9781394328864

Paperback

March 24, 2026

£16.99 | 18,80 € | \$22.00

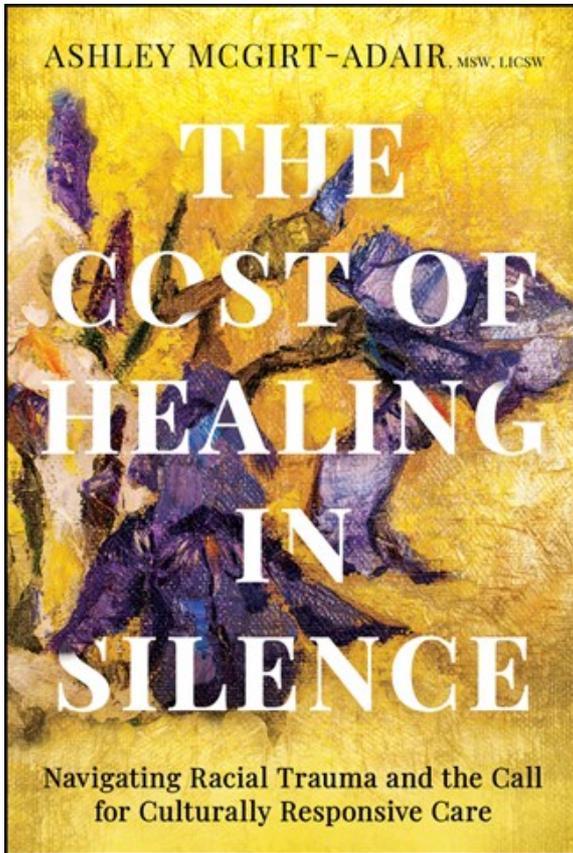
About the Author

Chrissy Lawler (Las Vegas, NV) is a licensed Marriage and Family Therapist with 15 years of experience, as well as the owner, founder, and CEO of The Peaceful Sleeper, where she offers sleep coaching, courses, and resources for parents. Her goal is to take the stress out of sleep training and empower parents with the knowledge and tools they need to achieve better sleep and mental health for their babies and themselves.

The Cost of Healing in Silence

Navigating Racial Trauma and the Call for Culturally Responsive Care

Ashley McGirt-Adair



[View on Edelweiss](#)

An up-to-date and expert discussion of how to create a more culturally responsive mental health care system

In *The Cost of Healing in Silence: Navigating Racial Trauma and the Call for Culturally Responsive Care*, veteran psychotherapist and trauma specialist Ashley McGirt-Adair delivers an effective roadmap for culturally responsive mental health care that acknowledges, understands, and begins to heal the ways racial bias and stereotypes infiltrate counseling. Blending contemporary research, practical tools, and searing personal stories, McGirt-Adair offers both a personal narrative and a comprehensive guide to more equitable mental health care.

The Cost of Healing in Silence offers techniques for culturally responsive care that demonstrates how mental health care can be improved by offering therapy that is reflective of and sensitive to a range of identities. McGirt-Adair helps readers uncover the impacts of racial trauma and navigate the scars it leaves behind, offering culturally attuned techniques for healing and restoration that honor identity and community.

You'll also find:

- Actionable guidance for recognizing and addressing racial bias in therapeutic settings
- Inspiring amplifications of marginalized voices, including those whose pain has often been overlooked and dismissed
- Strategies for improving access to Black therapists and implementing changes that prioritize cultural responsive care

Perfect for people of color who have faced discrimination, bias, or unequal treatment in healthcare settings and are seeking guidance on how to heal from these experiences, *The Cost of Healing in Silence*

Jossey-Bass

BISAC: *Self-Help*

9781394345410

Paperback

March 31, 2026

£16.99 | 18,80 € | \$22.00

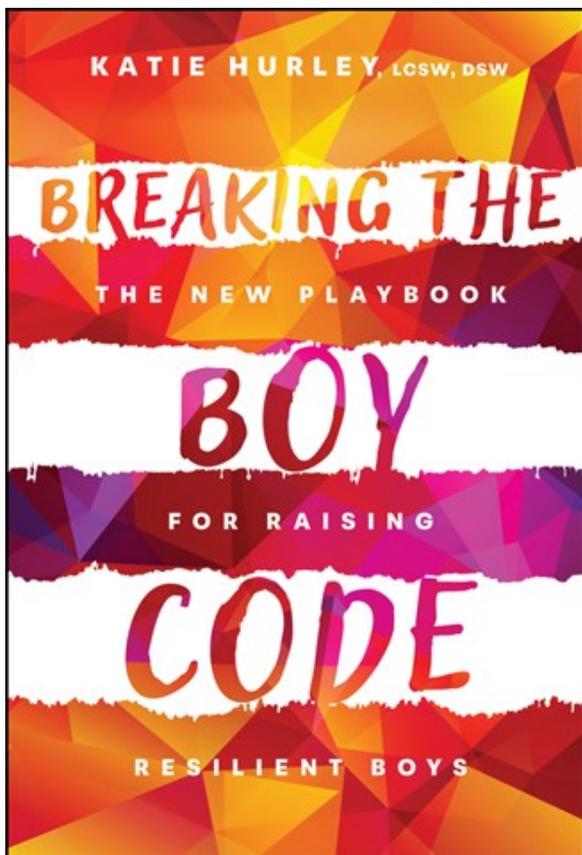
About the Author

Ashley McGirt-Adair, MSW, LICSW, (Spring Valley, CA) is a psychotherapist and founder of the WA Therapy Fund Foundation (<https://therapyfundfoundation.org>). She is also a leading speaker on racial trauma and healthcare, whose core mission is to eliminate barriers to mental health and improving mental health outcomes, especially for Black people and other historically marginalized communities. Her speaking and consulting clients that include Lockheed Martin, Microsoft, the Seattle Seahawks, Seattle Public Schools, Yale University, Pierce College, Comcast, and more. Ashley has been featured in *Forbes*, *The Seattle Times*, MSNBC, OWN, Bravo, and more. She earned her master's in social work from the University

Breaking the Boy Code

The New Playbook for Raising Resilient Boys

Katie Hurley



A practical and research-backed discussion of how to improve mental, emotional, academic, and life outcomes for boys

In *Breaking the Boy Code: The New Playbook for Raising Resilient Boys*, child and adolescent mental health expert and psychotherapist Dr. Katie Hurley delivers a timely and important discussion about the urgent crisis facing boys today. She carefully examines the societal pressures and toxic masculinity that negatively impact boys' mental health, academic performance, and social relationships.

The book offers actionable steps for both parents and educators who work to support boys aged 5 to 15. It demonstrates how to help them develop emotional resilience, empathy, and healthy relationships. You'll also find:

- Hands-on and practical steps that parents, caregivers, teachers, and others can implement immediately to improve outcomes for the boys they're responsible for
- Scripts and strategies for helping young and teenage boys improve their relationships and lives
- The latest research on pre-adolescent and adolescent boys

Perfect for the parents of boys, educators, teachers, coaches, and mental health professionals, *Breaking the Boy Code* is an essential strategy guide for improving the lives of boys everywhere and for helping them meet the extraordinary challenges posed by contemporary life.

[View on Edelweiss](#)

Jossey-Bass

BISAC: *Family & Relationships*

9781394345113

Paperback

March 24, 2026

£16.99 | 18,80 € | \$22.00

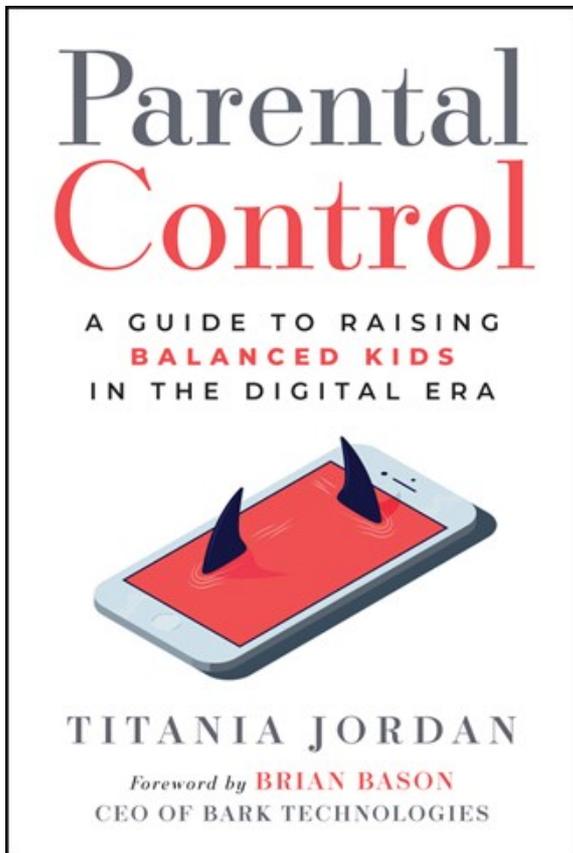
About the Author

Dr. Katie Hurley, LCSW (Los Angeles, CA), is a highly respected child and adolescent mental health expert, psychotherapist, parenting educator, and public speaker. With nearly 25 years of experience, Dr. Hurley has dedicated her career to improving the mental health and well-being of children and adolescents. Dr. Hurley is the author of several award-winning books, including *No More Mean Girls: The Secret to Raising Strong, Confident, and Compassionate Girls*. Her workbooks for teens and children are widely used by educators and mental health professionals. In addition to her writing, Dr. Hurley is a Senior Clinical Advisor for The Jed Foundation, a leading nonprofit organization dedicated to preventing suicide and

Parental Control

A Guide to Raising Balanced Kids in the Digital Era

Titania Jordan



[View on Edelweiss](#)

Practical strategies and tips to help raise and teach children in a digital-first world

In *Parental Control: A Guide to Raising Balanced Kids in the Digital Era*, Titania Jordan, a renowned internet and social media safety specialist, tackles the urgent dilemmas of modern parenting head-on. As technology increasingly engulfs the lives of our children, this book emerges as a beacon for those looking to guide, protect, and connect with them in meaningful ways.

Navigating the complex digital landscape, Jordan delves into the effects of social media and the internet on our kids. She uncovers the challenges of balancing screen time with real-life interactions and the erosion of offline social skills due to digital immersion. Yet, it's not all dire—Jordan's expert insights offer a pathway to turning potential digital pitfalls into educational opportunities.

The book will help you:

- Learn how to educate and empower the next generation to navigate the internet safely and responsibly
- Discover actionable advice on setting boundaries, fostering offline interactions, and promoting healthy digital habits.
- Benefit from the latest internet safety data, trends, and tips to keep your children protected in the digital age

Perfect for parents, educators, and caregivers, *Parental Control* is more than just a book. It's a roadmap to raising well-adjusted children in a technology-driven world. This guide provides the tools you need to ensure technology complements the lives of those you care about, rather than consuming them. If you're looking to navigate the challenges of modern-day parenting with confidence and create a safe, balanced digital environment for your children, then this book is for you.

About the Author

Titania Jordan (Brookhaven, GA) is the CMO and Chief Parent Officer of Bark Technologies, an internet safety solution that helps parents and schools keep over 6 million children safer across social media, text messaging, and email. As the current host of the YouTube show TECH CONNECT with Titania Jordan, she covers the latest in tech news and talent across both the city and the globe. In 2020, she co-authored *Parenting in a Tech World* and was featured in the highly acclaimed documentary *Childhood 2.0*, with over 3.4 million views. Jordan is also a contributor to *Forbes*, *New York Times*, *Huffington Post*, *Fox Business*, *Daily Mail*, *USA Today*, and *The Wall Street Journal*.

Jossey-Bass

BISAC: *Family & Relationships*

9781394353446

Paperback

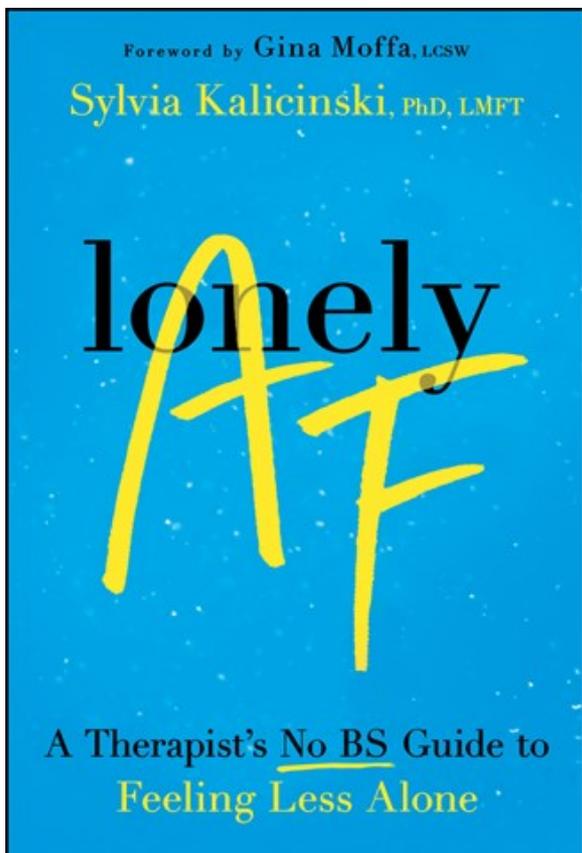
March 10, 2026

£16.99 | 18,80 € | \$22.00

Lonely AF

A Therapist's No-BS Guide to Feeling Less Alone

Sylvia Kalicinski



[View on Edelweiss](#)

You're not alone in feeling lonely—learn to break the cycle of disconnection and build meaningful relationships with yourself and others.

Lonely AF is about understanding why so many of us struggle with feeling alone—and what we can do about it. In this book, trauma-informed therapist Dr. Sylvia Kalicinski dives into the real and raw feelings of loneliness that she knows all too well. As a first-generation American born to Polish immigrant parents, she experienced emotional loneliness early in life. Her mother passed away when she was just two years old. By high school, she was living alone while her father, who struggled with alcohol, worked overseas. Years later, she would face a new kind of loneliness in adulthood, navigating the storm of postpartum rage after the birth of her son.

These lived experiences, combined with years of clinical expertise, shaped her no-fluff, deeply compassionate approach to emotional healing.

Following Dr. Kalicinski's HEART Method, *Lonely AF* will help you:

- Break the cycle of emotional disconnection and create meaningful, secure relationships with others—and yourself
- Learn practical tools to create authentic connections and heal from past emotional pain
- Redefine your identity by separating from old narratives and embracing personal transformation
- Feel supported and less alone with heartfelt reflections from Dr. Kalicinski's personal journey and client case studies

With warmth and wisdom, Dr. Kalicinski offers a path forward to emotional healing—one that helps you confront loneliness without shame and build the authentic relationships you deserve.

Jossey-Bass

BISAC: *Self-Help*

9781394345564

Paperback

March 17, 2026

£16.99 | 18,80 € | \$22.00

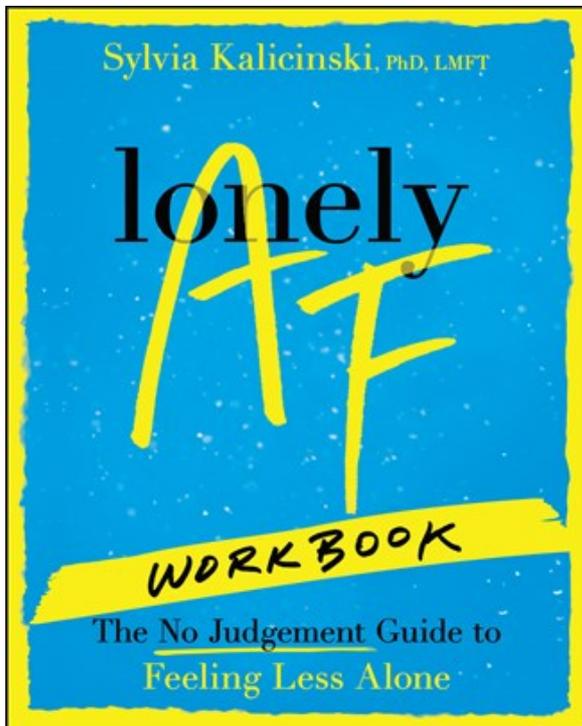
About the Author

Dr. Sylvia Kalicinski (Miami, FL and Switzerland) is a Ph.D. level therapist and writer who loves teaching simple strategies backed by brain science and mindfulness. Her experience as a therapist and former lead behavioral health clinician at Mount Sinai Hospital allow her to connect with people and empathically listen to their narratives to offer better insight, guidance, and proven tools for healing. Her mission is to show her clients what's truly possible so that they can move past self-limiting beliefs and step towards the direction of healing, purpose, and confidence. Sylvia also hosts *The Dr. Sylvia K Show Podcast* and has a following of around 26K across social media.

Lonely AF Workbook

The No-Judgment Guide to Feeling Less Alone

Sylvia Kalicinski



Essential companion workbook to *Lonely AF*, helping you open the truth and heal from your loneliness

Lonely AF: A Therapist's No-BS Guide to Feeling Less Alone cracks open the truth about your loneliness—and this handbook helps you on your journey to building authentic connections. Within these pages, insight turns into action, awareness turns into embodiment, and healing becomes something you actually feel—not just something you read about. This workbook steps through the HEART Method to better manage loneliness—not as a passive reader, but as an active participant in your own healing. You write. You reflect. You pause. You get honest. You dig into your emotional landscape with tools, practices, and prompts that hold space for both your pain and your power.

In this book, readers will discover:

- What you've been hiding, and the patterns you inherited
- The stories you've been living, and whether they still serve you
- Tools to regulate your nervous system, so that you can safely connect with parts of you that have been waiting to be seen and heard
- The real, raw, and often overwhelming nature of this type of work, and how to recognize and pause when you need to

Take a breath. Hold it for a second. Now let it out slowly. You're here. That matters. You matter. In the pages of this workbook, let's begin—together.

[View on Edelweiss](#)

Jossey-Bass

BISAC: *Family & Relationships*

9781394382569

Paperback

March 17, 2026

£15.99 | 17,10 € | \$20.00

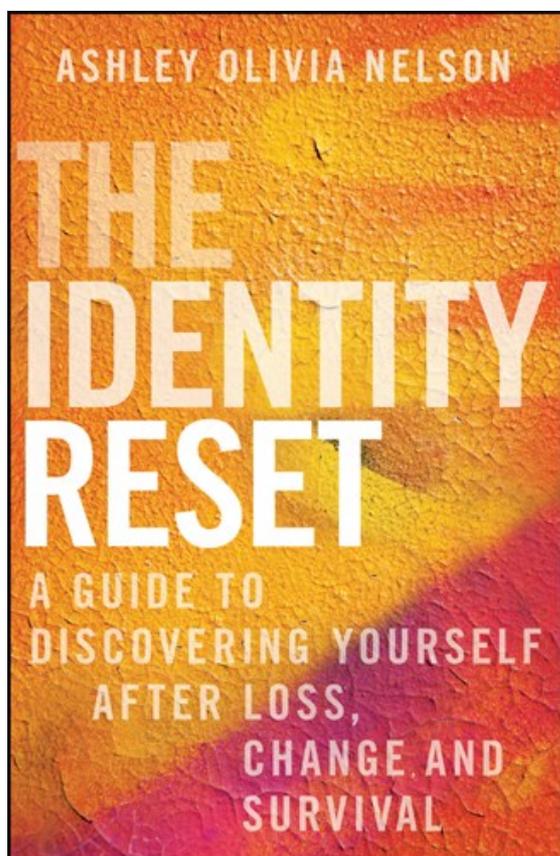
About the Author

Dr. Sylvia Kalicinski (Miami, FL and Switzerland) is a Ph.D. level therapist and writer who loves teaching simple strategies backed by brain science and mindfulness. Her experience as a therapist and former lead behavioral health clinician at Mount Sinai Hospital allow her to connect with people and empathically listen to their narratives to offer better insight, guidance, and proven tools for healing. Her mission is to show her clients what's truly possible so that they can move past self-limiting beliefs and step towards the direction of healing, purpose, and confidence. Sylvia also hosts *The Dr. Sylvia K Show Podcast* and has a following of around 26K across social media.

The Identity Reset

A Guide to Discovering Yourself After Loss, Change, and Survival

Ashley Olivia Nelson



[View on Edelweiss](#)

No one prepares you for losing the version of yourself that loss, trauma, and major life changes took. This book helps you discover who you are when life rewrites your identity.

The Identity Reset: A Guide to Discovering Yourself After Loss, Change, and Survival is a lifeline for those navigating the difficult in-between—when your past self no longer fits, and the future feels uncertain and unrecognizable.

For some, identity loss begins with what was taken. For others, it starts with what was never given: stability, affirmation, belonging, or the safety that trauma disrupted. And when the people, roles, or routines that shaped your life have died, it changes you. Author Ashley Olivia Nelson, a loss and trauma survivor, shows that discovering who you are isn't about "moving on"—it's about moving differently, without shame, pressure, or the need to perform.

This book helps you name what's missing, understand how you've changed, and gently mend who you are—without minimizing what happened to you. As an identity and grief specialist, Ashley Olivia Nelson offers:

- Finding the words for the invisible losses that shaped you
- Granting yourself permission to grieve and explore who you are now
- Steps to ease overwhelm and build emotional capacity
- Choosing relationships that truly accept you

You'll walk away with more than validation—you'll leave with direction. **Whether you're grieving who you were or who you never got to be, *The Identity Reset* offers soul-tending reflection and clear, heartfelt insight.**

Jossey-Bass

BISAC: *Self-Help*

9781394337309

Hardcover

March 17, 2026

£21.00 | 24,00 € | \$28.00

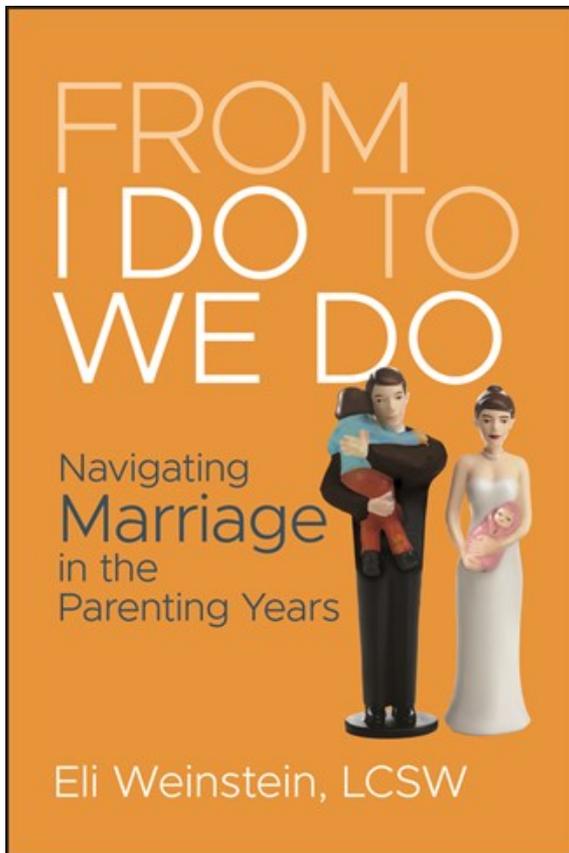
About the Author

Ashley Olivia Nelson (Silver Spring, MD) is well-acquainted with grief. A multi-loss survivor, she became a widow twice in the same decade, losing her first husband before the age of 25. Ashley has since dedicated her life to understanding grief and helping others through the pain and trauma that stems from it. She has worked in life insurance, guiding people to make informed decisions after someone has passed, and has also served as an assistant funeral director in Long Island. Today, she is a trained Internal Family Systems practitioner and leader of Learning About Grief, working with the grief community to address how the past is impacting the way grief is showing up in the present. Her mission is to help others

From I Do to We Do

Navigating Marriage in the Parenting Years

Eli Weinstein



[View on Edelweiss](#)

Strategies for keeping your relationship alive and well amidst the chaos of family life

From I Do to We Do: Navigating Marriage in the Parenting Years dispels the myth that you have to choose between being a great partner and being a great parent. With real-life experiences, client stories, and evidence-based practical strategies, this book teaches you how to take care of yourself, resolve conflicts, and maintain emotional intimacy with your partner. You'll also learn how to grow as an effective communicator and work to achieve shared goals while navigating the joys and challenges of raising children. In modeling a strong, healthy relationship with your partner, you are providing a secure, loving foundation for your kids. And that's one of the greatest gifts you can ever give them.

This is the ultimate crossover book for parents looking to rekindle their relationship with their partner, balance the mental and physical demands of child-rearing, and commit to a more fulfilling, harmonious family life. This is a relationship book for parents, because your marriage matters too.

With this book, you will:

- Become a superstar parent and partner by bridging the gap between effective parenting practices and a healthy relationship
- Discover real-life examples and case studies from an experienced therapist specializing in relationships and parenting (with plenty of humor along the way)
- Get no-nonsense, practical strategies to improve communication and conflict resolution with your partner, rooted in proven therapeutic techniques
- Develop your sense of self while embracing your role as a parent and partner

Jossey-Bass

BISAC: *Family & Relationships*

9781394318698

Paperback

March 17, 2026

£16.99 | 18,80 € | \$22.00

About the Author

Eli Weinstein, LCSW (Las Vegas, NV) is a licensed clinical therapist, international speaker, and devoted husband and father of two based in Las Vegas. He runs a thriving private practice serving clients worldwide, blending expert insight with a no-nonsense, approachable style. Eli is the founder of ELivation and host of *The Dude Therapist* podcast, featuring world-renowned guests like Dr. Nicole LePera, Dr. John Deloney, Kati Morton, and Apollo Ohno. He's been featured on *The Kelly Clarkson Show*, in *Playboy*, and is an expert guest on over 250 podcasts. His mission is to make mental health real, relatable, and empowering for audiences everywhere. Eli holds

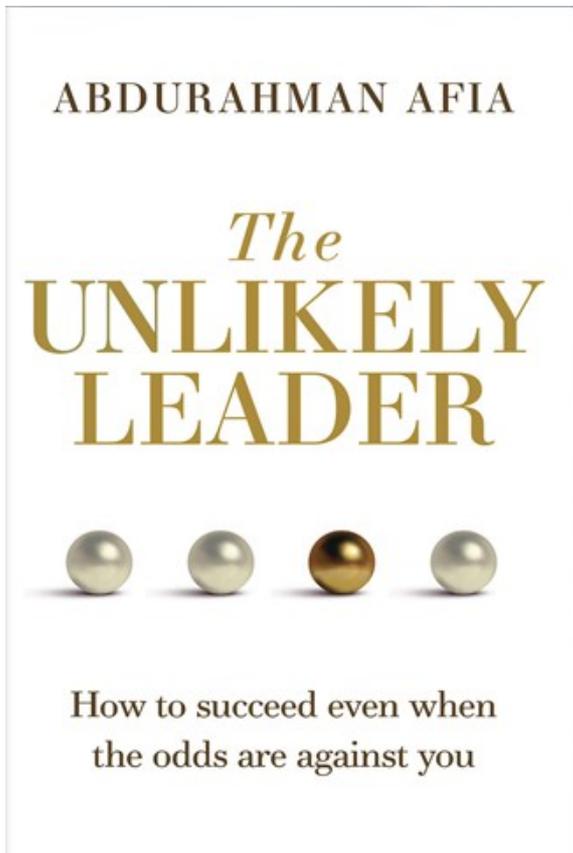
Business



The Unlikely Leader

How to Succeed as a Leader, Even When the Odds Are Against You

Abdurhaman Afia



A bold and deeply personal guide to leadership forged in adversity

Leadership isn't reserved for the chosen few—it's a skill anyone can develop, even when the odds are stacked against them. In this powerful and inspiring book, leadership consultant and speaker Abdurahman Afia shares his extraordinary journey from disowned youth to trusted advisor to C-suite executives across the Middle East.

In *The Unlikely Leader*, Abdurahman blends raw personal narrative with hard-won leadership insights to show how resilience, authenticity, and purpose can transform not just careers, but lives. Drawing on two decades of experience coaching leaders in high-stakes environments, he offers a practical and deeply human roadmap for anyone ready to lead with courage and conviction. You'll discover:

- How adversity can become your greatest leadership asset—and why your toughest moments may be your most valuable
- The mindset shifts and strategies that help leaders thrive in uncertainty and complexity
- Real-world case studies from Afia's work with executives and organisations across the GCC
- A fresh, culturally attuned perspective on leadership that speaks to today's global, fast-moving business world

Whether you're an emerging manager, a seasoned executive, or simply someone navigating change, *The Unlikely Leader* will help you unlock your potential, lead with integrity, and create lasting impact.

This is not just a book—it's a call to action for anyone who's ever doubted their ability to lead. Because leadership isn't about where you start. It's about who you choose to become.

[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394369126

Hardcover

March 19, 2026

£19.99 | 23,99 € | \$25.99

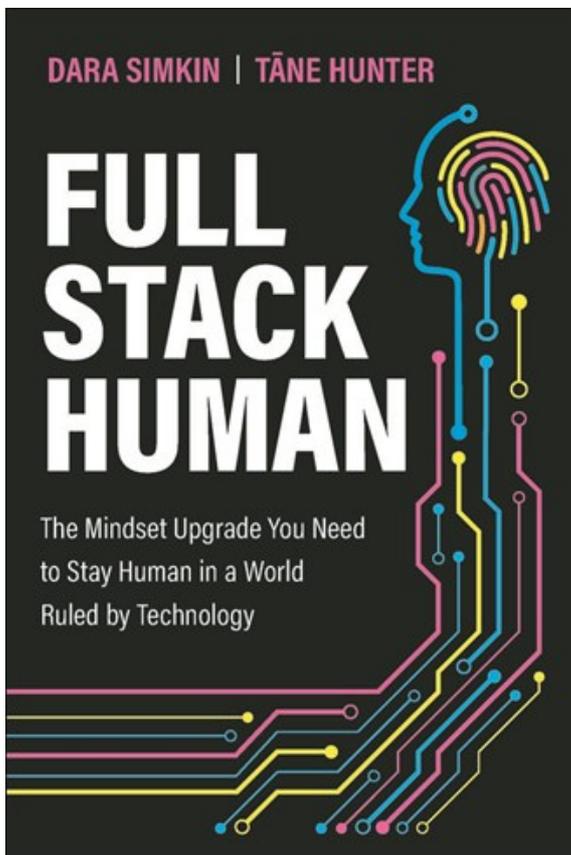
About the Author

Abdurhaman Afia is the CEO of Afia Partners, bringing over two decades of experience as a senior leadership development facilitator and executive coach. With a proven track record in nurturing senior leaders to excel in today's ever-evolving business landscape, he feels truly blessed in what he does. His expertise shines in working with multicultural teams, adeptly bridging cultural differences to harness diverse backgrounds for shared success. He excels in crafting bespoke leadership development programs, tailoring each solution to the unique needs of our clients. Known for his engaging facilitation style, he blends analytical rigour, practical tools, and profound insights into human behaviour. As an executive coach, his

Full Stack Human

The Mindset Upgrade You Need to Stay Human in a World Ruled by Technology

Dara Simkin



[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394346257

Paperback

March 19, 2026

£16.95 | 20,95 € | \$21.95

Your brain is running Stone Age software in a digital world— it's time for an upgrade.

If you feel increasingly disconnected from what makes you human, you're not alone. Our brains today are exhausted from trying to keep up with endless change and relentless stimulation. Productivity hacks and wellness apps aren't working; they only treat the symptoms, not the root cause. As humans, we've evolved for a different world entirely. We're operating with paleolithic emotions, medieval institutions, and god-like technology—no wonder we can't keep up.

Full Stack Human will transform how you navigate chaos and complexity at work and in daily life. Authors Dara Simkin (Australia's leading play-at-work specialist) and Tāne Hunter (data scientist and futurist) combine cutting edge neuroscience, behavioural psychology and stories from the real world to show you how to rewire your mental operating system. *Full Stack Human* is your field guide for staying human when everything keeps accelerating.

Learn how to:

- Turn obstacles into opportunity by embracing flexibility and serious play
- Combat confusion and despair by developing strategic hope and intelligent optimism
- Develop mindsets and practices to dig yourself out of existential dread
- Unleash dangerous curiosity to unlock breakthrough insights others miss

About the Author

Dara Simkin: As Australia's leading play-at-work specialist, Dara is the founder of learning experience design consultancy, Culture Hero. She has collaborated with organisations like The LEGO Foundation, McKinsey & Co, Silicon Valley's IDEO Play Lab and world-renowned play researcher, Dr Stuart Brown, as well as delivering extraordinary experiences for brands like IKEA, PWC, AGL, Royal Canin, and Google.

Certified in the Danish learning methodology KAOSPILOT, known for its innovative and dynamic approach to education and training, Dara brings a unique energy and enthusiasm to all her engagements.

How to Breathe While Suffocating

A Story Of Overcoming Addiction, Recovering From Trauma, and Healing My Soul

Bruce W. Brackett



[View on Edelweiss](#)

Let go of negativity, rediscover your inherent worth, and unlock your true potential

How To Breathe While Suffocating is your antidote to the all-too-common tendency to surrender, giving up on your life's ambitions. You don't have to give up! For anyone who has gotten caught in the trap of "I can't do it," this book reminds you that you are enough, you possess value, and your unique ability to engage with the world can and will get you to where you want to be. Through simple positive affirmations, unflinching first-person stories, and insightful analysis, author Bruce W. Brackett helps you focus on the positive and keep moving forward.

Society today is experiencing a hidden pandemic of loneliness, disconnection, and resistance to recovery. After the life-altering shutdowns of COVID-19, many of us have simply remained in shutdown mode. This book uses universal concepts, expressed through engaging narrative, to help you grapple with issues like mental health, isolation, gender identity, disconnection, and the overwhelming sense of negativity for our collective future. By the end, you'll learn to turn it around and get back to the business of living. The message of *How to Breathe When Suffocating* is simple—spread love, inhabit joy, and embrace the power of positivity.

- Gain the inspiration you need to seize your potential, find confidence, and step into your authentic self
- Change your outlook on life with simple slogans and mantras for developing a healthier, more positive attitude
- Realize that you aren't alone in your struggle, and see how others are finding the strength to move forward in difficult times
- Read the compelling story of one man who overcame insurmountable odds and found salvation from negativity and self-doubt

About the Author

BRUCE W. BRACKETT is a certified motivational speaker and social media personality, creating mental health and positivity content. Having overcome abuse, neglect, emotional trauma, mental and physical health diagnoses, developmental disabilities, and addiction, Bruce has transformed his existence and continues to share his message of positivity with those experiencing similar challenges.

Wiley

BISAC: *Self-Help*

9781394369218

Paperback

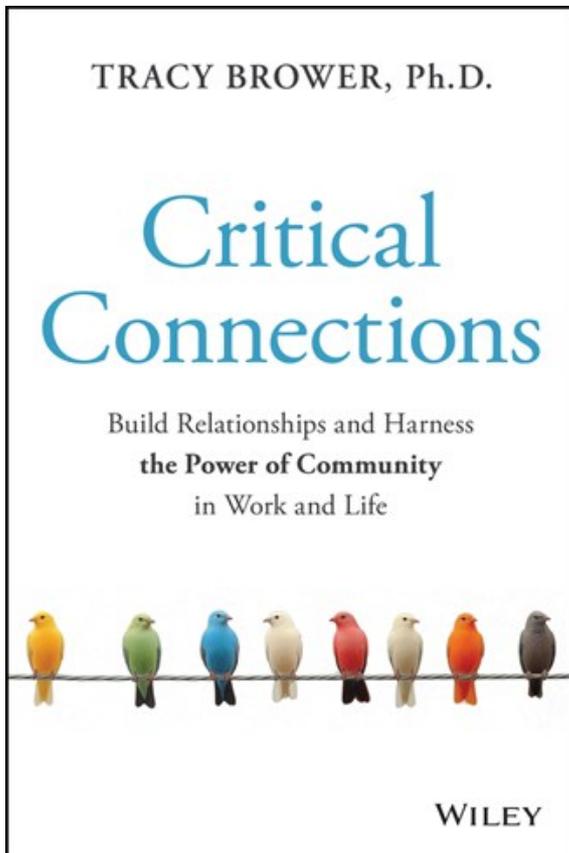
March 3, 2026

£17.00 | 20,00 € | \$22.00

Critical Connections

Build Relationships and Harness the Power of Community in Work and Life

Tracy Brower



Make more and better friends, deepen your connections, and find your community

In *Critical Connections*, renowned sociologist and author Dr. Tracy Brower delivers inspiration and pragmatic new insights on community and connection that you can use in your own life to build belonging, find and make friends, and create a happier life. The author explains how you can avoid bad friendships, reconnect with old friends, deepen existing friendships, and start a new friend group.

You'll learn how to navigate a new reality that includes artificial intelligence, technology, and social media. You'll also discover how to improve your happiness, wellbeing, and success – in work and in life – by prioritizing quality relationships with human beings, online and offline.

Inside the book:

- The latest research on loneliness, disconnection, dissatisfaction, disengagement, and mental health
- Discussions of the massive, positive impact of community and connections
- Effective strategies to help you find your community, build friendships, and create connection

An accessible and hands-on combination of the latest research and practical connection strategies that work in the real world, *Critical Connections* is a must-read for everyone interested in improving their outlook, relationships, wellbeing, and fulfillment.

[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394362264

Hardcover

March 10, 2026

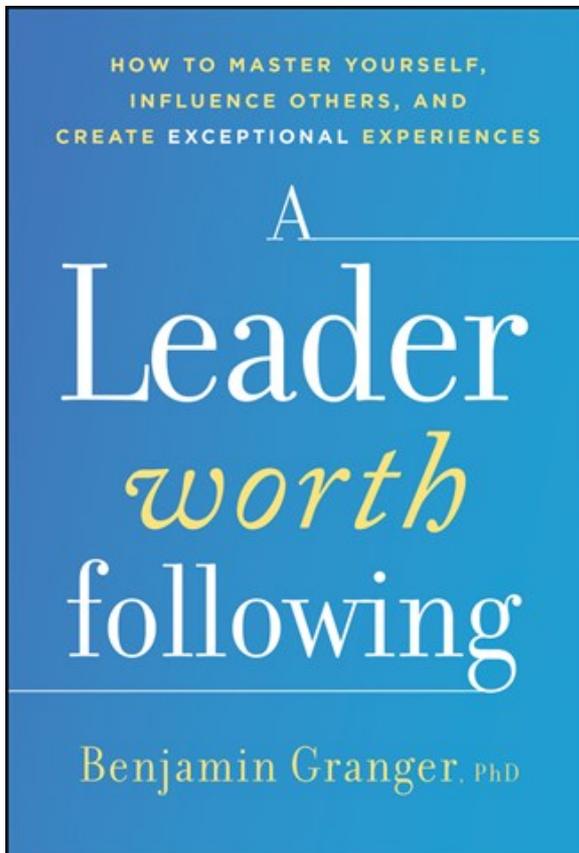
£24.00 | 29,00 € | \$30.00

About the Author

Dr. Tracy Brower (Holland, MI | TracyBrower.com) has a strong brand, substantive credibility, and broad reach to drive success. She is a PhD sociologist studying happiness, work-life fulfillment and the future of work. She is a constant and inspiring voice with prolific publications and extensive speaking and podcast appearances-and her reach is global. She is the author of *The Secrets to Happiness at Work and Bring Work to Life* as well as senior contributor to *Forbes* and a contributor to *Fast Company*-publishing over 100 articles per year. Tracy completes about 250 speaking engagements and podcast appearances per year (often more than one a day). She is also a practicing executive-the vice president of workplace insights for

A Leader Worth Following

Benjamin Granger



A Leader Worth Following provides a transformative framework for leadership in today's volatile business environment. Dr. Benjamin Granger, Chief Workplace Psychologist at Qualtrics, combines Experience Management principles with human psychology research to show how so-called "soft skills" are actually the critical leadership competencies needed for success.

Through science-backed insights, the book presents simple yet powerful tactics across key dimensions of "ethical influence," from mastering your mind and body to creating meaningful dialogue with team members. Rather than superficial best practices, Dr. Granger explores the foundational principles that drive effective leadership, offering readers practical strategies to develop the mindset shifts and behaviors that create exceptional performance even during rapid change. This essential blueprint helps anyone in a position of influence create differentiated experiences that drive organizational success in an unpredictable future.

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Wiley

BISAC: *Business & Economics*

9781394402564

Hardcover

March 17, 2026

£24.00 | 27,00 € | \$32.00

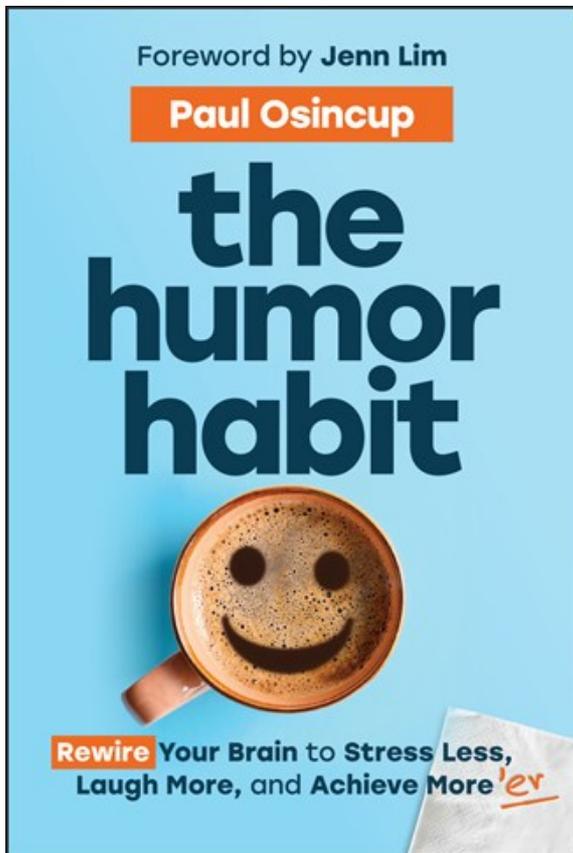
About the Author

Benjamin Granger, PhD, serves as Chief Workplace Psychologist at Qualtrics and has spent more than fifteen years building, running, and optimizing experience management programs across hundreds of global organizations. His research has been published in academic and business media, including *CNBC*, *Forbes*, *Reworked*, *T+D*, the *Journal of Business and Psychology*, the *International Journal of Training & Development*, the Academy of Management (AOM), and the Society for Industrial and Organizational Psychology (SIOP). He has been featured in major media outlets such as *ABC News*, *Business Insider*, *Bloomberg*, *CBS News*, *Fast Company*, *Fortune*, and *The Wall Street Journal*. He earned his Ph.D. in Industrial Organizational Psychology

The Humor Habit

Rewire Your Brain to Stress Less, Laugh More, and Achieve More'er

Paul Osincup



Discover and embrace the untapped power of your sense of humor

In *The Humor Habit: Rewire Your Brain to Stress Less, Laugh More, and Achieve More'er*, veteran speaker, corporate trainer, and comedian Paul Osincup delivers a hilarious and effective new take on how to make yourself and your team more productive and resilient by focusing on the funny side of work and life. In the book, you'll learn why humor isn't an in-born quality you're either born with or without. Instead, it's a habit you can develop over time.

You'll find 100 ways to have more fun at work, methods to improve your resilience in dealing with adversity, and an explanation of the author's "LAFTER" model that shows you how to leverage levity at work. You'll also discover:

- The latest insights from contemporary positive psychology combined with timeless comedic techniques that enhance your wellbeing
- Strategies to help you battle "chronic seriousness," a condition affecting virtually every professional, tradesperson, consultant, employee, manager, and business leader in the working world
- Ways to boost your team members' brainpower and productivity using humor

Perfect for managers, executives, team leads, directors, and other business leaders, *The Humor Habit* is the practical, hands-on guide to improved productivity that's actually fun to read—and even more fun to implement.

[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394369324

Paperback

March 31, 2026

£17.00 | 20,00 € | \$22.00

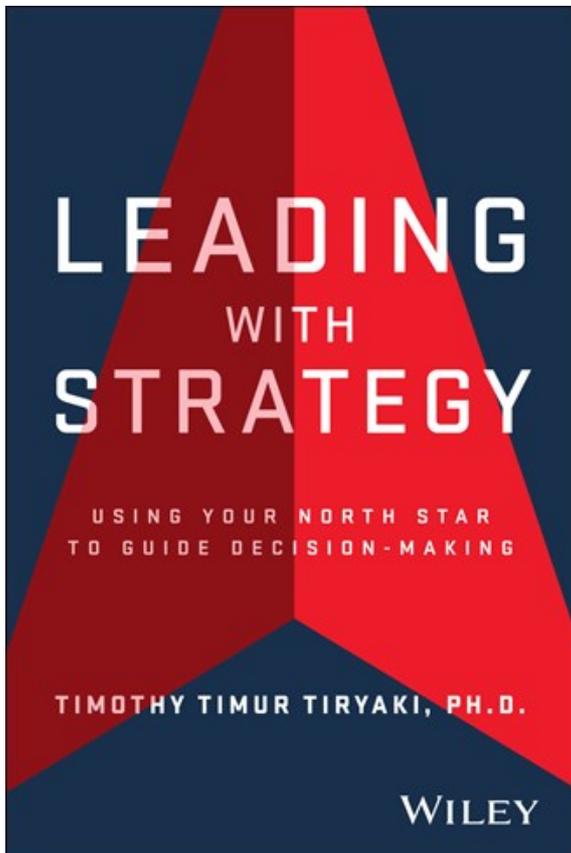
About the Author

Paul Osincup is a comedian and humor strategist who equips people with tools to create happier, healthier, and more productive places to work. He has worked with Fortune 500 companies, professional associations, healthcare organizations, and government agencies.

Leading with Strategy

Using Your North Star to Guide Decision-Making

Timothy Tiryaki



[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394382729

Hardcover

March 3, 2026

£21.00 | 25,00 € | \$28.00

A powerful collection of over 50 adaptable strategy frameworks to solve today's most complex business challenges

In *Leading With Strategy: Using Your North Star to Guide Decision-Making*, veteran executive coach and strategy consultant for Fortune 500 firms Timothy Tiryaki delivers a transformative guide that clarifies the complex tradeoffs in today's AI-enabled business environment. Dr. Tiryaki explores the contemporary maze of undiscussed leadership dilemmas that have been surfaced by the latest generative AI technologies and provides unique perspectives on strategic thinking and leadership.

At the core of *Leading With Strategy* are 50 practical visual frameworks. They're dynamic tools designed as adaptable tools for creatively tackling diverse challenges and obstacles. These frameworks go beyond staid, one-size-fits-all approaches to common business problems and help you master essential strategic thinking and execution skills.

Inside the book:

- Dozens of illustrated frameworks and models designed as “thinking hats” to help you reflect on and solve complex problems
- Original insights that encourage you to build your awareness and ask the right questions in the right situations
- Expert techniques to scope a situation, gather relevant evidence, collaborate with others, co-create alignment, and make informed decisions

Perfect for managers, executives, entrepreneurs, founders, and other business leaders, *Leading With Strategy* is a must-have collection of problem-solving tools you can adapt to virtually any obstacle, challenge, or problem you encounter in the workplace.

About the Author

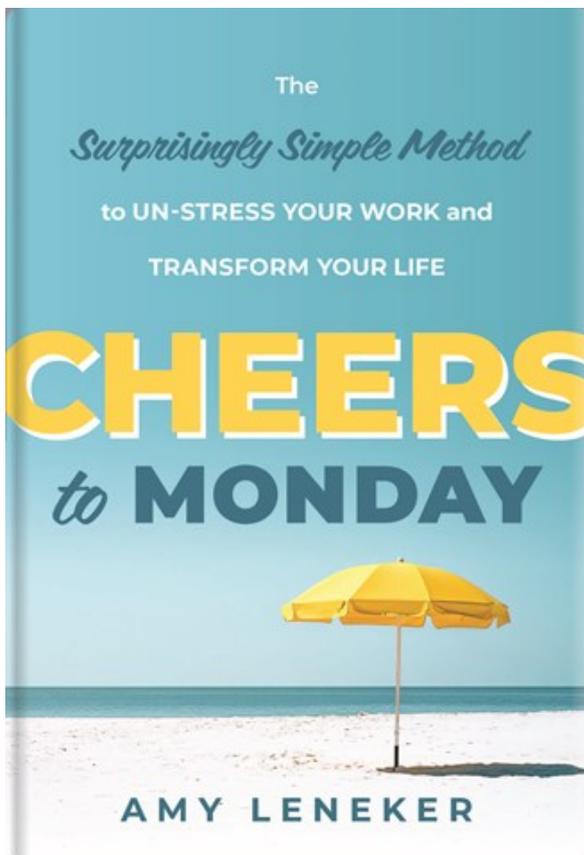
Timothy Tiryaki, PhD aka Dr. Tim (Toronto, Canada; <https://www.strategy.inc/>) delivers forward-thinking keynote speeches, executive coaching, and strategic planning to help leaders navigate the complexities of the modern workplace. His work focuses on integrating culture with strategy, cultivating deep awareness of both the present state of the workplace and future trends.

Timothy's unique ability to explain complex leadership challenges with clarity empowers leaders to gain a more holistic understanding of their roles. His work fosters shared language, proficiency in

Cheers to Monday

The Surprisingly Simple Method to Lead and Live with Less Stress and More Joy

Amy Leneker



[View on Edelweiss](#)

A Simple 3-Step Method to Lead – and Live – with Less Stress and More Joy

If you've ever woken up on a Monday already exhausted – or spent Sunday night bracing yourself for the week ahead – the problem isn't you. The problem is stress. And there's a surprisingly simple way to break free.

Stress is embedded in today's workplaces – disguised as drive, rewarded as resilience, and even praised as passion. But chronic stress isn't a strength; it drains leaders, divides teams, and damages entire organizations.

Cheers to Monday is the joyful rebellion against stress and burnout you've been waiting for. In this transformative book, Amy Leneker – a former C-suite executive and now a trusted leadership advisor to Fortune 100 companies and public sector organizations – reveals a liberating truth: stress isn't the price of success – it's the thief that steals it. And she proves it with sharp wit, refreshing honesty, and laugh-out-loud stories. You'll get the same coaching and science-backed strategies Amy shares in boardrooms, workshops, and conferences around the world.

Learn how to:

- See stress differently – and finally break the cycle of exhaustion, overwhelm, and self-doubt
- Sort stress into five clear categories – so you know exactly what to do with each one
- Solve stress with a simple framework to reclaim your time, energy, and focus – at work and beyond
- Celebrate the shift – because reducing stress isn't just a wellness strategy, it's a joy strategy
...and much more.

Wiley

BISAC: Business & Economics

9781394388806

Hardcover

March 24, 2026

£21.00 | 25,00 € | \$28.00

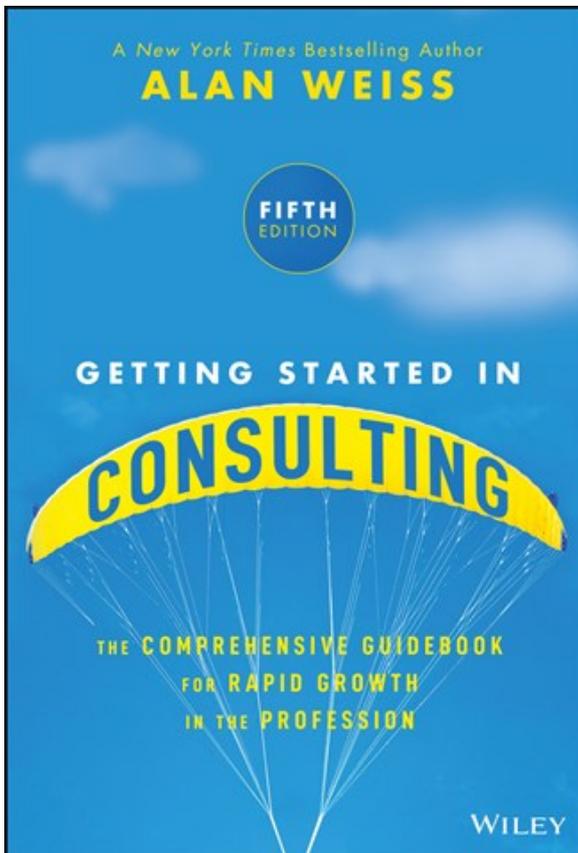
About the Author

Amy Leneker (Olympia, WA) is a leadership consultant, trainer, and Certified Dare to Lead™ Facilitator. Amy has helped leaders and teams all over the world to create happier, healthier workplaces, including Fortune 100 companies and public sector organizations. With over 20 years of leadership experience, including 10 years in C-suites, Amy has learned one thing for certain: happier, healthier workplaces start with happier, healthier leaders. Determined to create a life with less stress and more joy, Amy took a leap of faith, quit her job, and started leadership consulting. Within just two years, she turned her "side hustle" into a seven-figure leadership consulting firm and now shares her insights at conferences, retreats, and

Getting Started in Consulting, 5th Edition

The Comprehensive Guidebook for Rapid Growth in the Profession

Alan Weiss



The aspiring consultant's blueprint for earning six, seven, or eight figures each year

The Fifth Edition of *Getting Started in Consulting* is an in-depth guide to succeed as a consultant in today's rapidly changing world and earn six, seven, or eight figures annually. Written by legendary author Alan Weiss, this book provides a roadmap to develop essential personal traits to excel in the industry—high self-esteem, resilience, agility, fearlessness, innovation, language ability, accountability, discipline, and success over perfection—and delivers the marketing and implementation techniques you'll need for rapid success.

The book is divided into three parts—Past, Present, and Future—to enable readers to set a foundation for growth, get the most out of their day-to-day, and anticipate and plan for bigger and better things to come. Readers will find expert insights on how to:

- Talk to anyone at any time (the L-D-R-B method)
- Apply “marketing gravity,” close a sale, set fees, and create proposals that are accepted every time
- Create intellectual property and leverage your intellectual capital
- Engage in “shameless self-promotion” effectively and extricate yourself from the crowd and social media

With over 90% new material, this Fifth Edition of *Getting Started in Consulting* is the lift ticket to get up the mountain—an essential guide for all new consultants looking to learn from one of the greatest minds in the history of the profession.

[View on Edelweiss](#)

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BISAC: Business & Economics

9781394376261

Paperback

March 17, 2026

£22.00 | 26,00 € | \$28.00

Previous Edition: 9781119542155

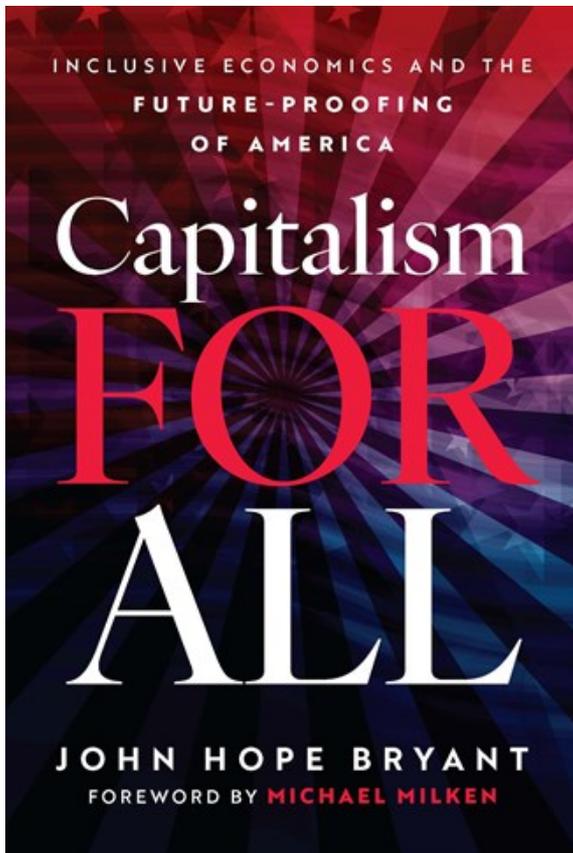
About the Author

Alan Weiss, PhD (East Greenwich, RI | alanweiss.com) is a consultant, speaker, and bestselling author. His firm, Summit Consulting Group, Inc, is one of the strongest independent consulting brands in the world and has attracted clients such as Merck, Hewlett-Packard, GE, Mercedes-Benz, and over 500 other leading organizations. He keynotes several times a year at major conferences and has been a visiting faculty member at several universities. His prolific publishing career includes over 500 articles and 37 books, some of which have been on universities' curricula and have been translated into nine languages. Weiss is interviewed and quoted

Capitalism For All

Inclusive Economics and the Future-Proofing of America

John Hope Bryant



[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394409105

Hardcover

March 31, 2026

£21.00 | 24,00 € | \$28.00

Discover how inclusive capitalism can restore American greatness and secure the nation's economic future for everyone

Capitalism For All: Inclusive Economics and the Future-Proofing of America by John Hope Bryant presents a revolutionary framework for rebuilding American prosperity through economic inclusion rather than division. As the founder and CEO of Operation HOPE, America's first non-profit social investment banking organization, and a former vice-chairman of the President's Advisory Council on Financial Literacy, Bryant brings decades of frontline experience empowering underserved communities.

This book addresses America's growing economic inequality and social fragmentation by demonstrating how inclusive capitalism – not exclusionary policies – can restore the middle class, revitalize the American Dream, and maintain our position as the world's leading economy.

Bryant's comprehensive analysis spans three critical sections: making the case for capitalism that works for all Americans, providing practical strategies for implementation, and charting the path forward on domestic and global stages. The book tackles everything from rebuilding opportunity ladders and leveraging technology as an equalizer to preparing for AI's impact and creating sustainable jobs of the future. With detailed business plans for America and insights into stakeholder capitalism, Bryant offers both diagnosis and cure for our economic challenges, concluding with a vision of America as a global model for inclusive prosperity.

Key insights and strategies include:

- **The Middle Class as America's Superpower:** How expanding rather than contracting our middle class strengthens national security and economic competitiveness

About the Author

John Hope Bryant (Atlanta, Georgia,

<https://operationhope.org/about/our-founder/>) is a philanthropic entrepreneur and businessman in the business of empowerment. He is the founder, chairman, and chief executive officer of Operation HOPE, America's first non-profit social investment banking organization, now operating in 68 U.S. communities and in South Africa. In 2008, Bryant was appointed by President George W. Bush as vice-chairman of the bi-partisan U.S. President's Advisory Council on Financial Literacy and now serves President Barack Obama. He was also selected as a Young Global Leader for the World Economic Forum where he currently serves on the Global Agenda Council. An

Designing the Future

A Visual Guide to Building Future-Ready Organizations

Steve Fisher

Designing the Future is an incisive and eye-opening exploration of how executives, managers, and other business leaders can accurately identify the key trends and technologies that will drive business transformation over the coming years and decades. In the book, authors Steve Fisher and Ja-Nae Duane introduce the "Futures Operating System," a practical framework to creating resilient, future-ready organizations.

The book is packed with real-world examples and actionable insights you can apply immediately to capture long-term competitive advantage. You'll also find:

- Strategies for leveraging artificial intelligence (AI) and other technologies to enhance your company's capabilities
- Case studies and hands-on exercises to help get you ready for the rapid and dramatic changes impacting contemporary markets
- Techniques, including spectrum scanning and scenario building that will allow you to provide your company with short- and long-term strategic insight

An essential read for business leaders, entrepreneurs, innovators, futurists, and anyone else with an interest in predicting-and preparing for-tomorrow, *Designing the Future* is a can't-miss guide to business strategy that is sure to become a well-worn classic on the shelves of executives and managers everywhere.

[View on Edelweiss](#)

Wiley

BISAC: *Business & Economics*

9781394296392

Paperback

March 17, 2026

£27.99 | 32,20 € | \$35.00

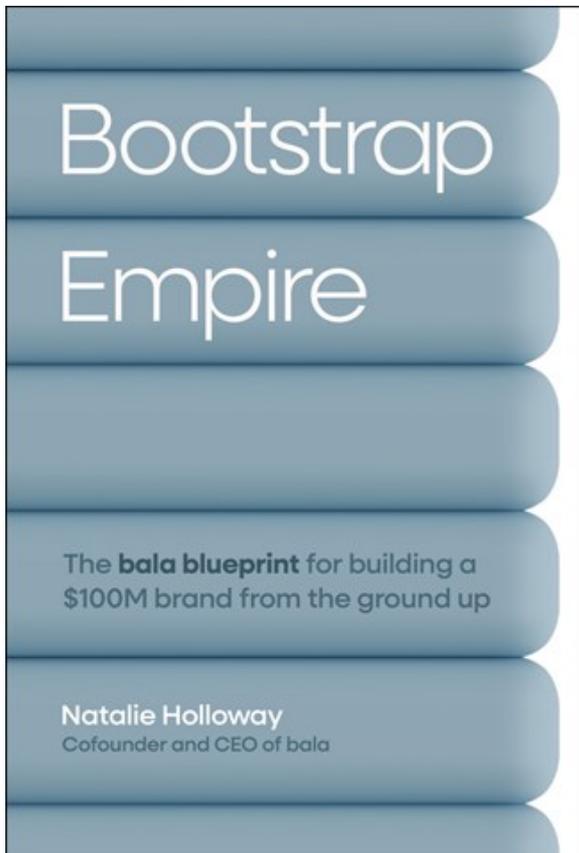
About the Author

Dr. Ja-Nae Duane (Boston, MA | <https://www.ja-nae.io/>), a behavior scientist with over two decades of experience, has committed to improving the lives of one billion people, focusing on corporate, governmental, and academic advancements through VR/AR, AI, and blockchain technologies. As an award-winning innovator and expert on global systems, she has worked with major corporations like PWC, Saudi Aramco, Yum Brands, Samsonite, Deloitte, and more. A top-rated speaker within the Singularity University community and co-author of *The Startup Equation*, Ja-Nae excels at helping both startups and multinational firms identify new business models and pathways for global scale. Over the years, her work has been

Bootstrap Empire

The Bala Blueprint for Building a \$100M Brand from the Ground Up

Natalie Holloway



Start, fund, and scale your business with expert advice from a proven entrepreneur

In *Bootstrap Empire: The Definitive Guide to Building a Viral Brand From Scratch*, Natalie Holloway, co-founder of the hit fitness equipment brand, Bala, delivers the ultimate guide to successfully transforming your best business idea into a thriving enterprise. The book is a start-to-finish playbook for building a brand that rises above the competition and the noise, explaining the mindset you need to develop, the mistakes you must avoid, and giving you the tools you need to succeed. You'll learn how to pitch, budget, finance, market, and hire for your new company. Holloway relies on the tried-and-tested methods she used to grow Bala from an initial \$5,000 investment to a fitness juggernaut doing \$25 million in annual sales. The author shares the insights she gained from building a company that caused a 5-way bidding war on the hit show *Shark Tank* and earned investments from Mark Cuban and Maria Sharapova.

You'll also discover:

- A comprehensive roadmap to growing your new company, including the mindset, toolkit, step-by-step guidance, and long-term strategy necessary to make your idea a reality
- Hands-on techniques for bootstrapping your business, with or without existing funding, and strategies for demolishing common obstacles to success
- Specific tips for how to conduct early-stage marketing, knowing when to start hiring, how to pitch effectively, and how to take advantage of momentum

[View on Edelweiss](#)

Perfect for aspiring entrepreneurs and founders, *Bootstrap Empire* is a must-read guide for everyone interested in finding the most effective and efficient way to entrepreneurial success.

Wiley

BISAC: Business & Economics

9781394379910

Hardcover

March 3, 2026

£21.00 | 25,00 € | \$28.00

About the Author

Natalie Holloway (Los Angeles, CA Bala Bangles | As Seen on Shark Tank!) is the co-founder of the hip fitness equipment brand, Bala. Bala is a company revolutionizing fitness equipment that Natalie and her husband bootstrapped in 2018, starting from a sketch on a napkin while they were traveling throughout Asia. Bala has become a textbook case of how to bootstrap a company: it has grown from that napkin to making \$20 million in sales a year, to being featured on *Shark Tank* three times, and to being so ubiquitous in yoga and fitness that it forced established players in the industry to change their offering.

Tastes Like Money

RumChata and the Making of a Global Brand

Tom E. Maas



After four decades climbing the corporate ladder at industry giants like Jim Beam and Jack Daniel's, Tom Maas found himself unceremoniously dismissed at age 49. Rather than retreat into retirement, he transformed a kitchen experiment with homemade horchata into a billion-dollar brand that would revolutionize the cream liqueur category and challenge established giants like Bailey's. From maxing out credit cards and making desperate runs to the bank, to celebrating the sale that made 16 people millionaires, Maas reveals the unvarnished reality of building a global brand from scratch.

This gripping memoir exposes the behind-the-scenes battles of the spirits industry: trademark wars with billion-dollar competitors, the challenges of competing against category captains, and the delicate art of building distributor relationships when you're the small guy with the big dream. Readers will discover how a simple cinnamon-flavored cream liqueur sparked cultural phenomena from the Cinnamon Toast Crunch shot craze to appearances on *The Big Bang Theory*, while learning the hard-won lessons about passionate selling, brand protection, and the critical importance of never compromising on quality. Whether you're an aspiring entrepreneur, spirits industry professional, or anyone fascinated by American business success stories, this narrative offers both entertainment and actionable insights into building something extraordinary against impossible odds.

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BISAC: *Business & Economics*

9781394397150

Hardcover

March 24, 2026

£21.00 | 24,00 € | \$28.00

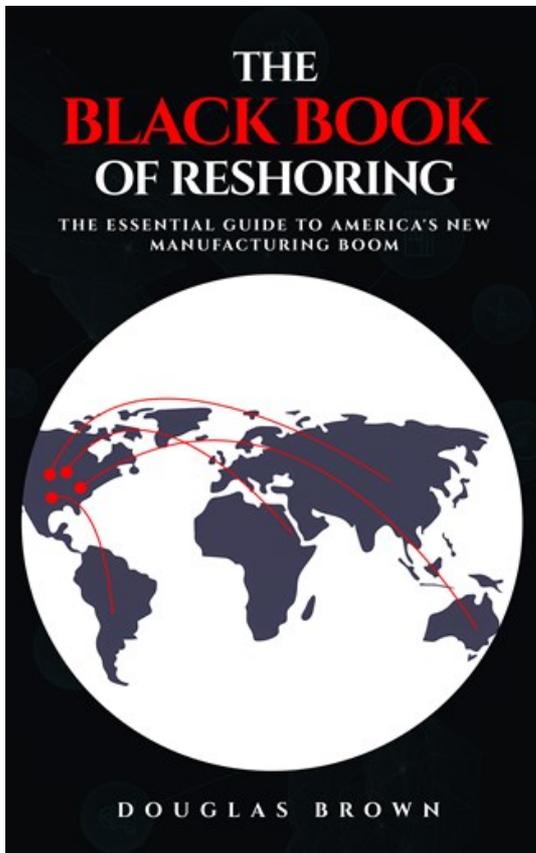
About the Author

Tom Maas is the founder and creator of RumChata, one of the most successful cream liqueur launches in modern spirits history. Over his four-decade career in the liquor industry, including senior executive roles at Jim Beam (VP of Global Bourbon Marketing), Brown-Forman (Jack Daniel's brand management), and Hiram Walker (Canadian Club), Maas built expertise across every aspect of the spirits business before launching his own venture. After leaving Jim Beam in 2005, he created RumChata in his kitchen using a homemade horchata recipe, bootstrapping the company with credit cards and family investment. The brand grew from zero to over \$100 million in annual sales, becoming a top five liqueur in the United States and generating over

The Black Book of Reshoring

The Essential Guide to America's New Manufacturing Boom

Douglas Brown



[View on Edelweiss](#)

How to conduct business profitably in the new era of reshoring and economic nationalism

First published in 2005, *The Black Book of Outsourcing* quickly became a definitive guide for businesses navigating the complexities of offshore outsourcing, offering strategies and insights that shaped corporate decision-making during the height of globalization. Now, 20 years later, the world has changed dramatically. *The Black Book of Reshoring: The Essential Guide to America's New Manufacturing Boom* delivers key insights into how the global economic landscape has shifted, showing how the once-unquestioned dominance of offshore outsourcing has given way to a new era of reshoring and economic nationalism. This book includes information on tariffs, supply chain vulnerabilities, and the COVID-19 pandemic, which have exposed the flaws in globalization's model, leading to a reversal in course as businesses and governments prioritize domestic production, resilience, and sovereignty.

This book offers:

- Practical frameworks and strategies for businesses considering reshoring, including insights on technology, workforce development, and supply chain resilience
- Case studies from leading companies like Tesla, GE, and Pfizer, illustrating the challenges and opportunities of reshoring in industries such as semiconductors, EVs, pharmaceuticals, and consumer goods
- A forward-looking perspective on the future of trade, globalization, and economic sovereignty

The Black Book of Reshoring is an essential read for all business professionals seeking up-to-date information on trends, strategies, economic impacts, and best practices in reshoring and homeshoring.

Wiley

BISAC: Business & Economics

9781394393732

Hardcover

March 31, 2026

£33.00 | 39,00 € | \$45.00

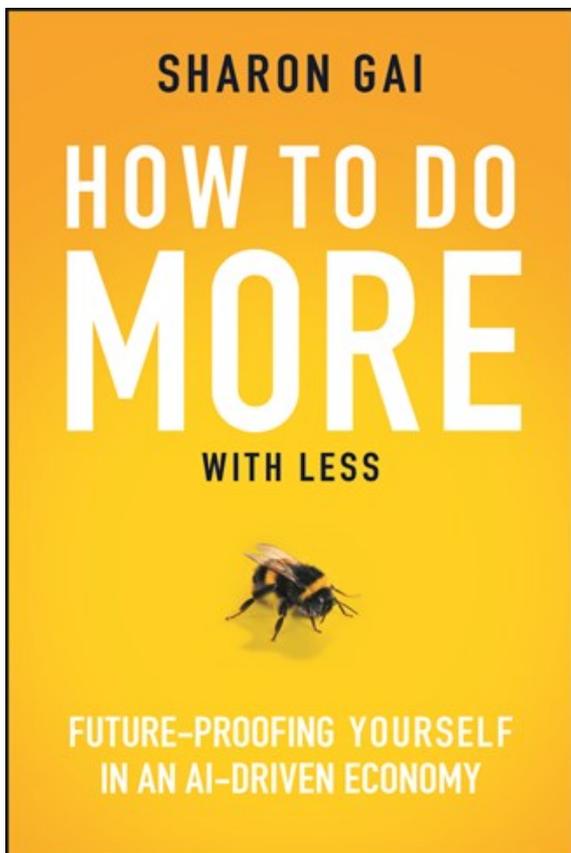
About the Author

Doug Brown (Tampa, FL; Meet the Black Book Leaders in Technology and Services Marketing), founder of Black Book Research, LLC, is a globally respected thought leader in healthcare and outsourcing technology marketing. With extensive experience spanning hospital administration, health plan and managed care leadership, and executive roles in Fortune 100 companies, Doug has cultivated unparalleled expertise in business development, market growth, customer satisfaction, and qualitative research. Under his leadership, Black Book Research has become one of the most trusted brands in market intelligence, providing unbiased insights that

How to Do More with Less

Future-Proofing Yourself in an AI-driven Economy

Sharon Gai



A practical strategy guide to marketing in a marketplace transformed by AI

In *How to Do More with Less: Future-Proofing Yourself in an AI-driven Economy*, AI and e-commerce expert Sharon Gai delivers a tell-all guide for marketers doing their best to navigate a marketplace that's been transformed by artificial intelligence and new ways of doing business. Gai explains her Culture Fluid mindset, a resilience-based way of understanding user, customer, and sales growth, and shows you how to incorporate AI into your company.

The book walks you through how artificial intelligence is used in marketing and the major technological changes that have paved the way for new applications and new capabilities: natural language processing (NLP), machine learning (ML), computer vision, and generative AI. It also offers deep dives into:

- How AI influences audience acquisition and the marketing equation that explains how to measure the efficacy of your strategies
- Specific tactics for using AI to maximize your average order value and increase conversion rates
- Comprehensive frameworks – supported by real-world case studies – to transform your marketing techniques by incorporating new AI-powered tools into your processes

Perfect for marketing, sales, and growth professionals in companies of any size and in a wide variety of industries, *How to Do More with Less* offers an up-to-date and essential resource on AI-enabled marketing that blends theory and proven, real-world implementation strategies.

[View on Edelweiss](#)

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BISAC: Business & Economics

9781394352364

Hardcover

March 24, 2026

£22.00 | 27,00 € | \$28.00

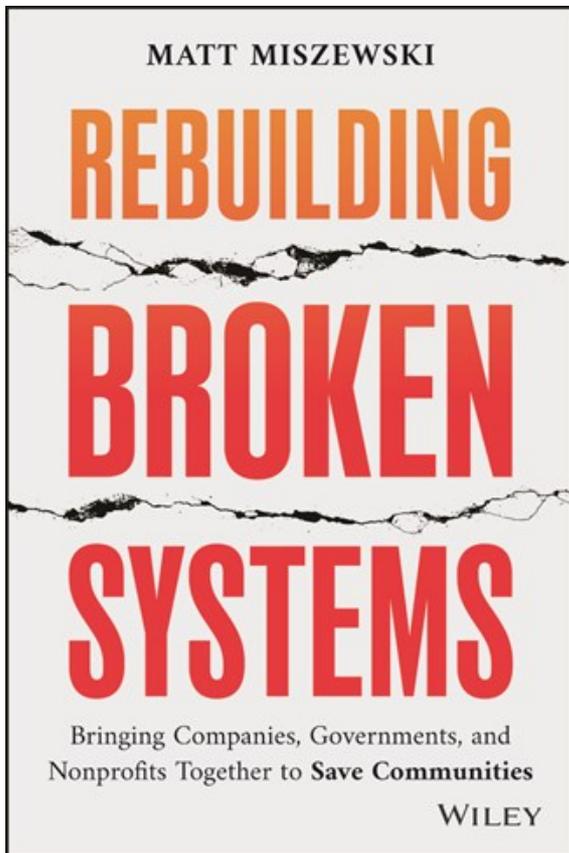
About the Author

Sharon Gai (New York, New York; Speaker | Sharon Gai) is an expert in AI and ecommerce. She helps organizations become agile disruptors in their industries so they can compete with the big guys. In her tenure at Alibaba, she advised brands and heads of state in crafting their digital strategy with programmatic marketing and AI. She has worked with TEDx, Singularity University, UBS, Deloitte, Walmart, LVMH, Nestle, Tetra Pak, Twilio and many others. She is in the AAE list of Top Keynote Speakers in 2023. She is a RETHINK Retail's Top Retail Expert and a LinkedIn Community Top Voice in 2024. She has appeared on *Bloomberg*, *Reuters*, *ABC*, *CBC*, *CCTV*, *TechCrunch*, *Retail Asia*, *Wired*, and *The Next Web*. She is the author of

Rebuilding Broken Systems

Bringing Companies, Governments, and Nonprofits Together to Save Communities

Matt Miszewski



Insights and practical strategies for businesses, foundations and nonprofits to help create a better world for all

In *Rebuilding Broken Systems. Bringing Companies, Governments, and Nonprofits Together to Save Communities*, author Matt Miszewski walks readers through a new approach that holds the promise of building new institutions moored to a unique pairing of American justice and hope. Inspired by his time in the world's largest companies, some of its most impressive builders, and various international nonprofits, this book reveals a model to answer one of the biggest problems in the nonprofit world today: finding and inspiring people who want to be the boots on the ground to help change the world.

With inspiring stories interwoven throughout, this book delves into topics including:

- The seamless integration of the mission commitment of government workers, the passion and skillsets of volunteers, and the intellect of corporate wizards
- Effective strategies to build socially conscious for-profit companies at a time when commitment to institutions has all but been abandoned
- The interplay between community activism, corporate philanthropy, and the desires and behaviors of stakeholders

Practical, comprehensive, and thought-provoking, *Rebuilding Broken Systems. Bringing Companies, Governments, and Nonprofits Together to Save Communities* serves as a timely, essential roadmap for all business leaders, social activists, and nonprofit professionals looking to make real, noticeable change in the world.

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BISAC: *Business & Economics*

9781394313150

Hardcover

March 31, 2026

£22.00 | 26,00 € | \$28.00

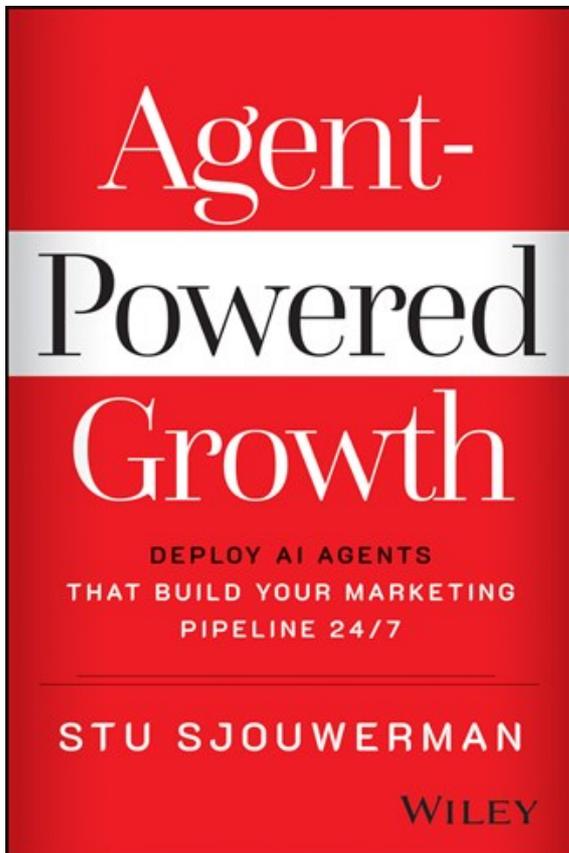
About the Author

Matt Miszewski (Geneva, IL) is a social impact advocate, activist, and the CEO of Catchafire, the leading online volunteer platform dedicated to driving both philanthropic impact AND value for nonprofits and funders. Matt brings in years of expertise building revolutionary, disruptive technological sales programs and global GTM strategies that transformed the status quo and has built incredible teams and leaders who have achieved unbelievable goals together. Matt's previous experience includes building out and leading the Public Sector businesses for both Microsoft and

Agent-Powered Growth

Deploy AI Agents That Build Your Marketing Pipeline 24/7

Stu Sjouwerman



[View on Edelweiss](#)

Master AI-powered marketing before autonomous agents replace your role entirely

In *Agent-Powered Growth*, Stu Sjouwerman, founder and executive chairman of KnowBe4 (the world's largest security awareness platform) addresses the existential threat facing hundreds of thousands of marketing professionals as autonomous AI agents reshape their industry. He is also the founder of ReadingMinds.ai, an AI-native research platform that conducts emotionally intelligent voice interviews at scale—turning hours of calls and weeks of waiting into overnight insights. That work reflects his broader thesis: when agents can sense context, reason with memory, and act across channels, marketers stop firefighting and start compounding.

Drawing from three decades of experience building billion-dollar technology companies and navigating industry disruptions, Sjouwerman transforms the anxiety of potential job displacement into a strategic competitive advantage by showing marketers how to evolve from replaceable tacticians into indispensable orchestrators of AI-powered marketing ecosystems. This comprehensive guide moves beyond superficial AI overviews to deliver practical, actionable strategies for deploying autonomous marketing agents across content creation, campaign optimization, lead nurturing, and market research. Using detailed case studies spanning B2B SaaS, retail, and healthcare industries, you'll learn to leverage cutting-edge platforms like Salesforce Agentforce, AutoGPT, and CrewAI while implementing essential governance frameworks that ensure responsible AI deployment. You'll also discover:

- Platform mastery strategies for implementing enterprise-grade AI agent platforms including step-by-step deployment guides for Salesforce Agentforce and emerging autonomous marketing tools
- Industry-specific case studies demonstrating real-world applications of marketing agents across B2B SaaS, retail,

About the Author

[Stu Sjouwerman, SACP](#) (Tampa Bay, FL, [Message from KnowBe4](#)) is the founder and executive chairman of [KnowBe4, Inc.](#), the world's largest security awareness training and simulated phishing platform valued at over \$8 billion. A serial entrepreneur and cybersecurity expert with more than 30 years in the IT industry, Sjouwerman has built his reputation on identifying emerging threats and transforming how organizations approach human risk management. Under his leadership, KnowBe4 serves over 70,000 organizations globally across highly-regulated industries including healthcare, finance, energy, government, and insurance. Previously, he co-founded Inc. 500 company Sunbelt Software, a multiple award-winning anti-

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BISAC: Business & Economics

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Hardcover

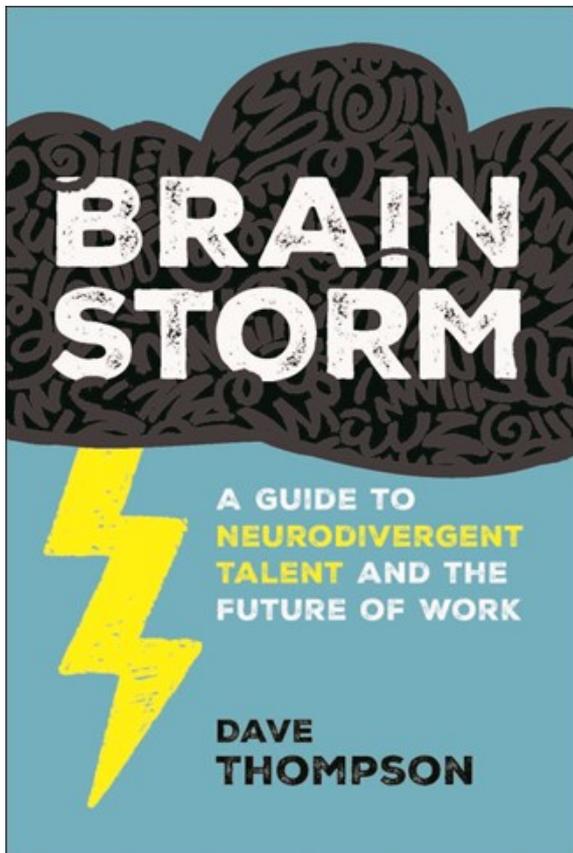
January 9, 2026

£22.00 | 26,00 € | \$30.00

Brainstorm

A Guide to Neurodivergent Talent and the Future of Work

Dave Thompson



[View on Edelweiss](#)

Redesign the Future of Work with Neurodiversity in Mind

Brainstorm: Neurodivergent Talent and the Future of Work is a bold, practical guide to rebuilding work from the ground up. It shows that inclusion is more than the right thing to do, it is essential to business success. With raw honesty, sharp storytelling, and real-world tools, Brainstorm challenges tired corporate narratives and equips leaders, managers, and teams to unlock overlooked talent. Drawing on the voices of people across industries and ways of thinking, including trailblazers, business leaders, and academics, it highlights how work must be built for every kind of mind.

Written by Dave Thompson, a pioneering self-advocate, educator, and innovator in the field of neurodiversity employment for over a decade, this book shows readers how to:

- Build environments that empower people across every cognitive profile
- Rethink “accommodations” as Success Enablers that fuel performance and growth
- Foster psychological safety, allyship, and trust in teams of every size
- Rethink hiring, management, and retention practices to expand your talent pipeline
- Tackle real workplace obstacles like communication breakdowns, burnout, and bias

For employers of all sizes and industries, Brainstorm delivers an urgent call to action: stop forcing people to fit a system that was not designed for them. Instead, rewire the system itself and watch innovation, productivity, and engagement surge, and see everyone win.

Wiley

BISAC: Business & Economics

9781394388776

Hardcover

March 3, 2026

£21.00 | 25,00 € | \$28.00

About the Author

Dave Thompson (Nashville, TN) has been a pioneering self-advocate, educator and innovator in the field of neurodiversity employment for over a decade. Dave has dedicated his career to empowering individuals who think differently by changing the systems that were not designed with all of us in mind. He has recruited, coached, and managed neuroinclusive teams, and played a pivotal role in designing and leading mission-driven organizations including Spectrum Designs Foundation, a New York-based nonprofit apparel decoration company with a majority Autistic workforce. Dave's expertise has since expanded to the corporate world, where he collaborates with major companies committed to creating more

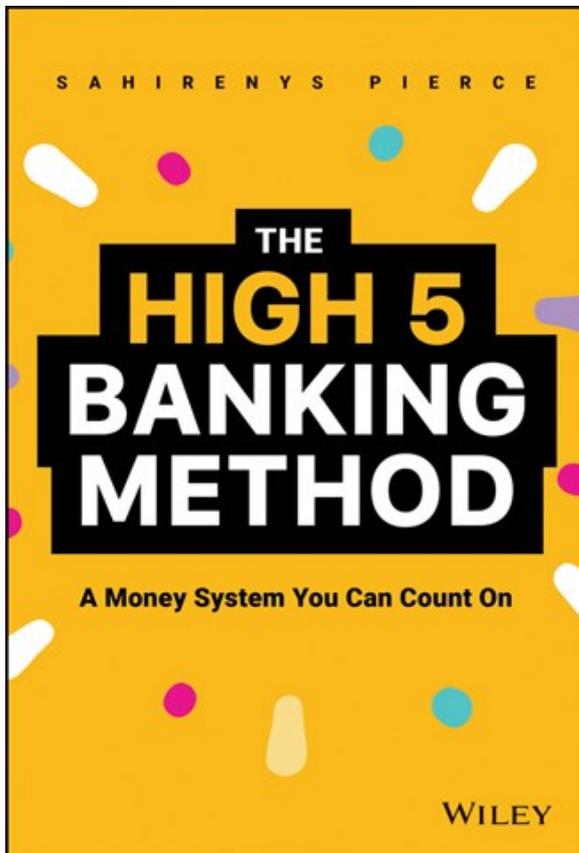
Finance & Accounting



The High-5 Banking Method

A Money System You Can Count On

Sahireny's Pierce



Clear, actionable advice to manage your money and achieve financial stability, regardless of income

The High-5 Banking Method introduces a simple yet effective approach to help you take control of your personal finances and finally achieve financial stability. This book is inspired by financial educator and influencer Sahireny's Ortega Pierce's experience finding out that her son had a heart defect and would need open heart surgery at six months of life, then needing to purposefully save for surgery and organize her finances so she could focus on what mattered most.

Filled with reliable and accessible strategies to manage your money regardless of your income level, this book contains:

- Heart-felt, motivational lessons and anecdotes from Pierce's journey that will spark a new level of creativity into your thinking
- Easy-to-follow steps to improve your financial wellbeing, such as through the High Five Banking Method's "2 Checking and 3 Savings" account system
- Tips on financial wellness, budgeting, lifestyle creep, banking, debt management, emergency fund creation, goal setting, and many other topics

By providing clear, actionable advice in an engaging and accessible way, *The High-5 Banking Method* empowers all individuals, especially first-generation Americans, minorities, and young adults, to manage their finances with purpose and find balance in their lifestyles.

[View on Edelweiss](#)

Wiley

BISAC: Business & Economics

9781394316748

Hardcover

March 3, 2026

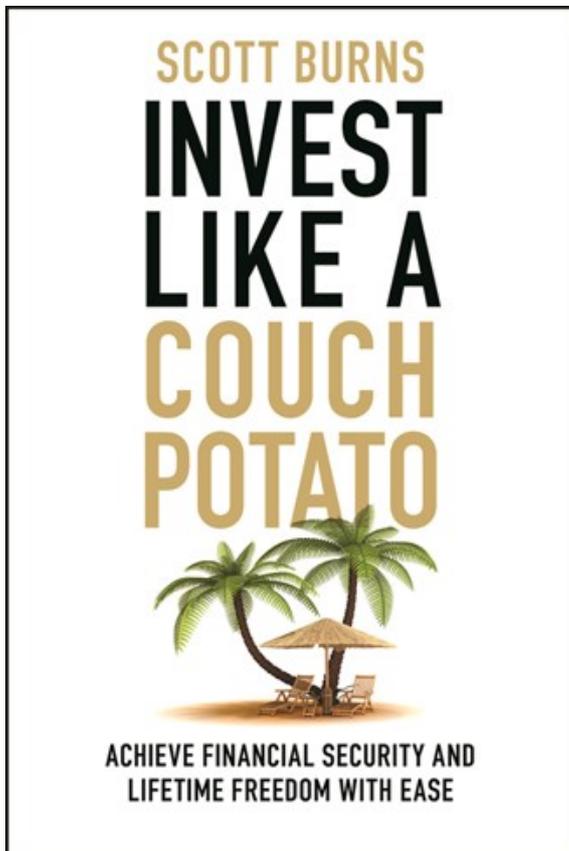
£22.00 | 26,00 € | \$30.00

About the Author

Sahireny's Ortega Pierce (San Diego, California) is a first-generation Dominican American financial educator and influencer. She is also the founder of Poised Finance and Lifestyle, where she teaches people how to manage their finances and lifestyle with poise. This drive and passion was influenced by her parents, who immigrated to America and achieved their version of the American Dream. Yet during the 2008 recession, Pierce's family lost everything. Pierce took her personal challenges and turned them into a mission to use her background in financial planning to educate others like her about financial literacy. Born and raised in San Diego, CA, Pierce is passionate about helping women, minorities, and young people

Invest Like a Couch Potato

Scott Burns



[View on Edelweiss](#)

Wiley

BISAC: *Business & Economics*

9781394366866

Hardcover

March 10, 2026

£20.00 | 23,00 € | \$27.00

Written with a light touch, *Invest Like A Couch Potato* will guide you to financial security and personal freedom.

It begins with a simple, proven investment strategy. It will liberate your time and free you from unnecessary worry. It will put you on the road to financial independence and keep you there. Unlike many financial books, this book is grounded in our shared human needs and wants. The book explains the basic tools for accumulating wealth. It will help free your mind from the pervasive influence of misleading media. Not to mention the over-promising of financial salespeople.

Written by Scott Burns, one of the most prolific and insightful personal finance writers in the country, this book doesn't try to make you the richest person in the world. It enables you to recapture the ultimate currency – your time. It lights your path to the bliss of having “Enough.”

Supported by hard data, additional resources through Scott's website, and tools like the Couch Potato portfolio cookbook, the book explores:

- **A Winning, but Simple, Investment Strategy.** Nearly free ETFs provide low-cost compound growth and long-term returns superior to 80 to 90 percent, or more, of managed alternatives over long time periods. If you can fog a mirror and divide by the number “2” or make a margarita, he'll show you how to get better investment results – and a better retirement -- with little or no effort.
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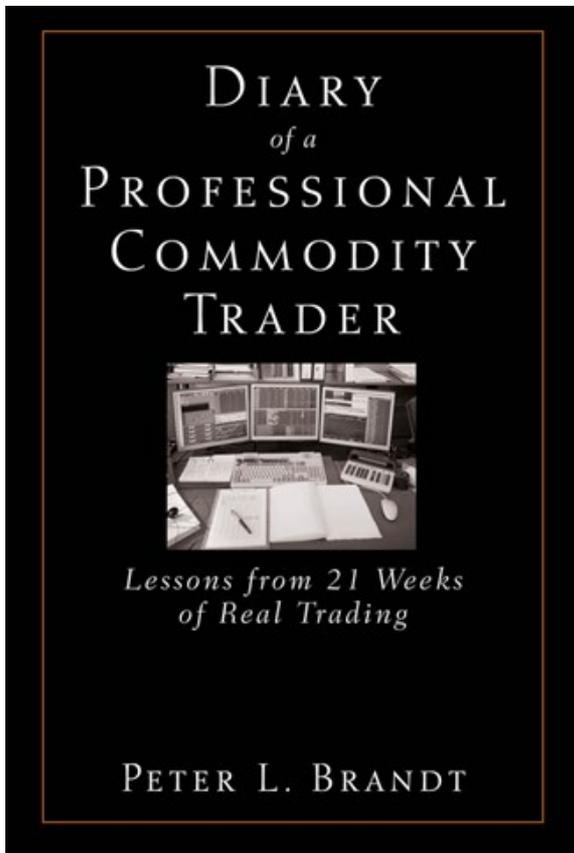
About the Author

Scott Burns (Johnson City, TX) is the creator of Couch Potato Investing, which advocates the use of index funds over managed funds or stock picking. As a syndicated newspaper columnist and author, he has covered personal finance, investments, and economics for over 40 years. In 2006 he retired from Dallas Morning News to co-found the startup AssetBuilder, a registered investment advisor firm with over 1,200 clients in 43 states managing \$800 million in assets. He retired from the firm and syndication in early 2017. As he likes to say, if you can fog a mirror and divide by the number “2”, or make a margarita, he'll show you how to get better investment results -- and a better retirement -- with little to no effort.

Diary of a Professional Commodity Trader

Lessons from 21 Weeks of Real Trading

Peter L. Brandt



Diary of a Professional Commodity Trader: Lessons from 21 Weeks of Real Trading

Trading is generally far more difficult in practice than in theory. The reality is that no trade set up or individual trader or system can identify profitable trades in advance with complete certainty. In *A Year of Trading*, long-time trader Peter Brandt reveals the anxieties and uncertainties of trading in a diary of his 2009 trades. He explains his thought process as he searches for trading opportunities and executes them. Each trade includes charts, an analysis of the trade, and a play-by-play account of how the trade unfolds.

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BISAC: *Business & Economics*

9781394377961

Paperback

March 31, 2026

£18.00 | 22,00 € | \$24.00

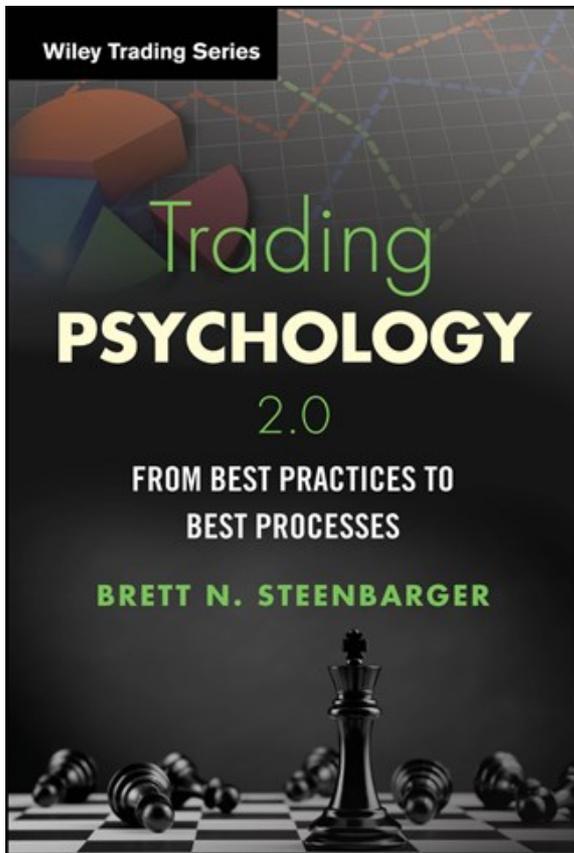
About the Author

PETER L. BRANDT has been a full time professional commodity and foreign exchange trader for over thirty years. He has worked as a broker to large industrial clients, traded for his own account, and was one of the early pioneers in the commodity hedge fund arena. Along the way, Brandt published a highly regarded newsletter called *The Factor*, and also collaborated with Bruce Babcock Jr. to publish the highly acclaimed book, *Trading Commodity Futures with Classical Chart Patterns*. Primarily devoted to trading proprietary capital in commodity and forex markets, Brandt has achieved a lofty average

Trading Psychology 2.0

From Best Practices to Best Processes

Brett N. Steenbarger



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Practical trading psychology insight that can be put to work today

Trading Psychology 2.0 is a comprehensive guide to applying the science of psychology to the art of trading. Veteran trading psychologist and bestselling author Brett Steenbarger offers critical advice and proven techniques to help interested traders better understand the markets, with practical takeaways that can be implemented immediately. Academic research is presented in an accessible, understandable, engaging way that makes it relevant for practical traders, and examples, illustrations, and case studies bring the ideas and techniques to life. Interactive features keep readers engaged and involved, including a blog offering ever-expanding content, and a Twitter feed for quick tips. Contributions from market bloggers, authors, and experts bring fresh perspectives to the topic, and Steenbarger draws upon his own experience in psychology and statistical modeling as an active trader to offer insight into the practical aspect of trading psychology.

Trading psychology is one of the few topics that are equally relevant to day traders and active investors, market makers and portfolio managers, and traders in different markets around the globe. Many firms hire trading coaches, but this book provides a coach in print, accessible 24/7 no matter what the market is doing.

- Understand the research at the core of trading psychology
- Examine the ways in which psychology is applied in real-world trading
- Implement practical tips immediately to see first-hand results
- Gain the perspective and insight of veteran traders who apply these techniques daily

While markets may differ in scale, scope, and activity, humans remain human, with all the inherent behavioral tendencies. Studying the market from the human perspective gives traders insight into

About the Author

BRETT N. STEENBARGER, PhD, is Clinical Associate Professor of Psychiatry and Behavioral Sciences at SUNY Upstate Medical University in Syracuse, New York. He is the author of *The Daily Trading Coach*, *The Psychology of Trading*, and *Enhancing Trader Performance*, all from Wiley. He is the author of the popular TraderFeed blog and currently writes a peak performance blog for Forbes. Dr. Steenbarger currently consults with a number of hedge funds, where he helps traders and portfolio managers maximize their performance.

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Series: Wiley Trading

BISAC: *Business & Economics*

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Paperback

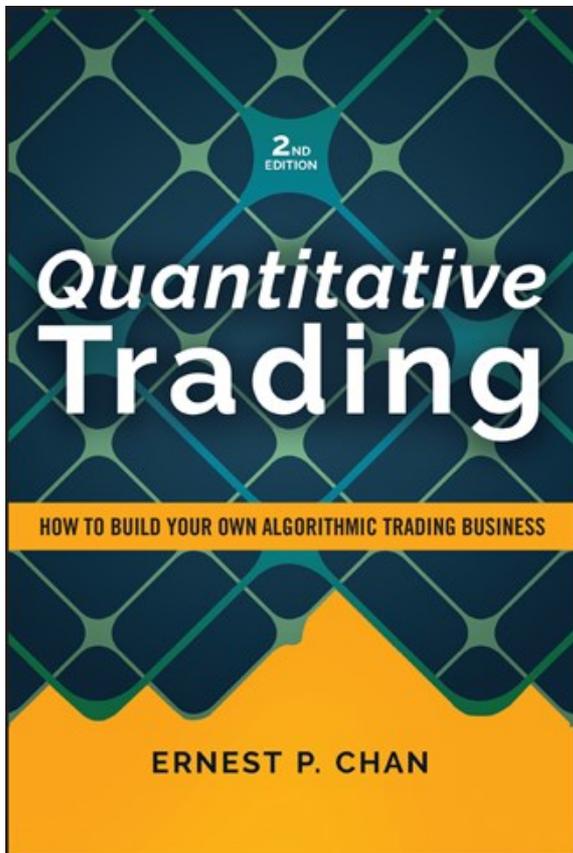
March 10, 2026

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Quantitative Trading, 2nd Edition

How to Build Your Own Algorithmic Trading Business

Ernest P. Chan



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BISAC: *Business & Economics*

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Paperback

March 3, 2026

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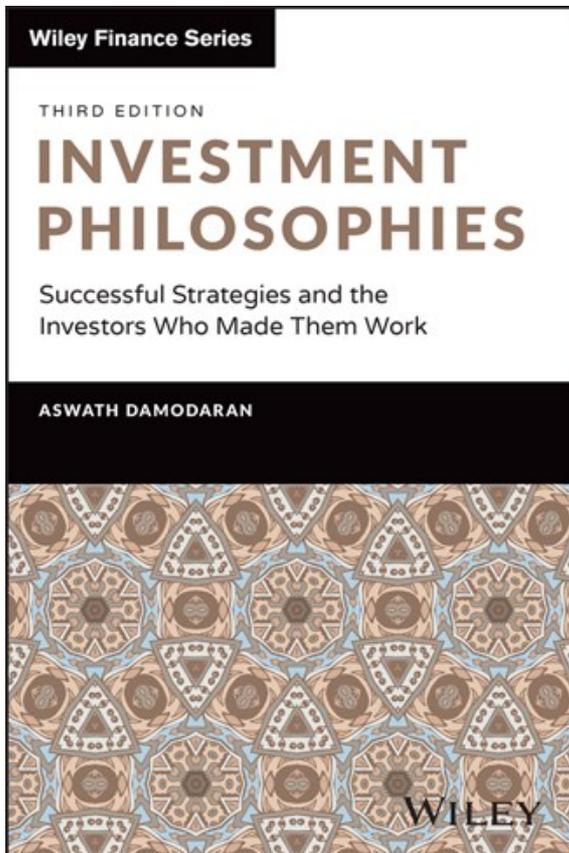
About the Author

ERNEST P. CHAN, PhD, is an expert in the application of statistical models and software for trading currencies, futures, and stocks. He holds a doctorate in theoretical physics from Cornell University and is Managing Member of investment management firm QTS Capital Management and founder of financial machine learning firm Predictnow.ai.

Investment Philosophies, 3rd Edition

Successful Strategies and the Investors Who Made Them Work

Aswath Damodaran



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A comprehensive walkthrough of proven, practical approaches to investing and expert guidance on choosing the one that works in your situation

In the revised third edition of *Investment Philosophies*, Aswath Damodaran delivers a deep dive into a variety of investment philosophies, exploring the assumptions and beliefs that underlie each of them. You'll explore the investment strategies that arise from each philosophy, as well as what you – as an investor – need to bring to the table to make the philosophy work in the real world. Rather than present one philosophy as the “one best” philosophy for all investors, the book presents a variety of choices, letting investors pick the one that best fits their personal beliefs about markets and personalities.

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BISAC: *Business & Economics*

9781394273218

Hardcover

March 31, 2026

£63.00 | 73,00 € | \$85.00

Previous Edition: 9781118011515

About the Author

ASWATH DAMODARAN (New York, NY) is Professor of Finance at New York University's Leonard N. Stern School of Business. He has been the recipient of numerous awards for outstanding teaching, including the NYU university-wide Distinguished Teaching Award, and was named one of the nation's top business teachers by BusinessWeek in 1994. In addition, Damodaran teaches training courses in corporate finance and valuation at many leading investment banks. He is the author of *Investment Valuation*, *Corporate Finance*, *Investment Management*, and *Applied Corporate Finance*, all published by Wiley, as well as *The Dark Side of Valuation*.

Trailblazers, Heroes, & Crooks

Stories to Make You a Smarter Investor

Stephen R. Foerster



Develop a sound investment philosophy based on lessons from history

Trailblazers, Heroes, and Crooks: Stories to Make You a Smarter Investor is a highly entertaining and insightful look into key stories from history, teaching lessons about sound principles of investing, and controlling emotions and bias when managing your investment portfolio to help you become a stronger, more intelligent investor. Written by author and finance professor Stephen R. Foerster, this book spans from before the Middle Ages to the 2020s.

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- Cristiano Ronaldo taking two bottles of Coke off a table at a press conference, and ostensibly causing Coca-Cola's stock value to plunge \$4 billion
- Harry Markopolos trying to develop a strategy similar to Bernie Madoff's, realizing his strategy was bogus, and spending a decade proving his case
- A hostage crisis in twelfth century Venice involving trumped-up charges, conflict, deceit, a plague, and an angry mob, leading to the birth of government bonds
- A salad oil swindle almost destroying American Express, prompting Warren Buffett to make one of the best stock investments ever

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BISAC: *Business & Economics*

9781394378036

Paperback

March 31, 2026

£16.00 | 19,00 € | \$22.00

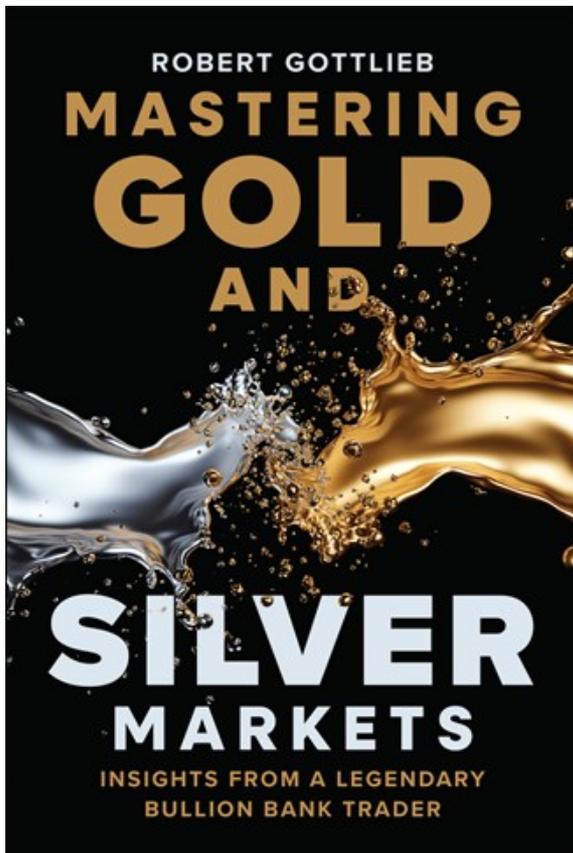
About the Author

STEPHEN R. FOERSTER is an author and finance professor at the Ivey Business School at Western University in London, Ontario, Canada. He has a PhD from the Wharton School, University of Pennsylvania and a Chartered Financial Analyst designation. His previous books include *Financial Management: A Primer*; *Financial Management: Concepts and Applications*; and *In Pursuit of the Perfect Portfolio: The Stories, Voices, and Key Insights of the Pioneers who Shaped the Way We Invest* (with Andrew W. Lo), which won the Axiom Personal Finance category silver medal. His next project: writing the authorized

Mastering Gold and Silver Markets

Insights from a Legendary Bullion Bank Trader

Robert Gottlieb



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BISAC: *Business & Economics*

9781394380022

Hardcover

February 18, 2026

£23.00 | 27,00 € | \$30.00

About the Author

Robert Gottlieb (Great Neck, NY) is a legendary precious metals trader with over four decades of experience at major financial institutions, including leadership roles at Citibank, HSBC, Bear Stearns, JP Morgan and Koch, Supply & Trading. His career spans pivotal contributions to central bank transactions, managing one of the world's largest CME/London arbitrage books, addressing price disparities between COMEX and London markets, navigated market volatility, proprietary trading strategies, advised the World Gold Council on technical gold aspects during the launch of the SPDR Gold Shares (GLD) ETF. Bob has been quoted by Bloomberg, Reuters, and WSJ for insights on monetary metals, leasing rate dynamics, tariff

The Future of Wealth

The Next 50 Years of Money, Power, and the American Dream

Armando Pantoja

The Future of American Wealth explores how emerging technologies like cryptocurrency, humanoid robotics, quantum computing, and artificial intelligence will revolutionize industries, create new wealth, and transform human civilization. It argues that the upcoming decades will bring more change than all of human history combined, offering unprecedented opportunities for wealth creation and societal shifts. Using historical insights, technology predictions, and personal stories, the book charts a roadmap through this era of profound change, appealing to publishers interested in current trends in futurism and technology.

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BISAC: *Business & Economics*

9781394363186

Hardcover

May 5, 2026

£23.95 | 28,95 € | \$29.95

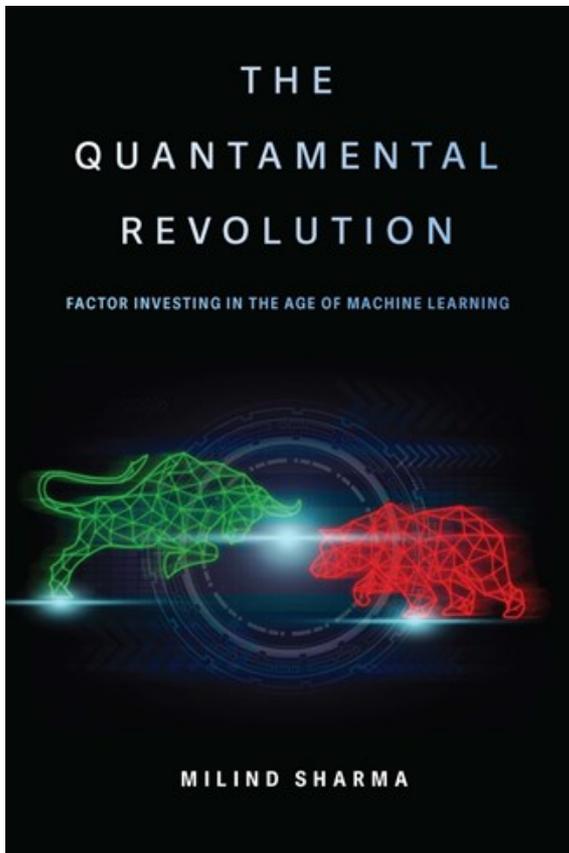
About the Author

Armando Pantoja (Odessa, Florida) is a Financial Technology Expert, Financial Futurist and a FinTech Entrepreneur with a software engineering background. A TEDx speaker and a 15-year veteran in the financial technology industry, Armando has successfully led technology growth and innovation at some of the world's largest companies including Home Depot & AAA. After a multimillion-dollar buyout by a publicly traded company, Pantoja became a respected thought leader in the cryptocurrency space. In 2020, he was awarded the IBM Blockchain Contest to Crowdsource COVID-19 Solutions. For the past six years, Pantoja has spoken at several major technology

The Quantamental Revolution

Factor Investing in the Age of Machine Learning

Milind Sharma



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BISAC: Business & Economics

9781394354849

Hardcover

March 17, 2026

£41.00 | 47,00 € | \$55.00

A big picture analysis of quantitative factor investing combined with practical tools and strategies, including the latest machine learning techniques

In *The Quantamental Revolution: Factor Investing in the Age of Machine Learning*, veteran quantitative investor and strategist, Milind Sharma, delivers a comprehensive discussion of factor investing, risk premia, smart betas, multi-factor models and the deployment of ML ensembles towards monetizing alpha in the hedge fund world. Sharma draws on 30 years of industry and academic experience to bring us up to date on the cutting edge of quantitative factor investing.

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The Quantamental Revolution also includes:

- A mature and sweeping perspective, simultaneously incorporating industry (insider) insights and academic rigor, not provided by any other reference
- Novel research backed by live performance leveraging a huge factor library
- A practical reinvention of buy-side equities using a spanning set of factors and ML enhanced smart betas

Perfect for early-career quantitative investors and analysts, traders, and market data professionals, *The Quantamental Revolution* is also an essential read for portfolio managers interested in improving their investment processes. The engaging anecdotal vignettes coupled with academic rigor provide the reader with an authentic

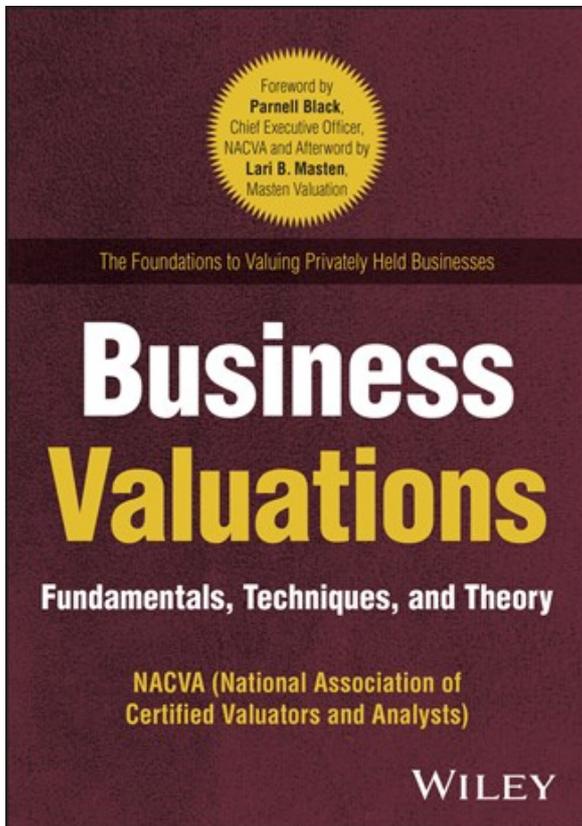
About the Author

Milind Sharma (New York, NY, QuantZ Capital Management) has 22 years of market experience. For 3 years prior to launching QuantZ, he managed a Prop Trading desk at RBC (now Taurisa spin out) where he served as Portfolio Manager for Quant EMN, Short Term & Event Driven portfolios (up to \$700mm gross). For the 2 years prior to that, he served as Director and Senior Proprietary Trader at Deutsche Bank (now SABA hf) where he managed Quant EMN portfolios of significant size with input in Event Driven and larger Capital Structure Arbitrage desk mandates (under Boaz Weinstein). Prior to that he was co-founder of Quant Strategies at MLIM (now BlackRock), where his investment role spanned a dozen quantitatively managed funds &

Business Valuations

Fundamentals, Techniques, and Theory

NACVA



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BISAC: *Business & Economics*

9781394204731

Hardcover

March 10, 2026

£141.00 | 163,00 € | \$190.00

DE EUR: 172€

About the Author

NACVA (Salt Lake City, Utah) is a 7,000-member organization of professionals that provide valuation and litigation services for various types of business transactions. National Association of Certified Valuators and Analysts members receive training, education, and certification in asset valuation disciplines that they put to use in their respective professions. The organization also enforces standards of ethical conduct among its members. NACVA offers two certifications: Certified Valuation Analyst (CVA)--CVAs focus on providing business valuations to consulting companies and their clients and Master Analyst in Financial Forensics (MAFF)--MAFFs

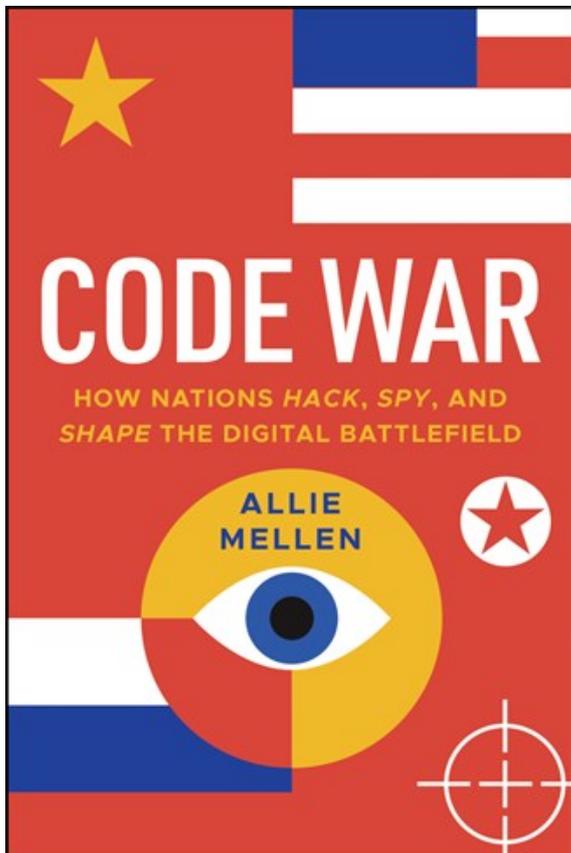
Computing & Technology



Code War

How Nations Hack, Spy, and Shape the Digital Battlefield

Allie Mellen



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An incisive exploration of how cyberattacks are transforming geopolitics

Cyberattacks are the ultimate geopolitical weapon of the 21st century. They are used to damage presidential campaigns, shut down electric grids, sway public sentiment, and cost businesses and governments alike billions of dollars.

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Code War: How Nations Hack, Spy, and Shape the Digital Battlefield shatters this depiction, revealing nation-state cyberattacks for what they are: calculated, measured actions to achieve state objectives.

World-renowned cybersecurity expert Allie Mellen draws on her extensive experience with nation-state cyberattacks and AI threats to break down how and why nations deploy cyberattacks in their own unique ways, driven by their military doctrine, national history, and, most importantly, geopolitical strategy.

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Code War also demonstrates how individuals, business professionals, and government officials can use this knowledge to understand and respond to the practical realities of nation-state cyberattacks.

Readers will also find:

- An overview of how cyberattacks operate, where governments most frequently use them, their limitations, and where they provide the most value.

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9781394285570

Hardcover

February 10, 2026

£26.00 | 30,00 € | \$35.00

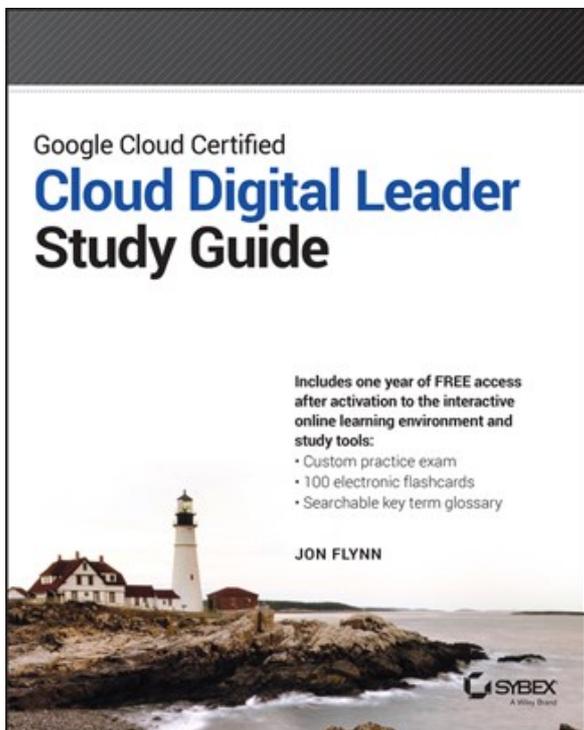
DE EUR: 30.9€

About the Author

Allie Mellen (New York, NY) is a principal analyst on the security and risk team at Forrester covering security operations, nation state threats, and the use of AI in security. She has worked with the FBI, DHS, and other US government organizations on election security efforts in roles prior to Forrester. She also focuses much of her research and advisory services of the past three years on helping Fortune 500 enterprises and major government organizations in understanding, attributing, and stopping nation state threats. She is a computer engineer by training who has spent the past decade in engineering, research, and technical consulting roles at multiple venture-backed startups, as well as research roles at MIT and BU.

Google Cloud Certified Cloud Digital Leader Study Guide

Jon Flynn



A foundational introduction to Google Cloud core technologies to help you ace the exam and prepare for a brand-new career

In *Google Cloud Certified Cloud Digital Leader Study Guide*, Google AI Leader, Jon Flynn, delivers an easy-to-follow and authoritative guide to succeeding on the Cloud Digital Leader Exam and on your first day as a Google Cloud professional. In the book, you'll find all the material you need to prepare for this valuable exam, as well as the info that you'll require to collaborate with Google Cloud professionals at your job, whether you're in a business, finance, sales, or marketing role.

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Sybex

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BISAC: *Computers*

9781394219803

Paperback

March 10, 2026

£42.50 | 47,10 € | \$55.00

About the Author

Dan Sullivan (Portland, OR) is a Lead Solutions Architect with Hydrolix Inc. He has extensive experience in data architecture, data science, machine learning, stream processing, and cloud architecture. Dan is the author of the official Google Cloud study guides for the Professional Architect, Professional Data Engineer, and Associate Cloud Engineer certification exams as well as the instructor of over a dozen courses on machine learning, data science, and cloud computing on LinkedIn Learning and Udemy. He holds a Ph.D. in genetics, bioinformatics, and computational biology with a focus on infectious disease genomics.

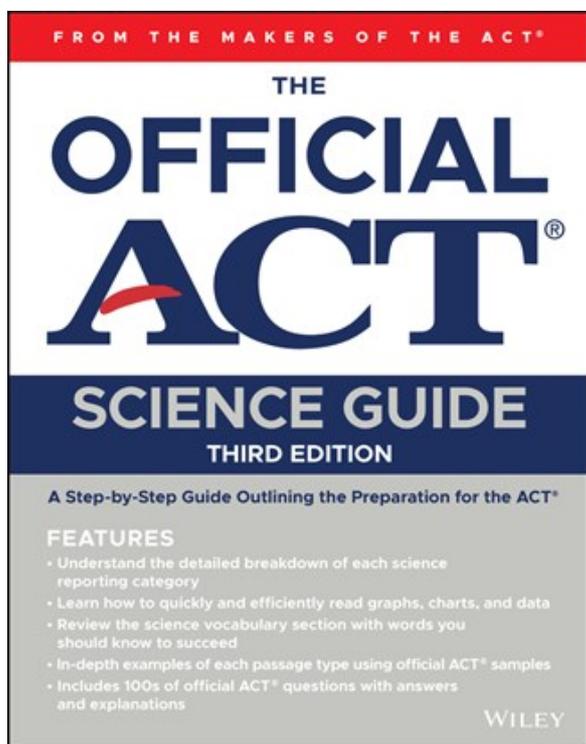


Test prep



The Official ACT Science Guide, 3rd Edition

ACT



The ACT official subject guides are a step-by-step guide for outlining the preparation for the ACT section tests. These prep guides provide students a concept-based outline for the subjects they plan to focus on. Each one of the official guides, is an efficient prep tool comprised of the most current and relevant test information packed into one guide. In addition to the book, the entire pool of questions are available online for a customizable learning experience. The ACT official subject guides are the best resource to get detailed input and practice to help you in preparation for the ACT. By using this guide, students can feel comfortable and confident that they are preparing to do their best!

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BISAC: *Study Aids*

9781394407323

Paperback

February 25, 2026

£18.99 | 20,60 € | \$24.00

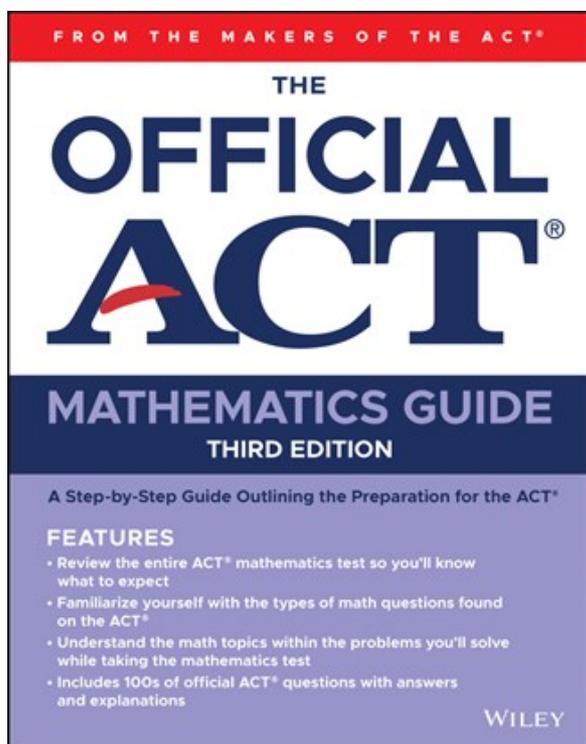
Previous Edition: 9781119787365

About the Author

ACT Education Corp. (Iowa City, IA) is a public benefit corporation providing assessment, research, information, and program management services to support education and workforce development. Known most widely as the makers of the ACT exam—the college readiness and placement assessment taken by some 1.8 million high school students each year—ACT produces a number of assessments and services reaching more than 10 million people along the kindergarten through career continuum. ACT's rigorous research informs policy decisions and helps develop programs that boost lifelong learning potential in schools and workplaces around the world. To learn more, visit www.act.org.

The Official ACT Mathematics Guide, 3rd Edition

ACT



The ACT official subject guides are a step-by-step guide for outlining the preparation for the ACT section tests. These prep guides provide students a concept-based outline for the subjects they plan to focus on. Each one of the official guides, is an efficient prep tool comprised of the most current and relevant test information packed into one guide. In addition to the book, the entire pool of questions are available online for a customizable learning experience. The ACT official subject guides are the best resource to get detailed input and practice to help you in preparation for the ACT. By using this guide, students can feel comfortable and confident that they are preparing to do their best!

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BISAC: *Study Aids*

9781394407347

Paperback

February 25, 2026

£18.99 | 20,60 € | \$24.00

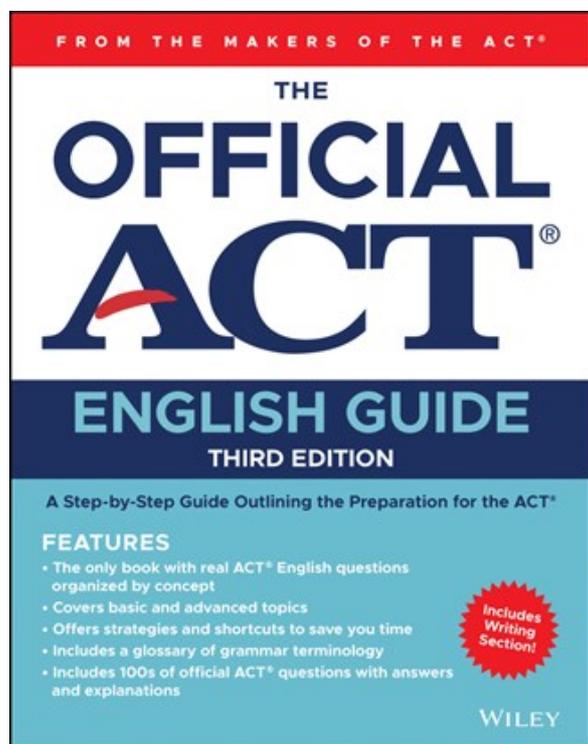
Previous Edition: 9781119787334

About the Author

ACT Education Corp. (Iowa City, IA) is a public benefit corporation providing assessment, research, information, and program management services to support education and workforce development. Known most widely as the makers of the ACT exam—the college readiness and placement assessment taken by some 1.8 million high school students each year—ACT produces a number of assessments and services reaching more than 10 million people along the kindergarten through career continuum. ACT's rigorous research informs policy decisions and helps develop programs that boost lifelong learning potential in schools and workplaces around the world. To learn more, visit www.act.org.

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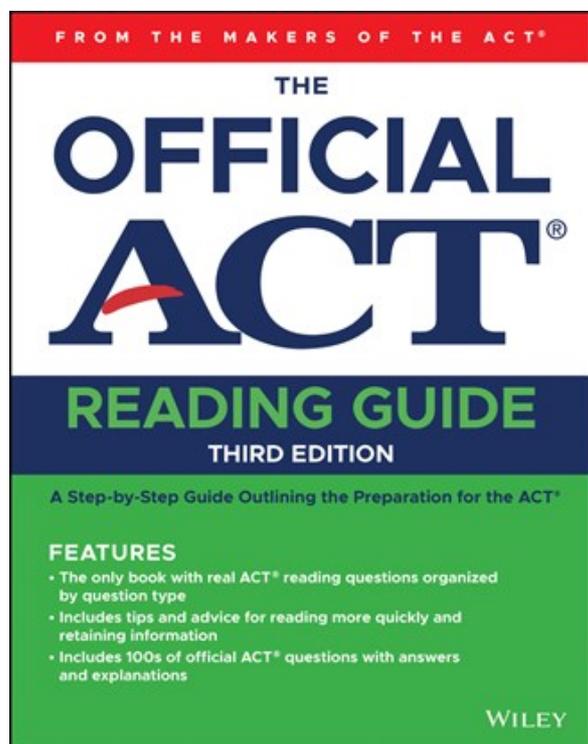
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